

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## ERICA PATTERN DESCRIPTION

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Erica is a close-fitting long sleeve top with a one-piece back and front yoke. It has a grown-on asymmetric collar and long, set-in sleeves. Erica is below-hip length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease (estimated)	Upper arm ease
cm	-6 – (-6.1)	6.3–8.6	-3.3 – (-3.9)	-0.5
inches	-2 3/8	2 1/2–3 3/8	-1 1/4 – (-1 1/2)	-1/4

# GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length from waist down, cm	Sleeve length, cm
1 (154–160)	18.9	61.8–63.6
2 (162–168)	19.9	63.8–65.6
3 (170–176)	20.9	65.7–67.6
4 (178–184)	21.9	67.7–69.6

Height, ft	Back length from waist down, in	Sleeve length, in
1 (5'1"–5'3")	7 1/2	24 3/8–25
2 (5'4"–5'6")	7 7/8	25 1/8–25 7/8
3 (5'7"–5'9")	8 1/4	25 7/8–26 5/8
4 (5'10"–6'1")	8 5/8	26 5/8–27 3/8

# SUGGESTED FABRIC

To sew this long sleeve top, choose knit fabrics with the following properties:

- soft, medium-stretch (stretch factor 1.2–1.3), medium-weight
- the fiber content should include elastane or spandex and can also include natural fibers (silk, cotton), artificial fibers (viscose), blends (silk + polyester, cotton + polyester, etc.), and synthetics (polyester, polyamide)
- the following fabrics are recommended: knits, microfiber jersey, double knits.

**Attention!** We recommend using only stretchy fabrics for this long sleeve top

You can determine the stretch factor of the fabric yourself. To do so, mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The long sleeve top in the photos is made of knit fabric. The fabric is medium-weight, soft, and medium-stretch. The fiber content is a blend of wool (97%) and spandex (3%). The fabric weight is 200 g/m<sup>2</sup>.

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Stitched bias-cut fusible stay tape, 1–1.5 cm (3/8–5/8") wide, for all sizes in all heights — 15 cm (5 7/8").

3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker and coverstitch machine).

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem and sleeve hems. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch.

**IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching rather than piercing them.

## PATTERN PIECES LIST

From main fabric:

- front — cut 1
- back — cut 1
- sleeve — cut 2
- back and front yoke — cut 1.

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.



Press the seam flat.



Press the seam allowances open.



Place the front and back pieces right sides together.

Align the side edges, match the notches, and pin. Stitch the side seams on the overlocker, keeping the back piece facing up.