

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## IRIS PATTERN DESCRIPTION

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Iris is a dress with a close-fitting bodice and a voluminous skirt. It features a shaped empire waist seam. The center part of the back bodice is shirred. The dress has adjustable spaghetti straps. There is a flounce at the bottom of the skirt. Iris is below mid-calf length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease
cm	0	78–98	67.1–88.6
inches	0	30 3/4–38 5/8	26 3/8–34 7/8

# GARMENT LENGTH

Height, cm	Back length from waist down, cm	Height, ft	Back length from waist down, in
1 (154–160)	79	1 (5'1"–5'3")	31 1/8
2 (162–168)	82	2 (5'4"–5'6")	32 1/4
3 (170–176)	85	3 (5'7"–5'9")	33 1/2
4 (178–184)	88	4 (5'10"–6'1")	34 5/8

# SUGGESTED FABRIC

To sew this garment, choose dress-weight fabrics with the following properties:

- medium-weight, pliable, structured, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (cotton, linen), artificial fibers (viscose), blends (cotton + elastane, linen + silk, cotton + viscose, etc.)
- the following fabrics are recommended: dress-weight viscose, linen, poplin, sateen, silk, cotton shirting, dress-weight denim, challis.

**Attention!** We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of shirting fabric. The fabric is thin, light to medium weight, opaque, and does not crease easily. The fabric content is a blend of cotton (40%) and polyester (60%).

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- stitch-in-the-ditch foot for the sewing machine (optional)
- loop turner.

# PATTERN PIECES LIST

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## 1. From main fabric:

- bust cup top panel — cut 4
- bust cup center panel — cut 4
- bust cup side panel — cut 4
- side back bodice — cut 4
- center back bodice — cut 1
- front skirt — cut 1 on fold
- back skirt — cut 1 on fold
- front skirt flounce — cut 2 on fold
- back skirt flounce — cut 2 on fold
- strap + ring tab — cut 2 on the bias.

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## 2. From interfacing:

- bust cup top panel — cut 2
- bust cup center panel — cut 2
- bust cup side panel — cut 2.

# SEAM ALLOWANCES

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All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out pattern pieces on the fabric.

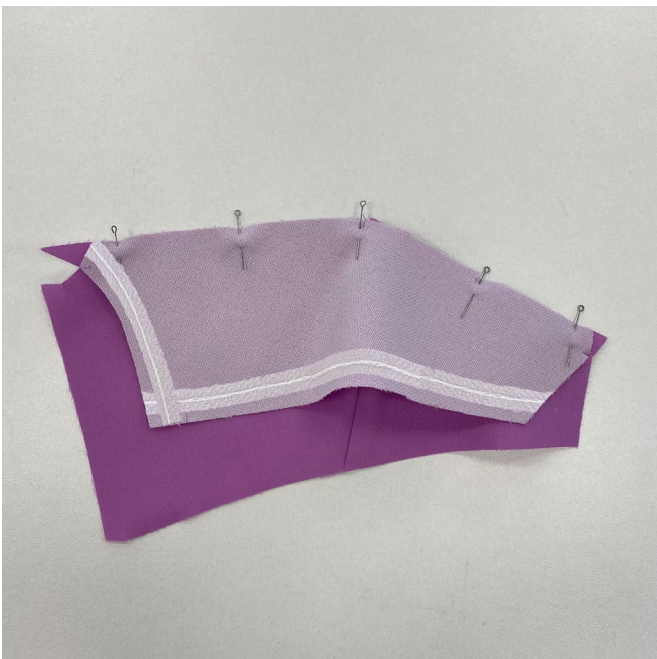




Press the seams flat, press the seam allowances open.



Trim the seam allowances down to 5 mm (just under 1/4").



Place the bust cup top panel right sides together with the pieced bottom bust cup. Align the edges, match the notches. Pin, baste, and machine-stitch. Backstitch at the beginning and end.