

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



FABIA PATTERN DESCRIPTION

Fabia is a close-fitting dress with an accentuated waist. It features a waist seam, bust darts on the front, and waist darts on the front and back. The skirt is cut on a bias and is flaring out towards the bottom. There is an invisible zipper fastening in the side seam. Fabia features a deep V-shaped neckline that is finished with sheer dress netting. The dress has long fitted set-in sleeves with pleats around the sleeve cap area. Fabia is fully-lined and maxi length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. According to part 1 of clause 1252 and clause 1301 of the Civil Code of the Russian Federation, failure to comply with the mentioned rules constitutes a breach of the legislation in force in the field of copyright and entails liability of the violator. Illegal use or distribution will be prosecuted in accordance with legislation.

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

| | Bust ease | Waistline ease | Hipline ease | Upper arm ease |
|--------|-----------|----------------|--------------|----------------|
| cm | 7.5 | 4.2 | 7.1–12.5 | 5 |
| inches | 3 | 1 5/8 | 2 3/4–4 7/8 | 2 |

GARMENT LENGTH, SLEEVE LENGTH

| Height, cm | Length at center back, cm | Sleeve length, cm |
|----------------|---------------------------|-------------------|
| 1 (154–160) | 144–145.8 | 62.6–66.2 |
| 2 (162–168) | 148–149.8 | 64.5–67.9 |
| 3 (170–176) | 152–153.8 | 66.3–69.7 |
| 4 (178–184) | 156–157.8 | 68.2–71.5 |
| Height, ft | Length at center back, in | Sleeve length, in |
| 1 (5'1"–5'3") | 56 3/4–57 3/8 | 24 5/8–26 1/8 |
| 2 (5'4"–5'6") | 58 1/4–59 | 25 3/8–26 3/4 |
| 3 (5'7"–5'9") | 59 7/8–60 1/2 | 26 1/8–27 1/2 |
| 4 (5'10"–6'1") | 61 3/8–62 1/8 | 26 7/8–28 1/8 |

SUGGESTED FABRIC

To sew the dress, choose dress-weight fabrics with the following properties:

- medium-weight, soft, breathable, with good drape, non-stretch or with very little stretch, opaque
- the fiber content can include natural fibers (silk, cotton), artificial fibers (viscose), blends (silk + elastane, silk + viscose, etc.) and synthetics (polyester + elastane)
- the following fabrics are recommended: silk, faux silk, satin, crepe, velvet with a silk backing and some elastane content

Attention! We do not recommend stretchy knit fabrics or lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, choose lining fabrics made of natural fibers (silk), artificial fibers (viscose), blends (silk + elastane, viscose + elastane) and synthetics (polyester + elastane).

The dress in the photo is made of dress-weight silk. This fabric is medium-weight, soft, has good drape and no stretch. The fiber content is silk + viscose. The lining fabric is viscose + elastane. Additionally, the front center panel is made of dress netting.

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- Stitch-in-the-ditch foot for the sewing machine (optional)
- Invisible zipper foot for the sewing machine

PATTERN PIECES LIST

1. From main fabric:

- Back — cut 1 on fold
- Front — cut 2
- Sleeve – cut 2
- Waistband – cut 1
- Skirt – cut 2

2. From lining fabric:

- Back – cut 1 on fold
- Front – cut 2
- Skirt – cut 2

3. From dress netting fabric:

- Front center panel – cut 1 on fold

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

All pattern pieces include seam allowances:

- 1.5 cm (5/8") for back and back lining side seams
- 1.5 cm (5/8") for front and front lining side seams
- 1.5 cm (5/8") for skirt and skirt lining side seams
- 1.5 cm (5/8") for waistband side edges
- 2 cm (3/4") for sleeve hems
- 1 cm (3/8") for all other edges

Take this into account when laying out the pattern pieces on the fabric.



Attention! From size 40 onwards, it is recommended to trim the darts on the front, back, front lining and back lining pieces.

Measure 1 cm (3/8") from the dart fold and trim.



If your fabric is prone to fraying, finish the seams on the overlocker, with the bottom of the dart facing up.

Press the seam flat.

Press the dart using the steam setting on your iron. Press the dart upwards, shrink out the ease around the dart apex using steam, then use a tailor's clapper to set.



Place the front and back pieces right sides together. Align the side seams, pin and baste if necessary.