

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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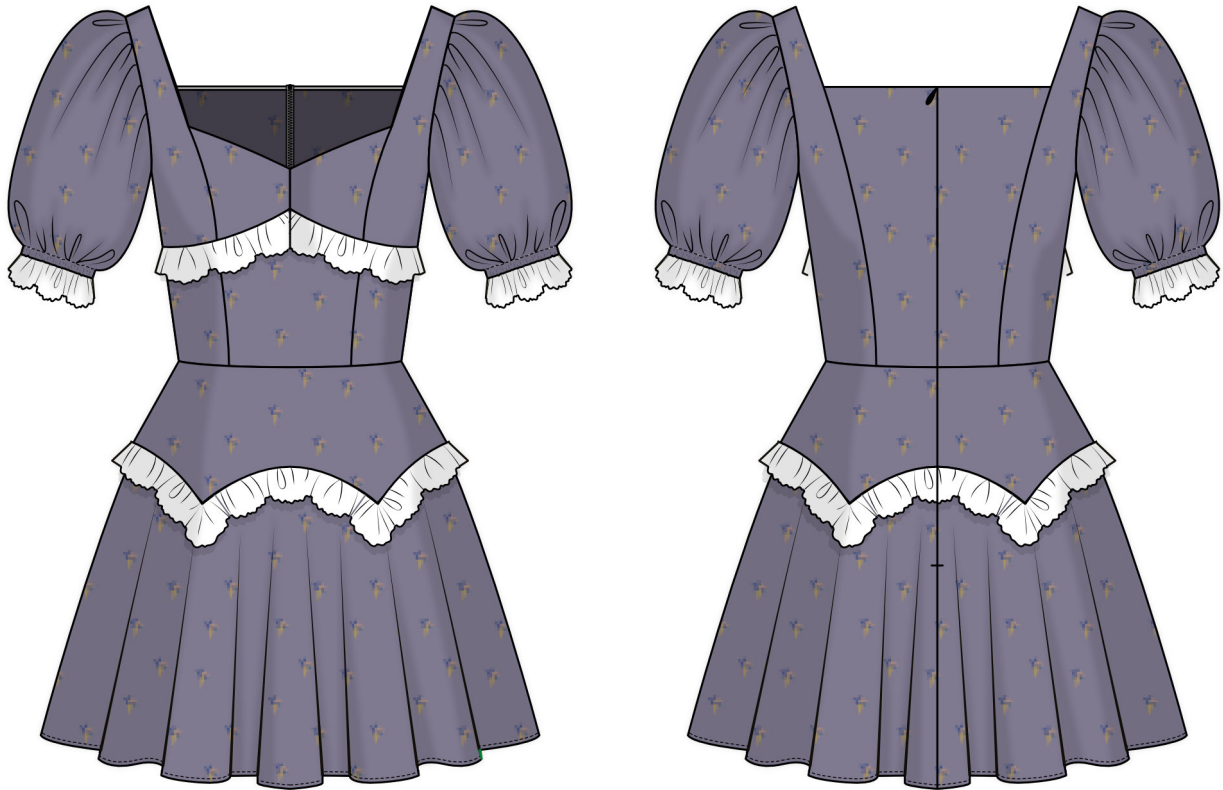


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## YASMINE PATTERN DESCRIPTION

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Yasmine is a semi-fitted dress with an accentuated waist and a waist seam. The bodice is fitted with front and back princess seams. At the front, it features cup seams trimmed with a lace ruffle. The skirt features shaped yokes trimmed with lace ruffles at the front and back. The dress fastens with an invisible zipper in the center back seam. The short set-in sleeves are gathered at the top of the sleeve cap. The sleeve hems feature casings threaded with elastic and trimmed with lace ruffles. The dress has a free-hanging lining and a low shaped neckline. Yasmine is above-knee length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

|        | Bust ease   | Waistline ease | Hipline ease  | Upper arm ease |
|--------|-------------|----------------|---------------|----------------|
| cm     | 4.8–6.4     | 1.8–4.1        | 112.7–105.5   | 48.3–52.3      |
| inches | 1 7/8–2 1/2 | 3/4–1 5/8      | 44 3/8–41 1/2 | 19–20 5/8      |

# GARMENT LENGTH, SLEEVE LENGTH

| Height, cm  | Back length from waist down, cm | Sleeve length, cm |
|-------------|---------------------------------|-------------------|
| 1 (154–160) | 42–45                           | 29                |
| 2 (162–168) | 44–47                           | 30                |
| 3 (170–176) | 46–49                           | 31                |
| 4 (178–184) | 48–51                           | 32                |

| Height, ft     | Back length from waist down, in | Sleeve length, in |
|----------------|---------------------------------|-------------------|
| 1 (5'1"–5'3")  | 16 1/2–17 3/4                   | 11 3/8            |
| 2 (5'4"–5'6")  | 17 3/8–18 1/2                   | 11 3/4            |
| 3 (5'7"–5'9")  | 18 1/8–19 1/4                   | 12 1/4            |
| 4 (5'10"–6'1") | 18 7/8–20 1/8                   | 12 5/8            |

# SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties: medium weight, thin, soft, non-stretch or low-stretch, opaque. The fiber content can include natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: dress-weight viscose, gauze, cotton, natural or artificial silk, eyelet fabric, challis.

**Attention!** We do not recommend stretchy knit fabrics.

The dress in the photo is made of natural silk. The fabric is medium weight, soft, non-stretch. The fiber content is 100% silk. The fabric weight is 120 g/m<sup>2</sup>.

The lining is a blend of silk (97%) and elastane (3%). The fabric weight is 115 g/m<sup>2</sup>.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

| Height, cm  | Size  |       |       |       |
|-------------|-------|-------|-------|-------|
|             | 34-38 | 40-42 | 44-48 | 50-52 |
| 1 (154-160) | 2     | 2.05  | 2.15  | 2.2   |
| 2 (162-168) | 2.05  | 2.15  | 2.25  | 2.3   |
| 3 (170-176) | 2.15  | 2.2   | 2.3   | 2.35  |
| 4 (178-184) | 2.2   | 2.25  | 2.35  | 2.4   |

Main fabric, 55" wide, with a directional print/nap, in yards:

| Height, ft     | Size  |       |       |       |
|----------------|-------|-------|-------|-------|
|                | 34-38 | 40-42 | 44-48 | 50-52 |
| 1 (5'1"-5'3")  | 2 1/8 | 2 1/4 | 2 3/8 | 2 3/8 |
| 2 (5'4"-5'6")  | 2 1/4 | 2 3/8 | 2 1/2 | 2 1/2 |
| 3 (5'7"-5'9")  | 2 3/8 | 2 3/8 | 2 1/2 | 2 5/8 |
| 4 (5'10"-6'1") | 2 3/8 | 2 1/2 | 2 5/8 | 2 5/8 |

2. Lining fabric, 140 cm wide, with a directional print, in meters:

| Height, cm  | Size  |       |       |
|-------------|-------|-------|-------|
|             | 34-36 | 38-44 | 46-52 |
| 1 (154-160) | 0.75  | 0.75  | 1     |
| 2 (162-168) | 0.75  | 0.8   | 1.05  |
| 3 (170-176) | 0.75  | 0.85  | 1.05  |
| 4 (178-184) | 0.8   | 0.9   | 1.1   |

Lining fabric, 55" wide, with a directional print, in yards:

| Height, ft     | Size  |       |       |
|----------------|-------|-------|-------|
|                | 34-36 | 38-44 | 46-52 |
| 1 (5'1"-5'3")  | 7/8   | 7/8   | 1 1/8 |
| 2 (5'4"-5'6")  | 7/8   | 7/8   | 1 1/8 |
| 3 (5'7"-5'9")  | 7/8   | 7/8   | 1 1/8 |
| 4 (5'10"-6'1") | 7/8   | 1     | 1 1/4 |

***IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.*

- 3. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 0.6 m (5/8 yd)
- 4. Stitched bias-cut fusible stay tape with stitch reinforcement, 1 cm (3/8") wide — 2.5 m (2 3/4 yd)
- 5. One invisible zipper, 55 cm (21 5/8") long, for all sizes in all heights
- 6. Elastic, 1.5 cm (5/8") wide — 75 cm (29 1/2"), depending on the size. The exact elastic length is specified on the pattern
- 7. Cotton lace trim, 4.5–5 cm (1 3/4–2") wide, for all heights:

| Size   | 34    | 36    | 38    | 40    | 42    | 44  | 46    | 48    | 50    | 52    |
|--------|-------|-------|-------|-------|-------|-----|-------|-------|-------|-------|
| meters | 3.88  | 4.05  | 4.17  | 4.3   | 4.45  | 4.6 | 4.75  | 4.9   | 5.05  | 5.2   |
| yards  | 4 1/4 | 4 3/8 | 4 1/2 | 4 3/4 | 4 7/8 | 5   | 5 1/4 | 5 3/8 | 5 1/2 | 5 5/8 |

- 8. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)

# TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- invisible zipper foot for the sewing machine
- one-sided foot for the sewing machine to attach the lining
- elastic threader (may be replaced with a safety pin)

# PATTERN PIECES LIST

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## 1. From main fabric:

- center cup — cut 1 on fold
- side cup — cut 2
- center front bodice — cut 1 on fold
- side front bodice — cut 2
- center back bodice — cut 2
- side back bodice — cut 2
- front neck facing — cut 1 on fold
- back neck facing — cut 2
- sleeve — cut 2
- front skirt yoke — cut 1 on fold
- back skirt yoke — cut 2
- front skirt — cut 1 on fold
- back skirt — cut 2

## 2. From additional fabric (lace trim):

- front bodice ruffle template — cut 1 on fold
- front skirt yoke ruffle template — cut 1 on fold
- back skirt yoke ruffle template — cut 2
- sleeve ruffle template — cut 2

## 3. From lining fabric:

- center front bodice lining — cut 1 on fold
- side front bodice lining — cut 2
- side back bodice lining — cut 2
- center back bodice lining — cut 2
- front skirt lining — cut 1 on fold
- back skirt lining — cut 2

**IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.

## 4. From interfacing:

- front neck facing — cut 1 on fold
- back neck facing — cut 2

**Additionally, cut the following pieces from interfacing:**

- two 1.5 cm (5/8") wide strips to interface the zipper seam allowances on the back pieces (length according to the pattern). This may be replaced with 1.5 cm (5/8") wide straight-grain fusible stay tape.

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

# SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

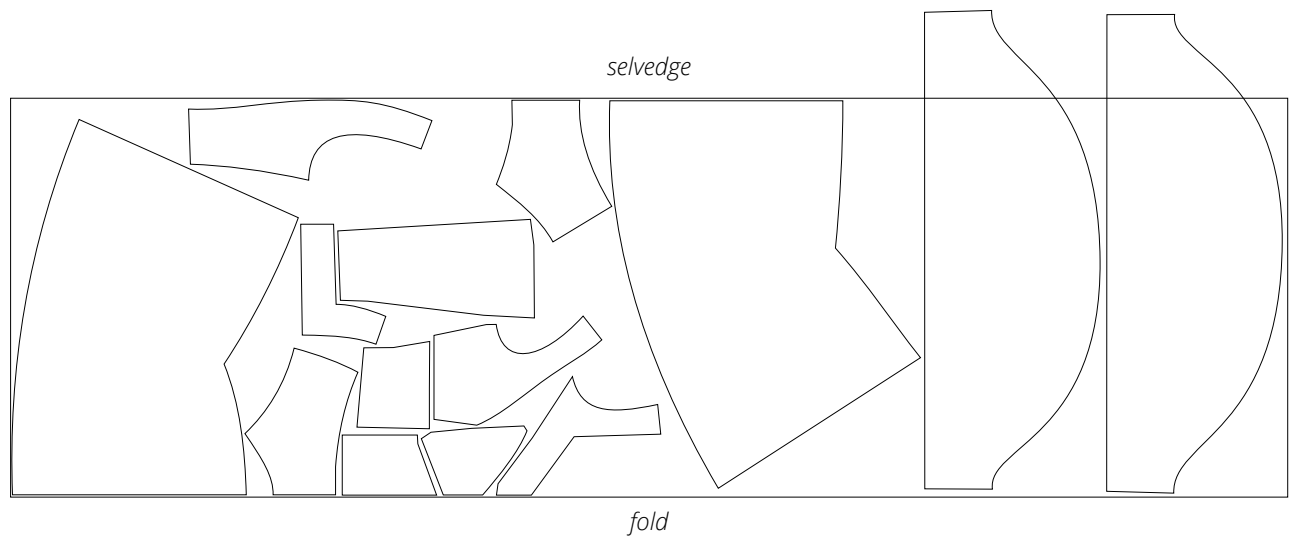
- center seam allowance on the center back bodice — 1.5 cm (5/8")
- center seam allowance on the back skirt yoke — 1.5 cm (5/8")
- center seam allowance on the back skirt — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.

# CUTTING LAYOUT

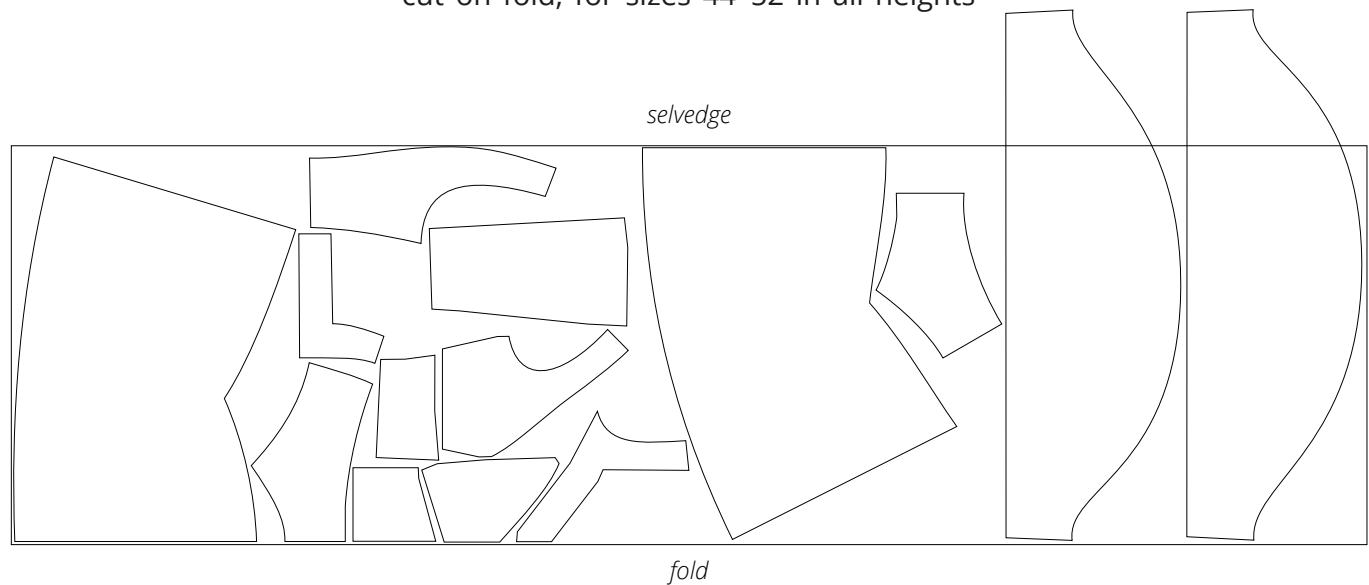
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Main fabric, 140 cm (55") wide, with a directional print/nap,  
cut on fold, for sizes 34–42 in all heights



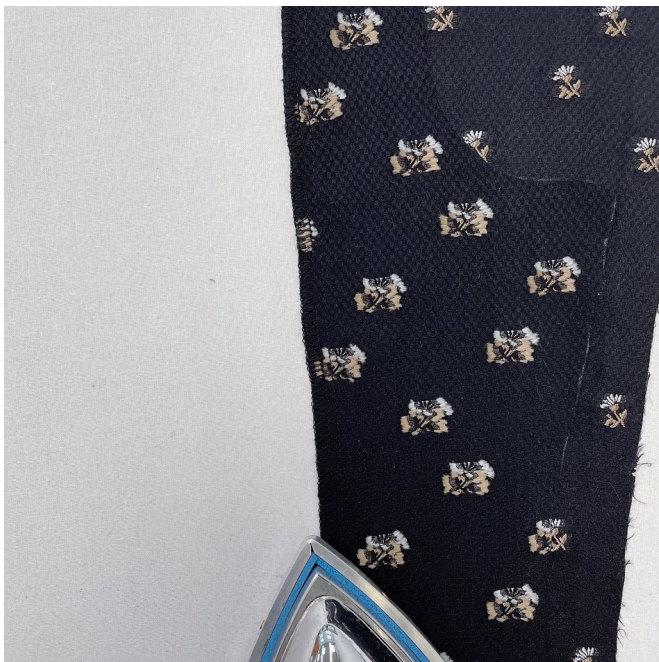
**Attention!** Cut the sleeve pieces on a single layer out of the leftover fabric.

Main fabric, 140 cm (55") wide, with a directional print/nap,  
cut on fold, for sizes 44–52 in all heights



**Attention!** Cut the sleeve pieces on a single layer out of the leftover fabric.





Overlock the seam allowances, with the side back bodice piece facing up.

Press the seams flat. Press the seam allowances towards the center back bodice.



Sew two parallel rows of gathering stitches along the top edge of the front bodice ruffle, at 5 mm (just under 1/4") and 9 mm (just under 3/8") from the edge. Use a 4 mm stitch length. Leave long thread tails at the ends of the seams.



Pull on the two lower (bobbin) threads simultaneously to gather the edge to the length of the bottom edge of the assembled cup piece. Distribute the gathers evenly.

Place the front bodice ruffle right sides together with the assembled cup piece. Align the edges, match the notches, and pin.