

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the most detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) - we are always there to help.



## ILIANA PATTERN DESCRIPTION

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Iliana is a close-fitting sheath dress. It features a one-piece long raglan sleeve with a shoulder dart. The deep V-neckline is finished with a raw-edged binding. Iliana is midi length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	(-11.2) – (-13.1)	1.7-3.7	-2.7	(-0.3) – (-0.9)
inches	(-4 <sup>3</sup> / <sub>8</sub> ) – (-5 <sup>1</sup> / <sub>8</sub> )	<sup>5</sup> / <sub>8</sub> - 1 <sup>1</sup> / <sub>2</sub>	-1 <sup>1</sup> / <sub>8</sub>	(- <sup>1</sup> / <sub>8</sub> ) – (- <sup>3</sup> / <sub>8</sub> )

# GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length from waist down, cm	Sleeve length including part of shoulder, cm	Height, ft	Back length from waist down, in	Sleeve length including part of shoulder, in
1 (154-160)	77	68.6-70	1 (5'1" - 5'3")	30 <sup>3</sup> / <sub>8</sub>	27 - 27 <sup>1</sup> / <sub>2</sub>
2 (162-168)	80	70.5-71.7	2 (5'4" - 5'6")	31 <sup>1</sup> / <sub>2</sub>	27 <sup>3</sup> / <sub>4</sub> - 28 <sup>1</sup> / <sub>4</sub>
3 (170-176)	83	72.3-73.7	3 (5'7" - 5'9")	32 <sup>5</sup> / <sub>8</sub>	28 <sup>1</sup> / <sub>2</sub> - 29
4 (178-184)	86	74.7-76.2	4 (5'10" - 6'1")	33 <sup>7</sup> / <sub>8</sub>	29 <sup>3</sup> / <sub>8</sub> - 30

# SUGGESTED FABRIC

To sew this dress, choose knit fabrics with the following properties:

- Medium weight, soft, breathable, malleable, stretchy (with elastane)
- The fiber content can include natural fibers (wool, cotton), artificial (viscose), blends (wool + polyester, cotton + polyester, cotton + elastane, etc) and synthetic (polyester, polyester + elastane)
- The following fabrics are recommended: sweater knits, ponte di roma, knits, double knits, rib knits

**Attention!** We do not recommend lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made in ponte di roma. This fabric is medium weight, malleable, and stretchy.

The fiber content is a blend of cotton + viscose + elastane.

# TOOLS AND EQUIPMENT

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- Sewing machine for construction
- Overlocker for construction and for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3mm, stitch length 2.5mm)
- Coverstitch or coverlock machine for finishing the garment hem. If such a machine is not available, you may finish the hem with a twin needle on a home sewing machine with a zigzag function
- Ballpoint needles suitable to your fabric

**IMPORTANT!** For knit projects, we recommend using special sewing needles for stretchy knit fabrics (e.g. STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

## PATTERN PIECES LIST

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### 1. From main fabric:

- Front - cut 1 on fold
- Back - cut 1 on fold
- Sleeve - cut 2
- Neckband - cut 1

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## SEAM ALLOWANCES

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All pattern pieces include the following seam allowances:

- Garment hem - 2cm ( $\frac{3}{4}$ " )
- Sleeve hems - 2cm ( $\frac{3}{4}$ " )
- All the other edges - 1cm ( $\frac{3}{8}$ " )

Take this into account when laying out pattern pieces on the fabric.





Press the seams flat, then press the seam allowances towards the back.



Insert the sleeves into the armholes with right sides together, matching the edges and all notches. Pin, baste (hand baste at 1.2-1.5cm [ $\frac{1}{2}$ "- $\frac{5}{8}$ "]) from the edge so that the basting thread doesn't get caught in the machine stitching), and stitch the sleeves on the overlocker with the garment side facing up. Use a stitch width of 7mm ( $\frac{1}{4}$ ") and trim off 3mm ( $\frac{1}{8}$ ") while overlocking.



Press the seams flat, then press the seam allowances towards the sleeve.