

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



JOY PATTERN DESCRIPTION

Joy is a loose-fitting, padded, straight-cut parka featuring yokes both on the front and back. There is a zippered welt chest pocket on the left front. At the hipline, there are shaped welt slash pockets on both front pieces. The casing sewn on along the waistline has a cord with stoppers threaded through it. The garment features an extended shoulder line and shirt sleeves with a relaxed fit. There is a patch pocket with a shaped flap on the right sleeve. The sleeves are finished with elasticated cuffs. A tall stand collar is completed with a detachable hood attached to the garment with a hidden zipper. The hood has a hook-and-loop (Velcro) fastener at the front. The parka closes with a zipper and snaps set on the inner side of the applied center front placket. Joy is fully lined and knee-length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	41.5–53.9	61.5–73.5	33.9–45.9	22–27.4
inches	16 3/8–21 1/4	24 1/4–28 7/8	13 3/8–18 1/8	8 5/8–10 3/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length including shoulder and cuff width, cm
1 (154–160)	94.6–96.1	80–81.2
2 (162–168)	98.6–101.7	82–83.2
3 (170–176)	102.6–105.7	84–85.2
4 (178–184)	106.6–109.7	86–87.2
Height, ft	Back length, in	Sleeve length including shoulder and cuff width, in
1 (5'1"–5'3")	37 1/4–37 7/8	31 1/2–32
2 (5'4"–5'6")	38 7/8–40	32 1/4–32 3/4
3 (5'7"–5'9")	40 3/8–41 5/8	33 1/8–33 1/2
4 (5'10"–6'1")	42–43 1/4	33 7/8–34 3/8

SUGGESTED FABRIC

To sew this parka, choose outerwear fabrics with the following properties:

- heavyweight, pliable, smooth, non-stretch or low-stretch
- the fiber content can include natural fibers (cotton), artificial fibers (viscose), blends (cotton + polyester, etc.), and synthetics (polyester, polyester + elastane)
- the following fabrics are recommended: outerwear fabrics, gabardine, denim, corduroy.

Attention! We do not recommend stretchy jersey fabrics, loop-textured fabrics, and thick, bulky fabrics (coating).

For the lining, choose lining fabrics made of artificial fibers (viscose), blends (viscose + elastane, viscose + polyester), or synthetics (polyester, polyester + elastane).

The parka in the photo is made of outerwear fabric. This fabric is heavyweight, structured, non-stretch. The fiber content is 100% polyester.

The lining's fiber content is a blend of viscose and polyester.

Alpolux 100 g/m² was used as the insulation material.

PATTERN PIECES LIST

1. From main fabric:

- right front — cut 1
- left front — cut 1
- right front yoke — cut 1
- left front yoke — cut 1
- chest pocket facing — cut 1
- chest pocket welt — cut 1
- outer placket — cut 1
- inner placket — cut 1
- top welt — cut 2
- bottom welt — cut 2
- pocket facing — cut 2
- back — cut 1 on fold
- back yoke — cut 1 on fold
- sleeve — cut 2
- patch pocket — cut 1
- patch pocket flap — cut 2
- cuff — cut 2
- right front casing — cut 1
- left front casing — cut 1
- back casing — cut 1 on fold
- right front facing — cut 1
- left front facing — cut 1
- back neck facing — cut 1 on fold
- back neck placket — cut 2
- collar stand — cut 2
- outer hood side panel — cut 2
- outer hood center panel — cut 1
- inner hood side panel — cut 2
- inner hood center panel — cut 1.

2. From insulation (Alpolux 100 g/m2)

- *right front + right front yoke — cut 1
 - *left front + left front yoke — cut 1
 - *back + back yoke — cut 1 on fold
 - sleeve — cut 2
 - collar stand — cut 1
 - outer hood side panel — cut 2
 - outer hood center panel — cut 1
 - outer placket — cut 1 (1/2 the width).
- * Cut these two pieces as a single piece, aligning them along the seamline. After stitching the insulation pieces to the assembled shell garment pieces, true the insulation pieces to the outer shell.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

3. From lining fabric:

- front lining — cut 2
- back lining — cut 2
- sleeve lining — cut 2
- chest pocket top lining — cut 1
- chest pocket bottom lining — cut 1
- pocket top lining — cut 2
- pocket bottom lining — cut 2.

4. From interfacing:

- collar stand — cut 1
- back neck facing — cut 1 on fold
- right front facing — cut 1
- left front facing — cut 1
- top welt — cut 2
- patch pocket flap — cut 1
- chest pocket welt — cut 1.

Additionally, cut the following pieces from interfacing:

- two 5 cm (2") wide strips to interface pocket opening areas on the right front and left front pieces
- one 4 cm (1 5/8") wide strip to interface the chest pocket opening area on the left front piece
- one 3 cm (1 1/8") wide strip to interface the patch pocket flap stitching and patch pocket top edge areas on the right sleeve piece
- one strip to interface the grown-on facing area on the patch pocket
- twelve 2×2 cm (3/4×3/4") square pieces to interface snap and grommet placement on the left front, left front yoke, outer placket, outer hood side panel, right front casing, and left front casing pieces.

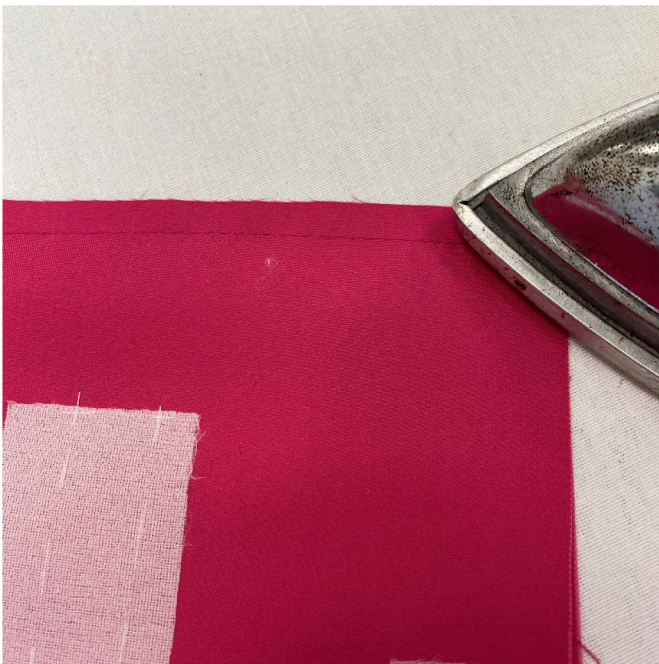
The interfacing strips should be cut on the straight grain (parallel to the selvedge).



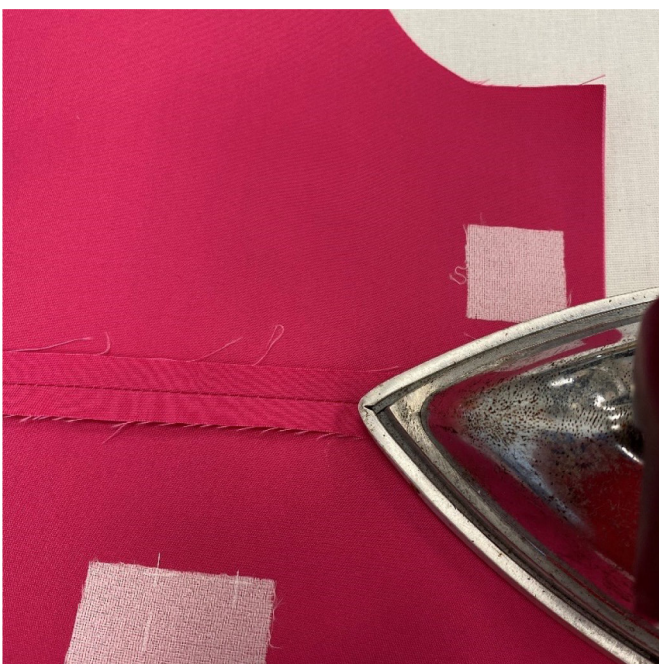
Place the back yoke and back pieces right sides together.

Place the front yoke and front pieces right sides together.

Align the edges, match the notches, pin, and machine-stitch, backstitching at the beginning and end.



Press the seams flat.



Press the seam allowances open.