

FROM THE FOUNDER OF THE #VIKISEWS BRAND

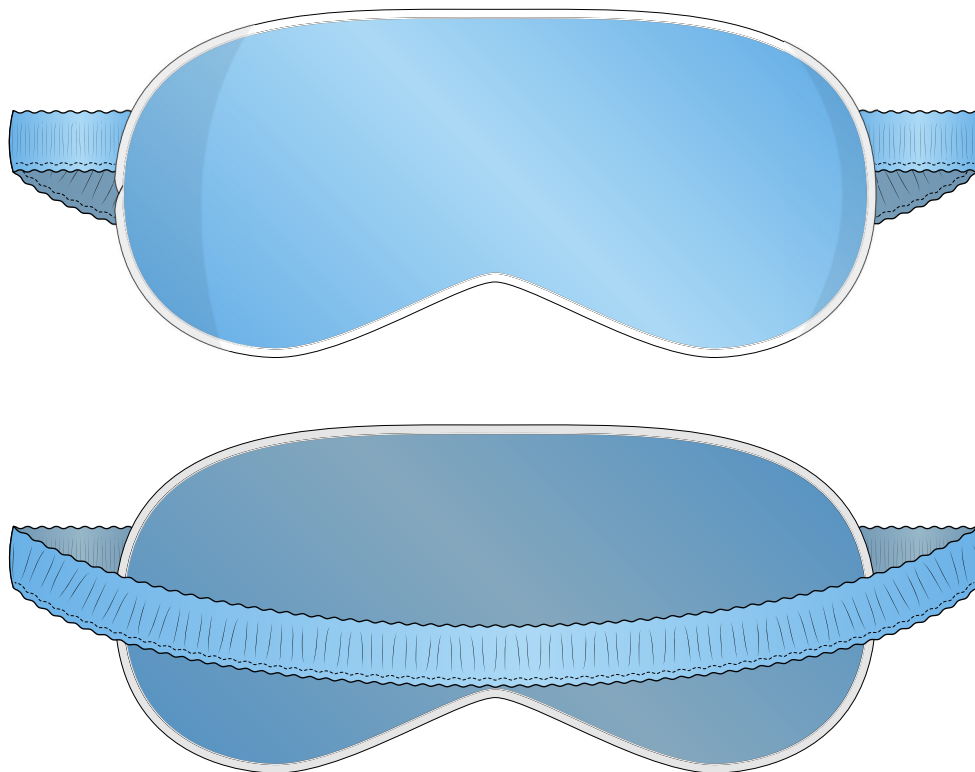


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



MIWA PATTERN DESCRIPTION

Miwa is a soft padded sleep mask. It features an elastic head strap and piping that curves around the entire edge of the mask.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

SUGGESTED FABRIC

To sew this sleep mask, choose dress-weight fabrics with the following properties:

- medium weight, soft, non-stretch, opaque
- the fiber content can include natural fibers (silk), artificial fibers (viscose), blends (silk + polyester, silk + viscose, etc.), and synthetics (polyester)
- the following fabrics are recommended: artificial or natural silk, satin, modal.

Attention! We do not recommend heavyweight structured fabrics and lightweight sheer fabrics.

The sleep mask in the photo is made of artificial silk. The fabric is soft, with some bounce, non-structured, and double-sided. The fiber content is 100% polyester. The fabric weight is 235 g/m².

The mask is padded with insulation material (alpolux). The fiber content is a blend of 15% wool and 85% microfiber. The weight is 100 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm (55") wide, with a directional print/nap — 0.15 m (1/8 yd).
2. Insulation material, 150 cm (59") wide — 0.15 m (1/8 yd).

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

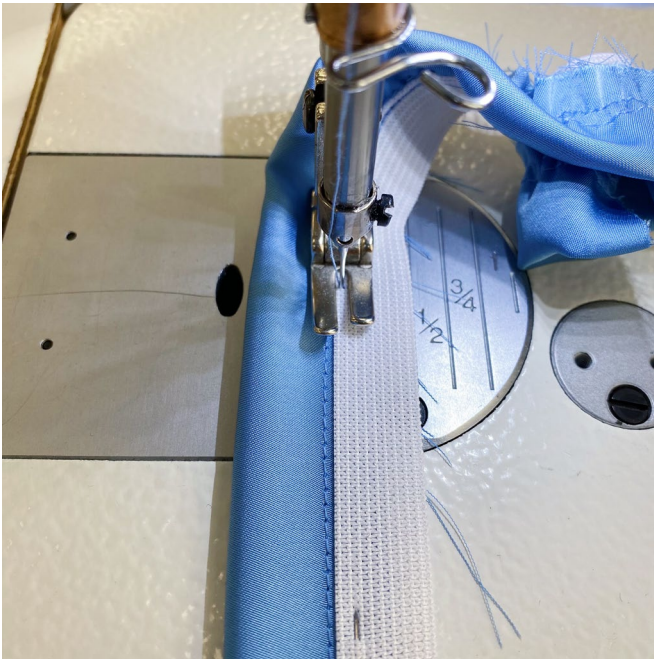
3. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 0.15 m (1/8 yd).
4. Satin piping, 1 cm (3/8") wide — 53 cm (20 7/8").
5. Elastic, 1.5 cm (5/8") wide — 32 cm (12 5/8"). The exact elastic length is specified on the pattern piece.
6. Matching thread — 1 spool.

TOOLS AND EQUIPMENT

- sewing machine for construction
- one-sided foot for the sewing machine to attach the piping
- elastic threader (may be replaced with a safety pin)
- loop turner



Pin the elastic along the strap seam allowances. Align the edge of the elastic with the stitching line, spread the elastic evenly along the entire length of the strap.



Stitch on the sewing machine at 1–2 mm from the edge of the elastic, backstitching at the beginning and end of the seam.

Press the seam flat.



Turn the strap with the elastic to the right side using a loop turner.