

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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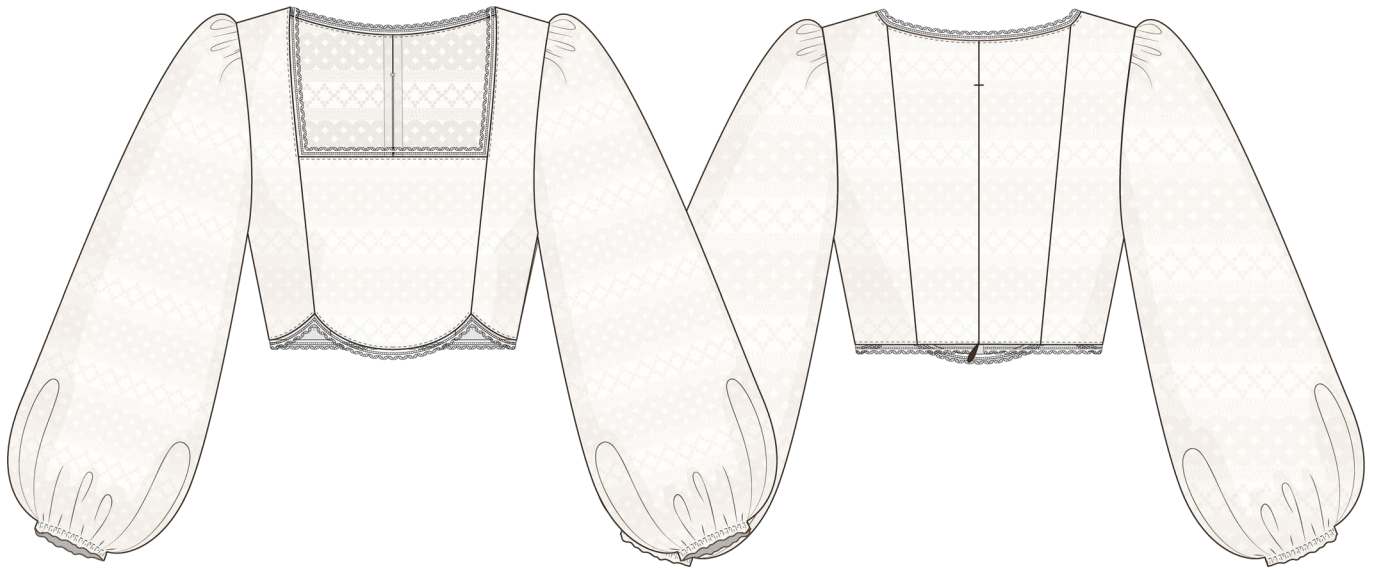


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## HERMINA PATTERN DESCRIPTION

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Hermina is a close-fitting blouse. The silhouette is shaped with front and back princess seams. The blouse features a square neckline and a shaped hem trimmed with eyelet lace. Hermina fastens with an invisible zipper in the center back seam. The front and back of the blouse are lined. The voluminous 7/8 sleeves are gathered at the cap, flared towards the bottom, and have elasticated hems. Hermina is above-waist length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Upper arm ease
cm	4.3–6.4	25.5–26.3
inches	1 3/4–2 1/2	10–10 3/8

# GARMENT LENGTH

Height, cm	Garment length at center back, cm	Sleeve length, cm
1 (154–160)	30.8–35.3	53.6–55.2
2 (162–168)	31.8–36.6	55.5–57.1
3 (170–176)	32.8–37.3	57.3–58.9
4 (178–184)	33.8–38.3	59.2–60.8
Height, ft	Garment length at center back, in	Sleeve length, in
1 (5'1"–5'3")	12 1/8–13 7/8	21 1/8–21 3/4
2 (5'4"–5'6")	12 1/2–14 3/8	21 7/8–22 1/2
3 (5'7"–5'9")	12 7/8–14 5/8	22 1/2–23 1/4
4 (5'10"–6'1")	13 1/4–15 1/8	23 1/4–23 7/8

# SUGGESTED FABRIC

To sew this blouse, choose dress-weight fabrics with the following properties:

- medium weight, structured, soft, non-stretch or with very little stretch
- the fiber content can include natural fibers (cotton, linen), artificial fibers (viscose), and blends (linen + cotton, cotton + polyester, cotton + viscose)
- the following fabrics are recommended: denim, sateen, eyelet fabric, linen

**Attention!** We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend natural fibers (cotton, cotton + elastane).

The blouse in the photo is made of cotton eyelet fabric. The fabric is medium weight, structured, soft and non-stretch. The fiber content is 100% cotton.

The lining is 100% cotton.

4. Elastic, 1 cm (3/8") wide, for sleeve casing, for all heights (cut into two equal pieces), in meters/yards:

Size	34	36	38	40	42	44	46	48	50	52
Meters	0.49	0.5	0.51	0.52	0.53	0.54	0.55	0.56	0.57	0.58
Yards	1/2	1/2	1/2	5/8	5/8	5/8	5/8	5/8	5/8	5/8

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

5. One invisible zipper, 40 cm (15 3/4") long, for all sizes in all heights

6. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- invisible zipper foot for the sewing machine

## PATTERN PIECES LIST

### 1. From main fabric:

- center front – cut 1 on fold
- side front – cut 2
- center back – cut 2
- side back – cut 2
- sleeve – cut 2

### 2. From lining fabric:

- center front – cut 1 on fold
- side front – cut 2
- center back – cut 2
- side back – cut 2

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out pattern pieces on the fabric.



Place the center back and side back pieces right sides together, align the princess seam edges, match the notches, pin and machine-stitch, backstitching at the beginning and end.



Press the seam flat.



Press the seam allowances open.