

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## ABRA PATTERN DESCRIPTION

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Abra is a pair of straight-cut, semi-fitted shorts with no side seam. They feature a grown-on elasticated waistband. The elastic is secured inside the waistband with rows of topstitching. The shorts have a mock fly featuring buttons and buttonholes. Abra is above mid-hip length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

## TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	50.8–51	25.2–25.5
inches	20–20 1/8	9 7/8–10

## GARMENT LENGTH

Height, cm	Side length, cm	Height, ft	Side length, in
1 (154–160)	32.7–39.7	1 (5'1"–5'3")	12 7/8–15 5/8
2 (162–168)	36.4–43.5	2 (5'4"–5'6")	14 3/8–17 1/8
3 (170–176)	40.1–47.2	3 (5'7"–5'9")	15 3/4–18 5/8
4 (178–184)	43.7–50.9	4 (5'10"–6'1")	17 1/4–20

## FINISHED HEM WIDTH, CM

Height, cm	Size				
	XS	S	M	L	XL
1 (154–160)	34.2	37.1	40	42.8	45.6
2 (162–168)	33.9	36.7	39.5	42.3	45
3 (170–176)	33.5	36.3	39	41.7	44.4
4 (178–184)	33.2	35.9	38.6	41.3	43.9

## FINISHED HEM WIDTH, IN

Height, ft	Size				
	XS	S	M	L	XL
1 (5'1"–5'3")	13 1/2	14 5/8	15 3/4	16 7/8	18
2 (5'4"–5'6")	13 3/8	14 1/2	15 1/2	16 5/8	17 3/4
3 (5'7"–5'9")	13 1/4	14 1/4	15 3/8	16 3/8	17 1/2
4 (5'10"–6'1")	13 1/8	14 1/8	15 1/4	16 1/4	17 1/4

3. Elastic, 2.5 cm (1") wide, for all heights:

Size	XS	S	M	L	XL
Elastic length including seam allowances, cm	53.5	61.5	69.5	77.5	85.5
Elastic length including seam allowances, in	21 1/8	24 1/4	27 3/8	30 1/2	33 5/8

4. Three buttons (plus one or two spare ones), 0.7–1 cm (1/4–3/8") in diameter

5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- buttonhole foot for the sewing machine
- elastic threader (may be replaced with a safety pin)

## PATTERN PIECES LIST

1. From main fabric:

- leg — cut 2

2. From interfacing:

- one strip, 8 cm (3 1/8") wide (length according to the pattern), to interface the fly extension on the right leg of the shorts

The interfacing strip should be cut on the straight grain (parallel to the selvedge).

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out pattern pieces on the fabric.



Press the seam allowances towards the back part of the leg piece.



Turn one leg piece right side out and insert it into the second leg piece, right sides together. Align the crotch edges, match the notches and inseams, and pin.

Machine-stitch twice, with the second stitching line going exactly over the first one. Backstitch at the beginning and end of the seams.

The stitching line should end at the bottom fly reference mark.



Press the seam flat.