

FROM THE FOUNDER OF THE #VIKISEWS BRAND

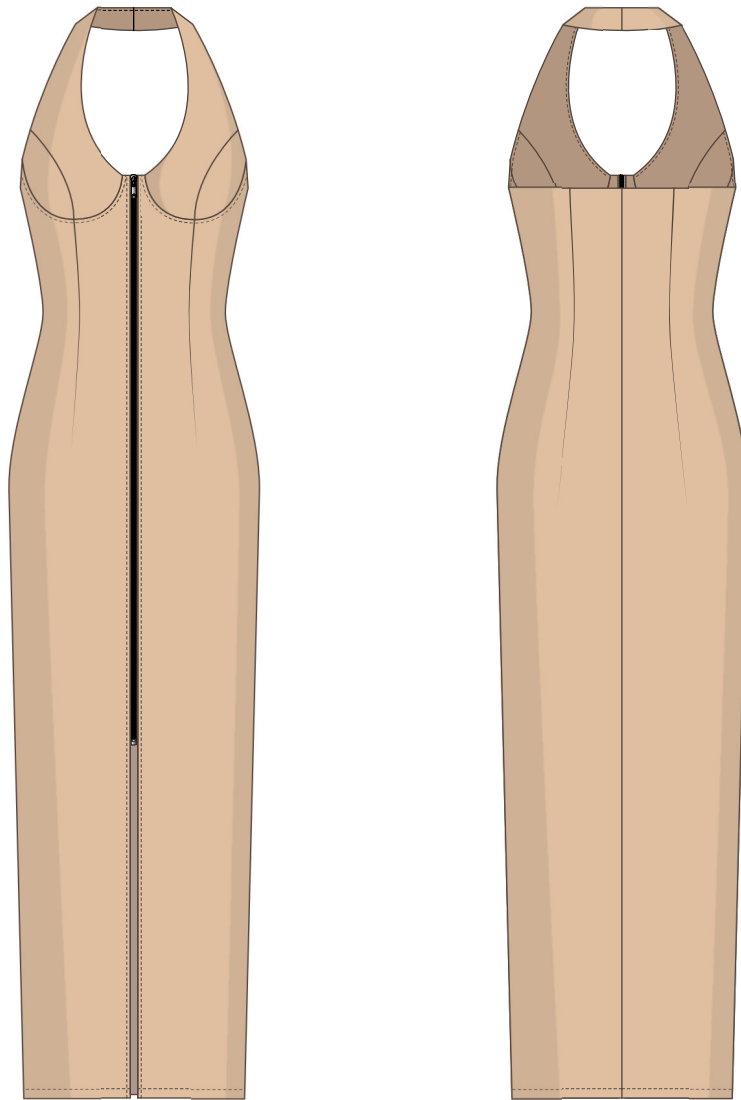


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



SIGOURNEY PATTERN DESCRIPTION

Sigourney is a close-fitting dress with separate bust cups and an open back. The dress is fitted with front and back waist darts and features a center back seam. The bust cups are lined and shaped with underwires. The neckline is V-shaped. The front features an exposed separating zipper and a slit. Sigourney is midi length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease (estimated)	Waistline ease	Hipline ease
cm	0	4.2	2–2.1
inches	0	1 5/8	3/4–7/8

GARMENT LENGTH

Height, cm	Back length from waist down, cm	Height, ft	Back length from waist down, in
1 (154–160)	82	1 (5'1"–5'3")	32 1/4
2 (162–168)	85	2 (5'4"–5'6")	33 1/2
3 (170–176)	88	3 (5'7"–5'9")	34 5/8
4 (178–184)	91	4 (5'10"–6'1")	35 7/8

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium weight, pliable, soft, medium stretch
- the fiber content can include natural fibers (cotton), blends (cotton + polyester), and synthetics (polyester)
- the following fabrics are recommended: gabardine, denim, fine wale corduroy

Attention! The chosen fabric must contain elastane.

For the bust cup lining, choose fabrics made of natural fibers (cotton) or blends (cotton + viscose).

The dress in the photo is made of denim. The fabric is medium weight, pliable, soft, and stretchy. The fiber content is a blend of cotton, polyester, and elastane. The fabric weight is 285 g/m².

The bust cup lining is made of poplin. The fiber content is 100% cotton. The fabric weight is 110 g/m².

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- one-sided zipper foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- front — cut 2
- back — cut 2
- front facing — cut 2
- center bust cup — cut 2
- side bust cup — cut 2
- back facing — cut 1 on fold

2. From lining fabric:

- center bust cup lining — cut 2
- side bust cup lining — cut 2
- bust cup channel — cut 2

3. From interfacing:

- front facing — cut 2
- back facing — cut 1 on fold

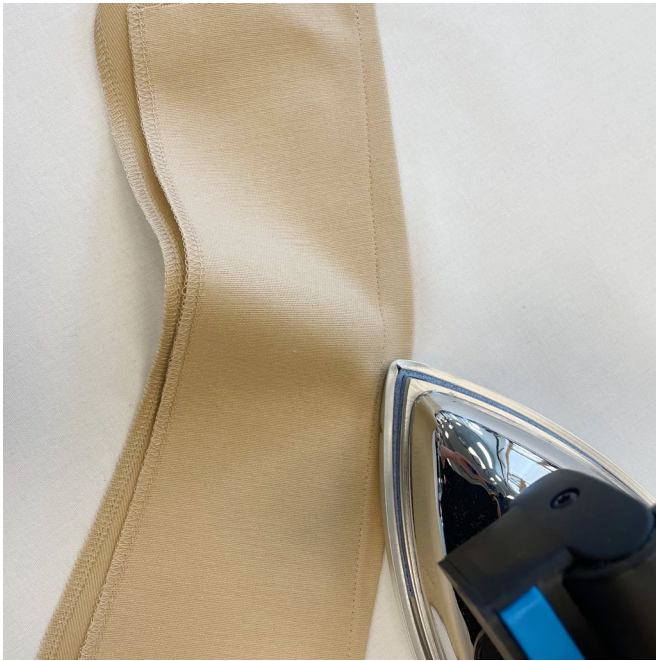
***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 3 cm (1 1/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Stretch out the dart seam allowances on the back pieces while pressing. This will allow the darts to lie flat when pressed towards the center, without pulling along the seam.

Press the darts on the front and back pieces towards the respective center edges.



Press and steam the darts, shrink out the fullness at the dart points on a tailor's ham.



Press and steam the zipper tape to prevent it from shrinking in the finished garment.