



**VIKISEWS
ACADEMY
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VIKISEWS

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Vikisews Academy Library

We have prepared this lesson list to improve your experience with the Academy. In this document, you will find sewing techniques, pictures that illustrate them, and remarks.

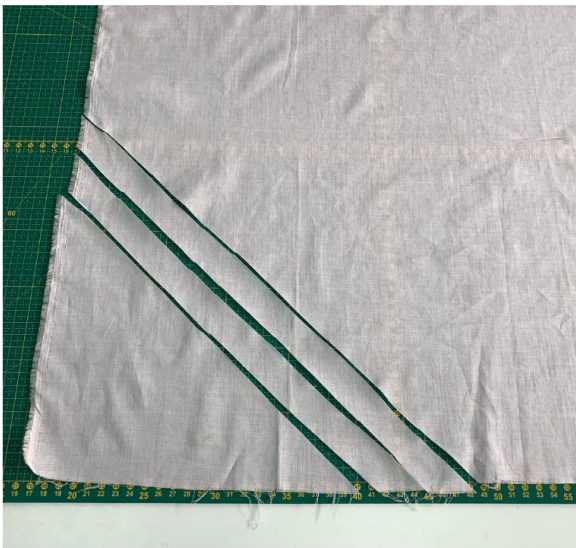
ADJUSTING PRINTED PATTERNS



How to transfer adjustments from toile to the pattern

In this lesson, you are going to learn how to transfer adjustments from the toile to the pattern. This is done by measuring adjusted areas (e.g., dart placement, side seam, etc.) and making the same corrections to the paper pattern.

BIAS BINDING



How to make bias binding

Bias binding is used for couture-quality finishing the raw edges.



How to finish edges with bias binding

Bias-bound seams are a neat way to finish edges if you don't have an overlocker or if the garment is unlined.

BUTTONHOLES, BUTTONS, AND SNAPS



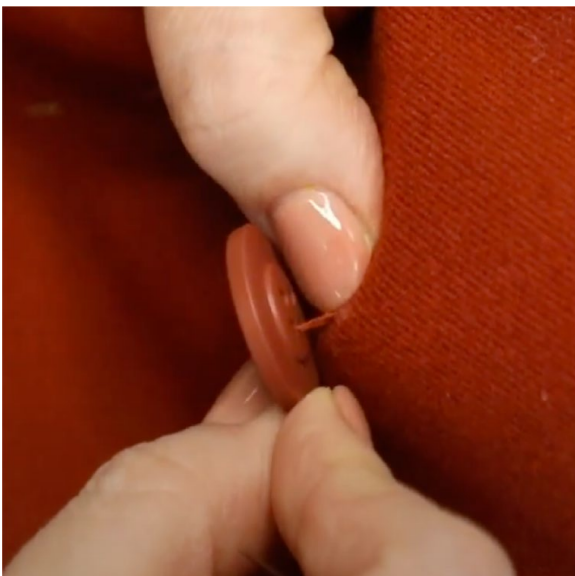
How to sew on snaps

How to sew on snaps on the very first try. How to mark the snap placement if one functional part is already sewn on. In this lesson, we show you an easy, proven way.



How to attach a hook and eye closure

An effortless way to attach a hook and eye closure to your garment.



How to sew on buttons

How to properly sew on buttons so they don't create straining along the closure line and fall off.



How to sew buttonholes on a placket

Keep in mind: if your shirt has a button placket, the buttonholes should be vertical.



How to sew buttonholes on single-breasted and double-breasted garments

When stitching buttonholes, it is important to measure the right distance between the front edge and the buttonhole. Don't rush into stitching and consider the button size. Learn more in this lesson.

DARTS



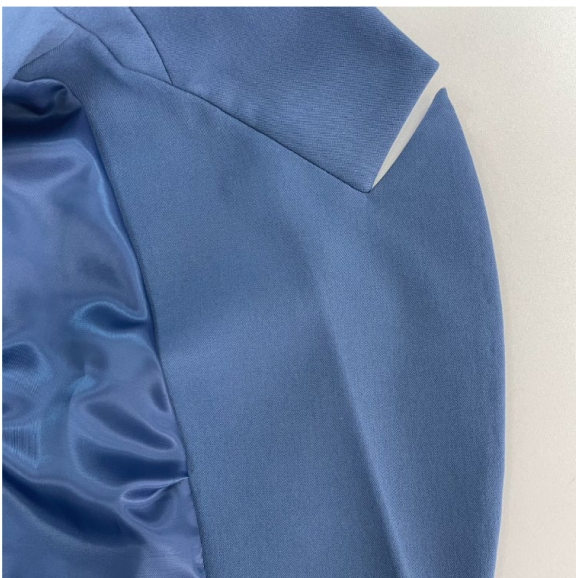
How to sew darts on a coat

Use this method when sewing coats and jackets. This technique helps you make even darts that are not visible from the right side.



How to sew darts on dresses and blouses

FINISHING FRONT EDGES



How to attach the center front facing

A classic technique used to attach the center front facing without topstitching.

FINISHING NECKLINES. COLLARS



How to sew a lined hood and finish drawstring openings (eyelets, facings, buttonholes)

In this lesson, we show you how to make a hood lining pattern and then attach the lining to the hood. You will learn several ways of finishing drawstring openings (eyelets, facings, buttonholes).



How to finish a neckline and fastening with lining

If the main fabric you're sewing with is rough-textured, just finish the edges with lining, no facings needed.



How to sew a v-shaped and round neck facing

How to trim and clip the seam allowances when sewing v-shaped and round necklines. How to secure the seam allowances without topstitching.



How to bind a neckline and sew a rouleau button loop

If you are sewing with a lightweight fabric, the neck facing is usually visible and tends to pop to the right side. To avoid this, finish the neckline with binding. If the neckline is not too big, you may also add a keyhole opening and a button loop closure.



How to sew a shirt collar and collar stand

To sew a perfect shirt collar and collar stand that look nice and neat from both the right and wrong sides of the garment, use auxiliary stitching lines and diagonal hand stitches.



How to attach a lapel collar to the garment

A classic method used to attach lapel collars to the outer garments and jackets. The outer and inner collars get attached separately. The seam allowances get pressed open.



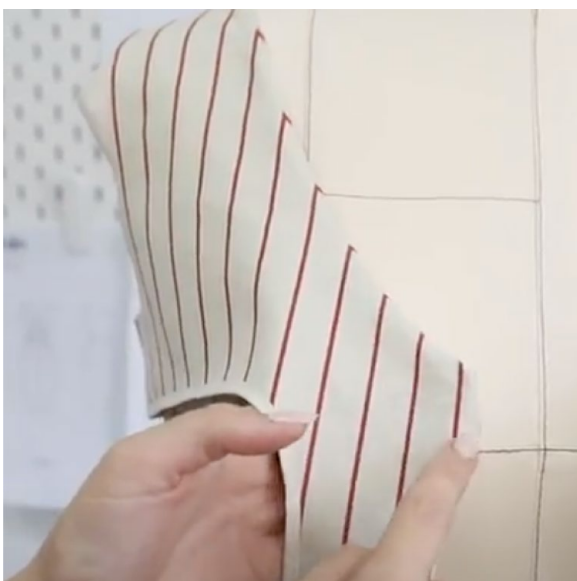
How to sew a stand collar with a zipper

Use this sewing technique to finish the zip-up stand collar. The seam allowance of the inner collar is tucked under and topstitched.



How to sew a double hood with a grown-on standing collar and a non-separating zipper

In contrast to the stand collar with a zipper, in this case, the inner layer of the hood encloses the seam. In this lesson, you will learn how to partially turn the collar and finish the hood and neckline perfectly.



How to finish a neckline with an all-in-one facing (method #1)

This method is simple and easy. The armhole and neckline edges get finished with an all-in-one facing separately. Next, the garment is joined along the shoulder edges. To do this, you need to insert the shoulder parts of the front into the corresponding parts of the back right sides together and stitch them along the shoulder edges. After turning the right side out the seams will be fully enclosed.



How to finish a neckline with bias binding (3 methods)

Method #1 shows how to finish a neckline with bias binding pressed in half.

Method #2 shows how to finish a neckline with bias binding pressed using a special tool.

Method #3 shows how to finish a neckline with a trimmed bias binding. One of the long edges remains raw during attachment and then gets tucked under and secured with invisible hand stitches.

All the methods can also be used for finishing the armscye edges.

FINISHING UPPER EDGES IN SKIRTS AND TROUSERS



How to attach a waistband with a flap to a lined skirt (2 ways)

In this lesson, you will learn how to use the enclosed seam method to attach the waistband. When sewing with lightweight fabrics, the lining gets attached to the skirt and the zipper first. Then, the waistband gets stitched to the garment.

When sewing with medium or heavy-weight fabrics, the lining gets stitched to the waistband first and then it gets attached to the zipper with invisible hand stitches.



How to sew an applied waistband with enclosed seams

A classic technique used to sew an applied waistband. The inner side of the waistband gets folded to the wrong side and topstitched.



How to sew a partially elasticated waistband

The front part of the waistband is finished using a classic sewing technique while the back of the waistband is elasticated. This technique comes in handy if your waist measurement tends to fluctuate. The width of the finished waistband equals the width of the elastic.



How to sew a straight waistband

The waistband will sit perfectly on your body if you shape it during steam-pressing.

This technique takes little effort and allows you to use less fabric. The inner layer of the waistband is overlocked and topstitched to the garment. Instead of overlocking the raw edge of the inner waistband, you may opt for bias binding.

FLY FRONT ZIPPER



How to sew a fly front zipper

A classic method used to sew a fly front zipper on trousers. The fly shield protects clothes from getting stuck in the zipper teeth.



How to sew a fly front zipper (no fly shield)

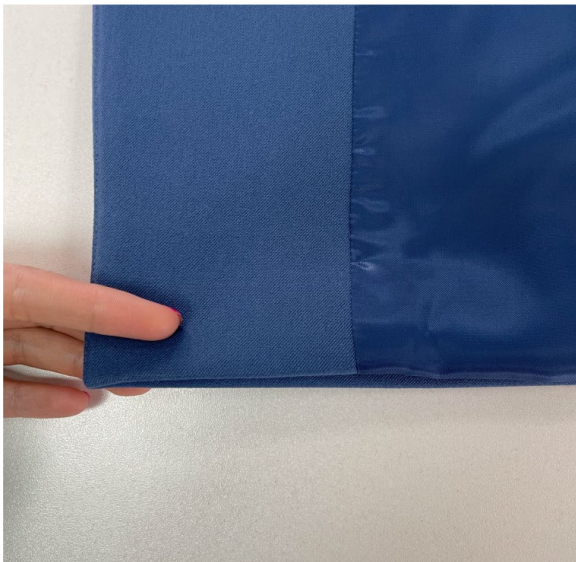
A simplified technique for sewing fly front zippers on women's trousers.

HEMMING



How to hem bias-cut silk garments

In this lesson, we show you several ways of hemming bias-cut silk garments: pin hem, rolled hem on an overlocker, and double-fold hem. Choose the technique that fits your garment.



How to hem a lined coat, blazer or trench coat

A classic method used to hem lined outer garments (coats, blazers, etc.).

INSULATION



How to sew insulation to the outer shell in unquilted garments

If you need to attach insulation to the unquilted garment, stitch the insulation along the pieces' edges, as demonstrated in the lesson.



How to sew insulation to outer coat pieces

This method requires a lot of hand stitching as insulation gets attached to the main fabric with hand stitches. This method is not suitable for lightweight coating fabrics.



How to quilt outer shell pieces with insulation

If you cannot choose or buy pre-quilted fabric, embrace your creative side and quilt fabric yourself. Fun time guaranteed!

MISCELLANEOUS



How to sew a double yoke on a shirt

A classic way of sewing a double yoke on a shirt. A double yoke will enclose the seams and reinforce the shoulder area. If you are sewing with patterned fabric, consider using plain-colored fabric for the inner yoke so the pattern doesn't overlap.



How to press and steam front and back pant legs

Proper pressing and steaming are key if you want to ensure perfectly fitting trousers. Don't skip it!



How to sew a 3-channel elastic waist casing

Accentuate your waist by sewing a casing on a dress and threading it with elastic. Make sure to choose the right elastic width.



How to make epaulets, tabs, belt loops and belts

Make sure you cut and interface all the small pieces beforehand.



How to make belt loops for top garments (method 1, trench coat)

In this lesson, we show you how to sew belt loops in the side seams. The sewn-in ends get placed at a right angle to the seam.



How to make belt loops for bottom garments

Belt loops get stitched in the waistband seam. At the top, belt loops get folded and topstitched.



How to topstitch

What is topstitching, what threads and needles to choose, and how to sew straight topstitch – find out in this lesson.



How to make a thread loop

In order to not let the lining peek out from the outer shell, secure it with thread loops on the wrong side. Watch this lesson to learn how to make thread loops and how to use them.



How to shirr fabric with elastic thread

Back in the day, shirred garments seemed impossible to make at home. In reality, it is almost effortless: all you need to do is wind a bobbin with elastic thread and sew parallel rows of stitches. Use this lesson to make gorgeous summer dresses.

POCKETS



How to sew side seam pockets (in knit pants)

This method requires sewing pockets before joining the side seams.



How to sew side seam pockets (in a dress)

Side pockets in a dress get sewn after stitching the side seams. Similar pockets can be added to any vertical seam of the garment.



How to sew an inseam pocket with grown-on pocket facings

To sew this kind of pocket, you will need to cut garment pieces with grown-on pocket facings. If you don't have enough fabric, opt for side seam pockets with no grown-on facings.



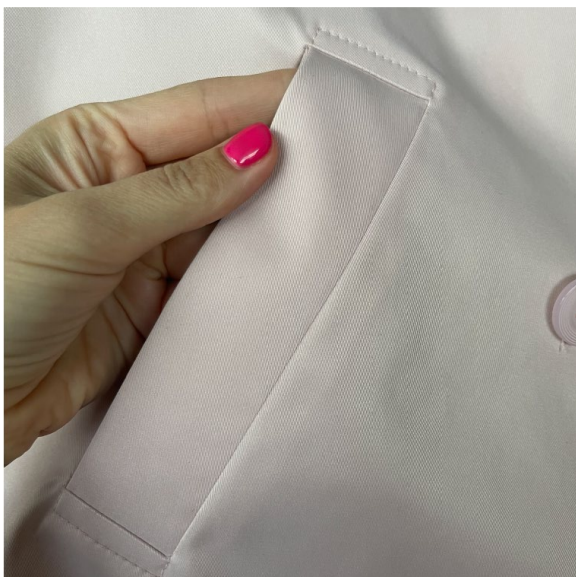
How to sew a slash pocket in the side seam pressed to the side

Such pockets are usually drafted for garments made of lightweight fabrics.



How to sew a double-welt pocket with a flap

A classic method used for sewing pockets in lined jackets and blazers. This method requires precision and accuracy. We recommend making a toile first before performing this technique on your main fabric.



How to sew a welt pocket with sewn-in ends

The welt width in the finished garment equals the width of the pocket opening. The pocket facing is stitched to the top edge of the welt. The welt ends are sewn-in. This method requires precision and accuracy.



How to sew a welt pocket with sewn-on ends

The welt gets stitched first and then gets attached to the garment. The top edge of the welt covers the pocket opening. This technique is easier to perform than sewing a welt pocket with sewn-in ends.



How to sew an inside lining pocket in a jacket

Sew an inside pocket on the left front lining piece or both front lining pieces. Use the main or additional fabric to cut the welts.



How to sew a patch pocket on light clothes

The easiest pocket that has ever existed! It is suitable for light clothes or lightweight denim clothes with no lining.



How to sew a back double-welt pocket on trousers

The side corners of this pocket get hidden under the lining. All the seams are enclosed so you can sew this kind of pocket on garments with no lining.

SEWING KNITS



How to sew knits without an overlocker

SLEEVES, CUFFS, SLEEVE FASTENINGS, AND SHOULDER PADS



How to sew set-in sleeves in outerwear

A classic technique used to sew set-in sleeves in outerwear. Learn how to press to shrink out the ease, achieve the right fit, and set in a sleeve.



How to make multi-layer shoulder pads for a coat or blazer

If you don't have an opportunity to buy pre-made shoulder pads of the needed size, you can make them yourself.



How to sew set-in sleeves in light clothes

A classic method used to sew set-in sleeves in light clothes.



How to sew cuffs with an overlap

A quick and easy way of sewing enclosed cuffs using auxiliary stitching lines and following the instructions.



How to sew a sleeve placket with bias binding

Before sewing a sleeve placket with binding, make sure you mark the right placket placement. After that, the binding process will take no more than 5 minutes.



How to sew a sleeve on a shirt (lapped seam)

Set the sleeves in a shirt like a professional.



How to sew a sleeve placket

A classic technique used to finish the sleeve slits with elegant plackets. This technique is challenging, but the beautiful result is totally worth it.

SLITS AND VENTS



How to sew a lining into a back vent

A classic way of sewing back vents in coats and blazers. This method lets you sew vents that don't create tension and tear the lining.

WORKING WITH SPECIALTY FABRICS



How to work with double-faced fabrics. Sewing a side seam pocket on a coat

An easy and convenient way of sewing a side seam pocket on a coat made of double-sided material. Opt for this method if patch pockets made with the chosen fabric seem too bulky. To sew this kind of pocket, you will need one pocket bag cut from the main fabric and one pocket bag cut from the lining fabric.

ZIPPERS



How to sew an invisible zipper in the center back seam. Sewing a neckline facing

A classic method used to sew an invisible zipper in the garment. In this lesson, we also show how to finish the neckline with a facing and cover the upper edges of the zipper.



How to sew an invisible zipper in the side seam of the dress

When sewing an invisible zipper in the side seam, it's important to not stretch it out and make the waist seam match precisely. The zipper is not supposed to be visible from the right side of the garment.



How to sew a regular zipper in the center seam (method #1)

If the fabric doesn't allow for an invisible zipper (because of nap, sequins, or loose texture), opt for the regular one. We show how to sew a regular zipper covered with a one-sided overlap.



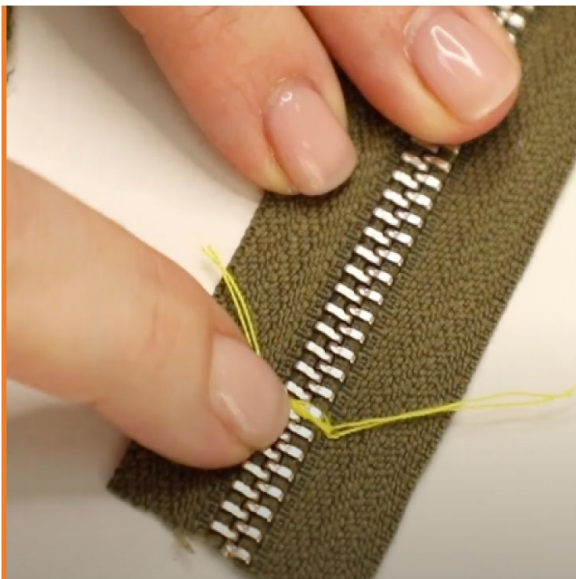
How to sew a separating zipper on a jacket

This kind of zipper is used in lined outer garments. On the wrong side of the garment, the zipper tape is covered with front facing.



How to shorten an invisible zipper

The trimmed end of an invisible zipper will look more neat when bound with a strip of your main fabric.



How to shorten a metal zipper (separating and non-separating)

You don't have to put too much effort into finding a metal zipper of the specific size – just learn how to shorten any metal zipper to bring it to the needed size.