

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



KIM PATTERN DESCRIPTION

Kim is a close-fitting cardigan with an accentuated waist. It features a wrap front. The cardigan fastens with ties at the waist and has a deep V-neckline. Kim has long, set-in, close-fitting sleeves. The pattern is available in two length options: waist-length and below-waist length.



IMPORTANT!

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	-7	3	-2	-0.6
inches	-2 3/4	1 1/8	-3/4	-1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length, cm
1 (154-160)	50.8-53.5	60
2 (162-168)	52.8-55.5	62
3 (170-176)	54.8-57.5	64
4 (178-184)	56.8-59.5	66

Height, ft	Garment length at center back, in	Sleeve length, in
1 (5'1" - 5'3")	20-21 1/8	23 5/8
2 (5'4" - 5'6")	20 3/4-21 7/8	24 3/8
3 (5'7" - 5'9")	21 5/8-22 5/8	25 1/4
4 (5'10" - 6'1")	22 3/8-23 3/8	26

SUGGESTED FABRIC

To sew this cardigan, choose knit fabrics with the following properties:

- soft, high-stretch with at least 70% stretch factor, medium-weight
- the fabric content should include elastane or spandex and can include natural (wool, cotton), artificial (viscose), blends (wool + polyester, cotton + polyester, etc.), and synthetic fibers (polyester)
- the following fabrics are recommended: rib knits, Punto di Roma, sweater knit.

Attention! We recommend using only stretchy fabric for this cardigan.

You may determine the fabric stretch factor by yourself. To do so, mark 10 cm (4") on the cross grain of the fabric, place it to the ruler, and then stretch it. Use the following formula to calculate the stretch factor: (amount fabric stretched / starting measurement) x 100. So, if 10 cm (4") stretch to 17.5 cm (7"), the fabric stretched by 7.5 cm (3"). Therefore, according to the formula, the fabric has a 75% stretch factor [(7.5/10 x 100= 75%) or (3/4 x 100 = 75%)].

The garment in the photo is made in rib knit. This fabric is medium-weight, soft, and very stretchy. The fabric content is a blend of cotton (98%) and spandex (2%).

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and for finishing raw edges. It may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment and sleeve hems. This may be replaced with a double needle for the sewing machine if it has a zigzag stitch setting.

***IMPORTANT!** When sewing knit fabrics, it's recommended to use specialty needles for knits (such as STRETCH, SUPER STRETCH, JERSEY, etc.). These needles have a rounded tip which allows the needle to pass in between the loops instead of piercing the threads.*

PATTERN PIECES LIST

1. From main fabric:

- back - cut 1 on fold
- front - cut 2
- sleeve - cut 2
- tie - cut 2.

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance - 2 cm (3/4")
- sleeve hem allowance - 2 cm (3/4")
- all other seams - 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Stitch the shoulder seams together with the clear elastic on the overlocker, with the back piece facing up.

Press the seam flat.



Press the seam allowances toward the front piece.



Using a 4 mm stitch length, stay stitch at 5 mm (just over 1/8") on the sewing machine along the armhole to stabilize the edge.

Open the armhole of the pieced body (by spreading the front and back pieces to different sides) and verify the armhole edge against the pattern to check if it has maintained its shape. If necessary, adjust the length of the armhole by pulling on thread tails of the stitching line.