

FROM THE FOUNDER OF THE #VIKISEWS BRAND

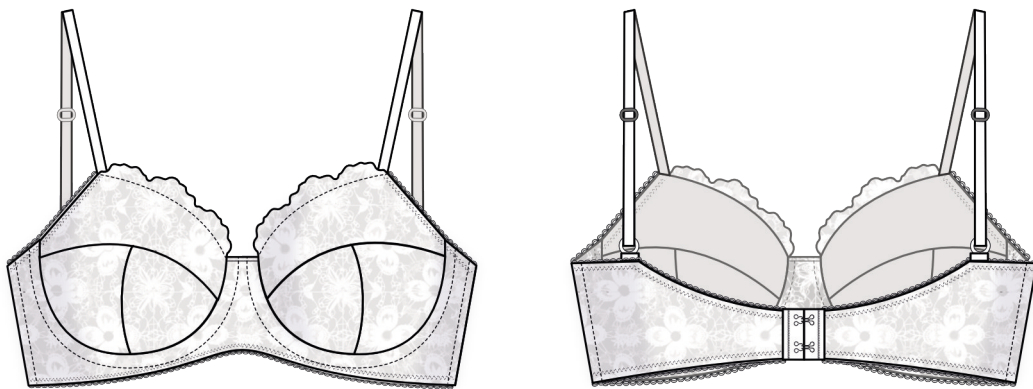


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ASTA PATTERN DESCRIPTION

Asta is a bra with classic (type 1) underwires. The foam cups feature T-shaped seams. The band features no side seams. It is reinforced with side boning for delicate support and lined with corset mesh at the front. The pattern includes two design versions: you can choose to sew the bra using scalloped lace or knit fabric. The top edges of the foam cups are finished with the main fabric or corset mesh binding. The rest of the edges are finished with picot-edge band elastic. The bra features adjustable straps made of strap elastic and has a hook and eye closure.



IMPORTANT!

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You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

SUGGESTED FABRIC

- To sew this bra, choose knit or lace fabrics with the following properties:
- soft, stretchy (1.2–1.5 stretch factor), medium weight
 - the following fabrics are recommended (version 1): lingerie biflex, microfiber jersey, cotton jersey, stretch mesh
 - the following fabrics are recommended (version 2) (the fabric should have a scalloped edge): lace, allover lace fabrics, embroidered mesh, guipure lace
- For the band lining, we recommend corset mesh.
- For the cups, we recommend bra foam.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The bra in the photo is made of soft stretch lace. The fiber content is 93% polyamide and 7% elastane. The fabric weight is 80 g/m².

The cups are made of 3 mm (1/8") thick double-faced bra foam. The material is soft and non-stretch. The fiber content is a blend: 100% polyester (top layer), 100% polyurethane foam (middle layer), 100% cotton (bottom layer). The material weight is 320 g/m².

The band lining is made of corset mesh. The fabric is non-stretch. The fiber content is 100% polyamide. The fabric weight is 45 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1.1. Main fabric (knit), 140 cm wide, with a directional print/nap, in meters:

EU Band size	Cup size				
	A	B	C	D	E
65	0.2	0.2	0.2	0.2	0.2
70	0.2	0.2	0.2	0.2	0.2
75	0.2	0.2	0.2	0.2	0.2
80	0.2	0.2	0.2	0.2	0.2
85		0.2	0.2	0.2	0.2
90		0.2	0.2	0.2	0.25
95		0.2	0.2	0.25	0.25
100		0.25	0.25	0.25	0.3

Main fabric (knit), 55" wide, with a directional print/nap, in yards:

UK/US Band size	Cup size				
	A	B	C	D	E
30	1/4	1/4	1/4	1/4	1/4
32	1/4	1/4	1/4	1/4	1/4
34	1/4	1/4	1/4	1/4	1/4
36	1/4	1/4	1/4	1/4	1/4
38		1/4	1/4	1/4	1/4
40		1/4	1/4	1/4	1/4
42		1/4	1/4	1/4	1/4
44		1/4	1/4	1/4	3/8

1.2. Main fabric (lace), 22 cm wide, in meters (not accounting for pattern repeat):

EU Band size	Cup size				
	A	B	C	D	E
65	0.85	0.95	0.95	0.95	1
70	0.9	1	1	1.05	1.05
75	1	1.05	1.1	1.1	1.1
80	1.1	1.1	1.15	1.15	1.2
85		1.2	1.25	1.25	1.25
90			1.3	1.3	1.3
95			1.35	1.35	1.4
100			1.4	1.45	1.55

Main fabric (lace), 9" wide, in yards (not accounting for pattern repeat):

UK/US Band size	Cup size				
	A	B	C	D	E
30	7/8	1	1	1	1 1/8
32	1	1 1/8	1 1/8	1 1/8	1 1/8
34	1 1/8	1 1/8	1 1/4	1 1/4	1 1/4
36	1 1/4	1 1/4	1 1/4	1 1/4	1 1/4
38		1 1/4	1 3/8	1 3/8	1 3/8
40		1 3/8	1 3/8	1 3/8	1 3/8
42		1 3/8	1 1/2	1 1/2	1 1/2
44		1 1/2	1 1/2	1 5/8	1 3/4

2. Corset mesh, 150 cm wide, cut in one direction, in meters:

EU Band size	Cup size				
	A	B	C	D	E
65	0.2	0.2	0.2	0.25	0.25
70	0.2	0.2	0.25	0.25	0.25
75	0.2	0.25	0.25	0.25	0.25
80	0.25	0.25	0.25	0.25	0.3
85		0.25	0.3	0.3	0.3
90		0.25	0.3	0.3	0.3
95		0.3	0.3	0.3	0.35
100		0.3	0.3	0.3	0.35

Corset mesh, 59" wide, cut in one direction, in yards:

UK/US Band size	Cup size				
	A	B	C	D	E
30	1/4	1/4	1/4	1/4	1/4
32	1/4	1/4	1/4	1/4	1/4
34	1/4	1/4	1/4	1/4	1/4
36	1/4	1/4	1/4	1/4	3/8
38		1/4	3/8	3/8	3/8
40		1/4	3/8	3/8	3/8
42		3/8	3/8	3/8	3/8
44		3/8	3/8	3/8	3/8

3. Bra foam, 140 cm wide, cut in one direction, in meters:

EU Band size	Cup size				
	A	B	C	D	E
65	0.1	0.15	0.15	0.15	0.2
70	0.1	0.15	0.15	0.15	0.2
75	0.15	0.15	0.15	0.15	0.2
80	0.15	0.15	0.15	0.2	0.2
85		0.15	0.2	0.2	0.2
90		0.15	0.2	0.2	0.2
95		0.2	0.2	0.2	0.2
100		0.2	0.2	0.2	0.2

Bra foam, 55" wide, cut in one direction, in yards:

UK/US Band size	Cup size				
	A	B	C	D	E
30	1/8	1/8	1/8	1/8	1/4
32	1/8	1/8	1/8	1/8	1/4
34	1/8	1/8	1/8	1/8	1/4
36	1/8	1/8	1/8	1/4	1/4
38		1/8	1/4	1/4	1/4
40		1/8	1/4	1/4	1/4
42		1/4	1/4	1/4	1/4
44		1/4	1/4	1/4	1/4

4. Picot-edge band elastic, 1 cm wide, in centimeters*:

EU Band size	Cup size				
	A	B	C	D	E
65	85	84	84	83	83
70	91	91	90	90	90
75	98	97	97	97	98
80	104	104	104	104	104
85		112	111	111	111
90		118	118	118	118
95		126	125	125	125
100		132	132	132	131

Picot-edge band elastic, 3/8" wide, in inches*:

UK/US Band size	Cup size				
	A	B	C	D	E
30	33 1/2	33 1/8	33 1/8	32 5/8	32 5/8
32	35 7/8	35 7/8	35 3/8	35 3/8	35 3/8
34	38 5/8	38 1/4	38 1/4	38 1/4	38 1/4
36	41	41	41	41	41
38		44 1/8	43 3/4	43 3/4	43 3/4
40		46 1/2	46 1/2	46 1/2	46 1/2
42		49 5/8	49 1/4	49 1/4	49 1/4
44		52	52	52	51 5/8

*The exact length is indicated on the pattern.

5. Underwire channeling tape, 1 cm wide, in centimeters*:

EU Band size	Cup size				
	A	B	C	D	E
65	64	70	73	76	78
70	70	73	76	78	79
75	73	76	79	79	82
80	77	79	79	82	86
85		79	82	86	89
90		83	86	89	91
95		87	89	92	94
100		89	92	94	97

Underwire channeling tape, 3/8" wide, in inches*:

UK/US Band size	Cup size				
	A	B	C	D	E
30	25 1/4	27 1/2	28 3/4	29 7/8	30 3/4
32	27 1/2	28 3/4	29 7/8	30 3/4	31 1/8
34	28 3/4	29 7/8	31 1/8	31 1/8	32 1/4
36	30 3/8	31 1/8	31 1/8	32 1/4	33 7/8
38		31 1/8	32 1/4	33 7/8	35
40		32 5/8	33 7/8	35	35 7/8
42		34 1/4	35	36 1/4	37
44		35	36 1/4	37	38 1/4

*The exact length is indicated on the pattern.

IMPORTANT! When purchasing fabric and elastic, please account for shrinkage and buy 5% more than required.

6. Synthetic whalebone, 4 mm wide, in centimeters*:

EU Band size	Cup size				
	A	B	C	D	E
65	14	14	15	15	15
70	15	15	15	16	16
75	15	16	16	16	16
80	16	16	16	17	17
85		17	17	18	18
90		17	18	18	19
95		19	19	19	20
100		19	20	20	20

Synthetic whalebone, 1/8" wide, in inches*:

UK/US Band size	Cup size				
	A	B	C	D	E
30	5 1/2	5 1/2	5 7/8	5 7/8	5 7/8
32	5 7/8	5 7/8	5 7/8	6 1/4	6 1/4
34	5 7/8	6 1/4	6 1/4	6 1/4	6 1/4
36	6 1/4	6 1/4	6 1/4	6 3/4	6 3/4
38		6 3/4	6 3/4	7 1/8	7 1/8
40		6 3/4	7 1/8	7 1/8	7 1/2
42		7 1/2	7 1/2	7 1/2	7 7/8
44		7 1/2	7 7/8	7 7/8	7 7/8

*The exact length is indicated on the pattern.

7. Two strap slide adjusters, 1 cm (3/8") wide

8. Two strap rings, 1 cm (3/8") in diameter

9. One pair of bra underwires (in the size indicated on the pattern)

10. Strap elastic, 1 cm (3/8") wide — 1.1 m (1 1/4 yd)

11. One bra hook-and-eye closure, 2.8 cm (1 1/8") wide

12. Matching thread — 1 spool

TOOLS AND EQUIPMENT

- sewing machine for construction
- tailor's corset ham or bust ham
- one-sided foot for the sewing machine
- large-eye needle or latch hook

IMPORTANT! We recommend using specialty needles when working with knit fabrics and elastic (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

PATTERN PIECES LIST

1. From main fabric:

- band — cut 1
- top cup — cut 2
- bottom side cup — cut 2
- bottom center cup — cut 2

2. From bra foam:

- top cup — cut 2
- bottom side cup — cut 2
- bottom center cup — cut 2

3. From corset mesh:

- front band lining — cut 1
- horizontal cup seam binding — cut 2
- vertical cup seam binding — cut 2
- cup top edge binding (version 2 only) — cut 2

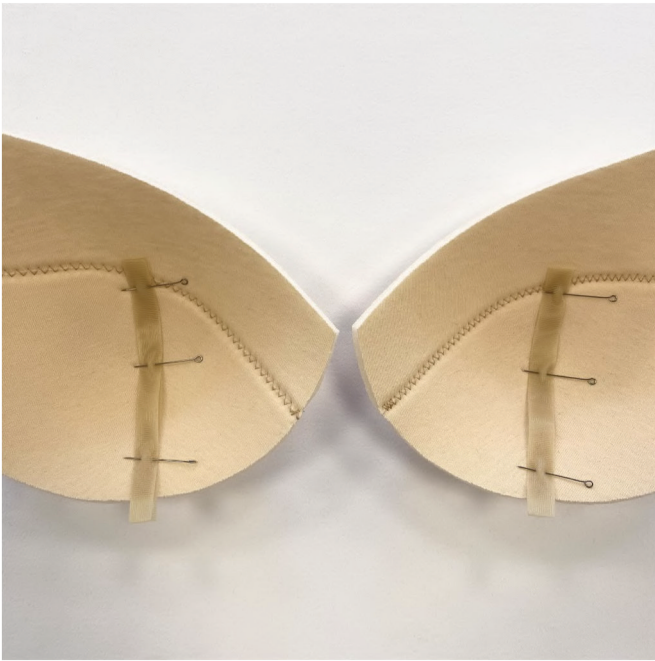
IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- back closure seam allowance — 5 mm (just under 1/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Center the binding piece over the vertical seam of the foam cup and pin in place. Machine-stitch both sides of the binding at 1 mm from the edge. Backstitch at the beginning and end of the seam.



Trim the peeking edges of the binding.



Center the binding piece over the horizontal seam of the foam cup and pin in place. Machine-stitch both sides of the binding at 1 mm from the edge. Backstitch at the beginning and end of the seam.