

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

---



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## SAGE PATTERN DESCRIPTION

---

Sage is a pair of loose-fitting, straight-cut pants sitting 5 cm (2") below the natural waistline. The attached waistband features topstitched belt loops. There are slash pockets with a pocket facing on the front, as well as patch pockets and a yoke on the back. The pants have a fly front zipper closure. The waistband fastens with a stud button and buttonhole. The pocket openings, fly front, yoke, belt loops, and crotch seam are decorated with double topstitching lines, while the waistband and inseam are topstitched with a single line. The pants are floor length.



## IMPORTANT!

---

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

	Waistline ease at waistband's top edge (estimated)	Hipline ease
cm	11.5–13.2	6.1–7.7
inches	4 1/2–5 1/4	2 3/8–3

## GARMENT LENGTH

Height, cm	Side seam length including waistband, cm	Height, ft	Side seam length including waistband, in
1 (154–160)	100.5–102	1 (5'1"–5'3")	39 5/8–40 1/8
2 (162–168)	105–106.5	2 (5'4"–5'6")	41 3/8–41 7/8
3 (170–176)	109.5–110.5	3 (5'7"–5'9")	43 1/8–43 1/2
4 (178–184)	113.5–115	4 (5'10"–6'1")	44 5/8–45 1/4

## FINISHED HEM WIDTH FOR ALL HEIGHTS

Size	34	36	38	40	42	44	46	48	50	52
Width, cm	28.7	29	29.4	29.7	30	30.4	30.8	31	31.5	31.8
Width, in	11 1/4	11 3/8	11 5/8	11 3/4	11 7/8	12	12 1/8	12 1/4	12 3/8	12 1/2

## SUGGESTED FABRIC

To sew these pants, choose fabrics with the following properties:

- medium weight to heavyweight, moderate-stretch or low-stretch
- the fiber content can include natural fibers (cotton), artificial fibers (viscose), blends (cotton + polyester, cotton + viscose, etc.)
- the following fabrics are recommended: denim, corduroy.

For the pocket lining, we recommend using cotton or poplin.

The garment in the photo is made of denim. The fabric is heavyweight and low-stretch. The fiber content is 100% cotton. The fabric weight is 450 g/m<sup>2</sup>.

The pocket lining is 100% cotton.

# PATTERN PIECES LIST

---

## 1. From main fabric:

- front leg — cut 2
- back leg — cut 2
- back yoke — cut 2
- pocket facing — cut 2
- patch pocket — cut 2
- back waistband — cut 2 on fold
- left front waistband — cut 2
- right front waistband — cut 2
- fly shield — cut 1
- belt loop — cut 1 (5 pieces)

## 2. From lining fabric:

- pocket lining — cut 2

## 3. From interfacing:

- back waistband — cut 2 on fold
- left front waistband — cut 2
- right front waistband — cut 2

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## Additionally, cut from interfacing:

- two strips, 3 cm (1 1/8") wide (length according to the pattern), to interface the top edge seam allowances of the patch pocket pieces
- one strip, 4 cm (1 5/8") wide (length according to the pattern), to interface the fly extension on the right front leg.

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

# SEAM ALLOWANCES

---

All pattern pieces include the seam allowances as follows:

- garment hem allowance — 4 cm (1 5/8")
- all other edges — 1 cm (3/8").

**Attention!** The garment demonstrated in this instruction manual has a raw hem, so the hem allowance has been cut off.

Take this into account when laying out the pattern pieces on the fabric.





Then fold the pressed allowance to the right side and pin along the foldline, aligning the side edges. Stitch in place at 8 mm (just under 3/8") from each of the side edges. Backstitch at the beginning and end of the seam.



Press the seam flat.



Trim the seam allowance down to 4 mm (just over 1/8").