

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com - we are always there to help.



ASEL PATTERN DESCRIPTION

Asel is a semi-fitted dress with an accentuated waist. The front and back of the dress are lined. The front features bust darts transferred to the side seam and double waist darts. On the back, there are double waist darts and shoulder darts transferred to the neckline. The center back seam has an invisible zipper fastening on the top and a slit on the bottom. The long sleeve has two seams, the front seam ending with a slit. The shoulder line is slightly extended to accommodate shoulder pads. The neckline is round. Asel is below-the-knee length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

Bust line ease, cm	Waistline ease, cm	Hipline ease, cm	Upper arm ease, cm
8.5-9	4.4-4.6	6	5

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Garment length at center back, cm	Sleeve length accounting for shoulder pad, cm
1 (154-160)	112.8-114.4	66.7-68.7
2 (162-168)	116.6-118.4	68.6-70.6
3 (170-176)	120.6-122.4	70.5-72.5
4 (178-184)	124.6-126.4	72.4-74.3

SUGGESTED FABRIC

To sew this dress, choose dress-weight woven fabrics with the following properties:

- Medium weight, flexible, breathable, soft, non-stretch or with very little stretch, opaque
- The fiber content can include natural fibers (wool, silk, cotton, linen), artificial (viscose), blends (wool + silk, wool+ polyester, cotton + viscose, etc), and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: dress-weight wool or viscose, gabardine, dress-weight denim, dress-weight micro corduroy, modal, faux leather

Attention! We do not recommend stretchy knit materials and lightweight sheer fabrics (chiffon, organza, stretch lace).

For the lining, we recommend artificial fibers (viscose), blends (viscose + elastane, viscose + polyester) or synthetic (polyester, polyester + elastane).

The dress in the photo is made of dress-weight wool. This fabric is medium weight, flexible, soft and has very little stretch. The fiber content is a blend of wool and elastane. The lining is viscose with elastane.

TOOLS AND EQUIPMENT

- Sewing machine for construction
- Overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Stitch-in-the-ditch foot for your sewing machine (optional)
- Invisible zipper foot for your sewing machine

PATTERN PIECES LIST

1. From main fabric:

- Front - cut 1 on fold
- Back - cut 2
- Top sleeve - cut 2
- Bottom sleeve - cut 2

IMPORTANT! Don't forget to transfer all pattern notches onto the fabric.

2. From lining fabric:

- Front lining - cut 1 on fold
- Back lining - cut 2

3. From interfacing material:

Cut out 2 strips, 2cm wide, to interface the zipper seam allowances, 2 strips, 3cm wide, to interface the slit seam allowances, and 4 strips, 2cm wide, to interface the sleeve front seam allowance at the slit. The interfacing grainline runs parallel to the long side (along the selvedge of the fusible material).

SEAM ALLOWANCES

All pattern pieces include the following seam allowances:

- 3cm at the bottom of the garment
- 3cm at the bottom of the sleeves
- 1.5cm at the center back seam
- 1cm at all other edges

Take this into account when laying out pattern pieces on the fabric.



Pin the dart legs along the marked lines.



Hand baste at 3 mm from the dart legs.



Stitch the darts on the sewing machine. Backstitch neatly at the beginning and end of each dart or leave loose thread ends, tie knots and hide the thread tails inside the dart bulk.

Press the darts flat.