

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



LALI PATTERN DESCRIPTION

Lali is a close-fitting top with an accentuated waist and long set-in sleeves. The low round neckline is finished with binding featuring a raw edge. Lali is below-hip length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease (estimated)	Upper arm ease
cm	-10.2	0.6–2.2	-10.4–(-11.7)	-1.5
inches	-4	1/4–7/8	-4 1/8–(-4 5/8)	-5/8

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Back length, cm	Sleeve length, cm
1 (154–160)	54.1–55.4	61.7–63.7
2 (162–168)	57–58.4	63.8–65.7
3 (170–176)	60–61.4	65.8–67.4
4 (178–184)	63–64.4	67.8–69.7

Height, ft	Back length, in	Sleeve length, in
1 (5'1"–5'3")	21 1/4–21 3/4	24 1/4–25 1/8
2 (5'4"–5'6")	22 1/2–23	25 1/8–25 7/8
3 (5'7"–5'9")	23 5/8–24 1/8	25 7/8–26 1/2
4 (5'10"–6'1")	24 3/4–25 3/8	26 3/4–27 1/2

SUGGESTED FABRIC

To sew this long sleeve top, choose knit fabrics with the following properties:

- soft, breathable, medium-stretch (stretch factor 1.3–1.5), medium weight
- the fiber content should include elastane or spandex and can also include natural fibers (silk, cotton), artificial fibers (viscose), blends (silk + polyester, cotton + polyester, etc.), and synthetics (polyester, polyamide)
- the following fabrics are recommended: knits, microfiber jersey.

Attention! We recommend using only stretchy fabrics for this long sleeve top.

You can determine the stretch factor of your fabric yourself. To do so, mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section and stretch the fabric. Divide the measurement you get by 10.

The long sleeve top in the photo is made of lightweight knit fabric. The fabric is medium weight, soft, and medium-stretch. The fiber content is 95% polyester and 5% spandex. The fabric weight is 330 g/m².

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Clear elastic for finishing the neckline, 7 mm (just over 1/4") wide, for all heights:

Size	34	36	38	40	42	44	46	48	50	52
Length, cm	69.2	70.8	71.7	72.7	73.7	74.6	75.6	76.5	77.5	78.4
Length, in	27 1/4	27 7/8	28 1/4	28 5/8	29	29 3/8	29 3/4	30 1/8	30 1/2	30 7/8

3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker/coverstitch machine)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment and sleeve hems. If you don't have a coverstitch machine, you can replace it with a twin needle on any regular sewing machine that can do a zigzag stitch.

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching without piercing them.

PATTERN PIECES LIST

From main fabric:

- front — cut 1 on fold
- back — cut 1 on fold
- sleeve — cut 2
- neck binding — cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.



Place the reinforcement piece to the shoulder edge on the wrong side of the back piece. Align the edges and pin. Stitch the pieces on the overlocker. Keep the back piece facing up.

Use a 4-thread overlocker for this step, as well as for the following similar steps. You can replace the overlocker with a stretch zigzag stitch on your sewing machine.



Press the seam flat.



Press the seam allowance towards the front piece.