

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



JELENA PATTERN DESCRIPTION

Jelena is a semi-fitted, A-line dress. The round neckline is finished with a binding. The one-piece raglan sleeves are long and flared towards the bottom. Jelena is above-knee length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

| | Bust ease | Waistline ease | Hipline ease | Upper arm ease |
|--------|-------------|----------------|--------------|----------------|
| cm | 18–22 | 39.6–44.2 | 15.5–20.7 | 10.3–12.2 |
| inches | 7 1/8–8 5/8 | 15 5/8–17 3/8 | 6 1/8–8 1/8 | 4–4 3/4 |

GARMENT LENGTH, SLEEVE LENGTH

| Height, cm | Back length, cm | Sleeve length including shoulder width, cm |
|-------------|-----------------|--|
| 1 (154–160) | 73.7–75.8 | 64–64.5 |
| 2 (162–168) | 76.7–78.8 | 66.5–67 |
| 3 (170–176) | 79.7–81.8 | 69–69.5 |
| 4 (178–184) | 82.7–84.8 | 71.5–72 |

| Height, ft | Back length, in | Sleeve length including shoulder width, in |
|----------------|-----------------|--|
| 1 (5'1"–5'3") | 29–29 7/8 | 25 1/4–25 3/8 |
| 2 (5'4"–5'6") | 30 1/4–31 | 26 1/8–26 3/8 |
| 3 (5'7"–5'9") | 31 3/8–32 1/4 | 27 1/8–27 3/8 |
| 4 (5'10"–6'1") | 32 1/2–33 3/8 | 28 1/8–28 3/8 |

SUGGESTED FABRIC

To sew this dress, choose soft, stretchy, medium weight or heavy weight knit fabrics. The fiber content can include natural fibers, artificial fibers, blends, and synthetics.

We recommend choosing sweater knit fabrics with large woven stitches that allow for unravelling.

The dress in the photo is made of sweater knit featuring the English rib stitch pattern. The fabric is medium weight and medium stretch. The fiber content is 100% wool. The fabric weight is 370 g/m².

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem and sleeve hems. If you don't have a coverstitch machine, it can be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch
- thick large-eye needle for sewing with yarn
- 2.5 mm circular knitting needles

IMPORTANT! We recommend using specialty needles when working with knit fabrics (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:

- front — cut 1 on fold
- back — cut 1 on fold
- sleeve — cut 2
- neck binding — cut 1

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric. Transfer all the notches and markings using contrasting thread.



Attention! It is important to account for stitch direction when cutting sweater knit fabrics. Place the pattern pieces so that the top of the piece aligns with the unravelling edge of the fabric.



To reduce the bulk, press the hem section of the side seam allowances on the garment and sleeves towards the front.



Following the foldline, press the garment and sleeve hem allowances to the wrong side again.