

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



DEMI PATTERN DESCRIPTION

Demi is a relaxed-fit blouse with a straight silhouette. The front features bust darts and the back features shoulder darts as well as a center seam. The long, set-in sleeve has a loose fit. The crew neckline features a button and button loop closure. The side seams are split at the hem. Demi is hip length, with the front 4cm (1 5/8") shorter than the back.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	18	39.6–39.8	16	5
inches	7 1/8	15 5/8	6 1/4	2

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length, cm
1 (154–160)	67.3–69.1	58.9–60.5
2 (162–168)	70.3–72.1	60.9–62.4
3 (170–176)	73.3–75.1	62.9–64.4
4 (178–184)	76.3–78.1	64.9–66.4

Height, ft	Garment length at center back, in	Sleeve length, in
1 (5'1"–5'3")	26 1/2–27 1/4	23 1/4–23 7/8
2 (5'4"–5'6")	27 5/8–28 3/8	24–24 5/8
3 (5'7"–5'9")	28 7/8–29 5/8	24 3/4–25 3/8
4 (5'10"–6'1")	30–30 3/4	25 1/2–26 1/8

SUGGESTED FABRIC

To sew this blouse, choose woven fabrics with the following properties:

- Light to medium weight, fluid, breathable, soft, non-stretch or with very little stretch
- The fiber content can include natural fibers (wool, silk, cotton, linen), artificial (viscose), blends (wool + silk, wool + polyester, cotton + viscose, etc.) and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: chiffon, crepe de chine, silk, silk crepe, silk atlas, cupro, cady, lace, dress-weight wool, silk velvet

Attention! We do not recommend stretchy knits and heavy weight fabrics (suitings, tweed, denim).

The blouse in the photo is made of 100% cupro. This fabric is medium weight, fluid, soft, smooth, has good drape and very little stretch.

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight woven or knit fusible interfacing, 140cm (55") wide, for all sizes and heights — 15 cm (5 7/8")
3. One button, 0.7–1 cm (1/4"–3/8") in diameter
4. Stitched bias-cut fusible stay tape with stitch reinforcement — 1 m (1 1/8 yd)
5. Matching thread — 5 spools (1 spool for the sewing machine and 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Stitch-in-the-ditch foot for your sewing machine (optional)

PATTERN PIECES LIST

1. From main fabric:

- Front — cut 1 on fold
- Back — cut 2
- Sleeve — cut 2
- Back neck facing — cut 2
- Front neck facing — cut 1 on fold
- Rouleau loop — cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

2. From interfacing:

- Back neck facing — cut 2
- Front neck facing — cut 1 on fold

SEAM ALLOWANCES

The pattern pieces include the following seam allowances:

- Garment hem — 2 cm (3/4")
- Sleeve hems — 2 cm (3/4")
- Center back seam — 1.5 cm (5/8")
- Back neck facing center seam — 1.5 cm (5/8")
- Attaching the rouleau loop — 1.5 cm (5/8")
- All the other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Machine-stitch the darts, with backstitches at the sides on the front piece, and at the shoulders on the back piece.

At the bust apex, tie knots and hide the thread tails inside the dart bulk.



Press the darts flat.



Steam press the darts on a tailor's ham and shrink out the ease at the apex. Press the bust darts upwards and the shoulder darts towards the center back seam.