

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) - we are always there to help.



## MANUELA PATTERN DESCRIPTION

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Manuela is a semi-fitted dress with an accentuated waist. The dress has a waist seam and shaped bands along the front neckline which are joined together with a hook-and-eye fastener. The wrap skirt features curved edges at the front. There are inverted box pleats on the front and back bodice, as well as on the front and back skirt. The dress has long, flared raglan sleeves. There is a pleat at the bottom of the front sleeve secured with a line of stitching. The dress fastens with sew-on snaps at the waist seam, as well as with a narrow tie belt. Manuela is below mid-calf length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	19.3–23.1	2.9–3.6	33–33.8	13.8–15.6
inches	7 5/8–9 1/8	1 1/8–1 3/8	13–13 1/4	5 3/8–6 1/8

# GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length from waist down, cm	Sleeve length, cm
1 (154-160)	79	65
2 (162-168)	82	67
3 (170-176)	85	69
4 (178-184)	88	71
Height, ft	Back length from waist down, in	Sleeve length, in
1 (5'1" - 5'3")	31 1/8	25 5/8
2 (5'4" - 5'6")	32 1/4	26 3/8
3 (5'7" - 5'9")	33 1/2	27 1/8
4 (5'10" - 6'1")	34 5/8	28

# SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium-weight, pliable, soft, non-stretch or low-stretch, opaque
- the fabric content can include natural (silk, cotton, linen), artificial (viscose), blends (cotton + silk, silk + viscose, etc.), and synthetic fibers (polyester, polyester + elastane)
- the following fabrics are recommended: dress-weight satin, crepe, man-made silk, cupro, silk velvet.

**Attention!** We do not recommend very stretchy knit materials (jersey fabric) and lightweight sheer fabrics (chiffon, stretch lace).

The dress in the photo is made in man-made silk. This fabric is medium-weight, pliable, soft, and has little stretch. The fiber content is 100% polyester.

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for finishing raw edges. It may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- edge stitching foot for the sewing machine (optional).

## PATTERN PIECES LIST

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### 1. From main fabric:

- front bodice - cut 2
- front band - cut 4
- right front skirt - cut 1
- left front skirt - cut 1
- back bodice - cut 1 on fold
- back skirt - cut 1 on fold
- front sleeve - cut 2
- back sleeve - cut 2
- back neck facing - cut 1
- front bodice binding - cut 2
- waist seam binding (1st part) - cut 1
- waist seam binding (2nd part) - cut 1
- waist seam binding (3rd part) - cut 1
- belt - cut 1.

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

### 2. From interfacing:

- front band - cut 4
- back neck facing - cut 1.

## SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

- sleeve hem allowance - 8 cm (3 1/8")
- all other seams - 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Press the front band pieces flat, while forming a 1–2 mm roll on the right side.

As a result, the bottom side of the front band is peeking out by 1–2 mm from underneath the upper side. True the bottom side to the upper side.



Form the pleats on the front and back bodice pieces following the markings on the pattern pieces. Pin the pleats in place. Work two parallel rows of stitching at the bottom edge of the bodice pieces. One row should be at 5 mm (just under 1/4") from the edge, and the second – at 7 mm (just over 1/4"). These stitching lines stabilize the bottom edge and secure the pleats in place at the same time.

Stay stitch along the neckline and armscye edges on the front bodice at 7 mm (just over 1/4") from the edge.

**Important!** After stay stitching, verify the edges against the pattern pieces and adjust the length if necessary.



Form the pleats on the front and back skirt pieces following the markings on the pattern pieces. Pin the pleats in place. Work two parallel rows of stitching at the upper edge of the skirt pieces. One row should be at 5 mm (just under 1/4") from the edge, and the second – at 7 mm (just over 1/4"). These stitching lines stabilize the upper edge and secure the pleats in place at the same time.