

FROM THE FOUNDER OF THE #VIKISEWS BRAND

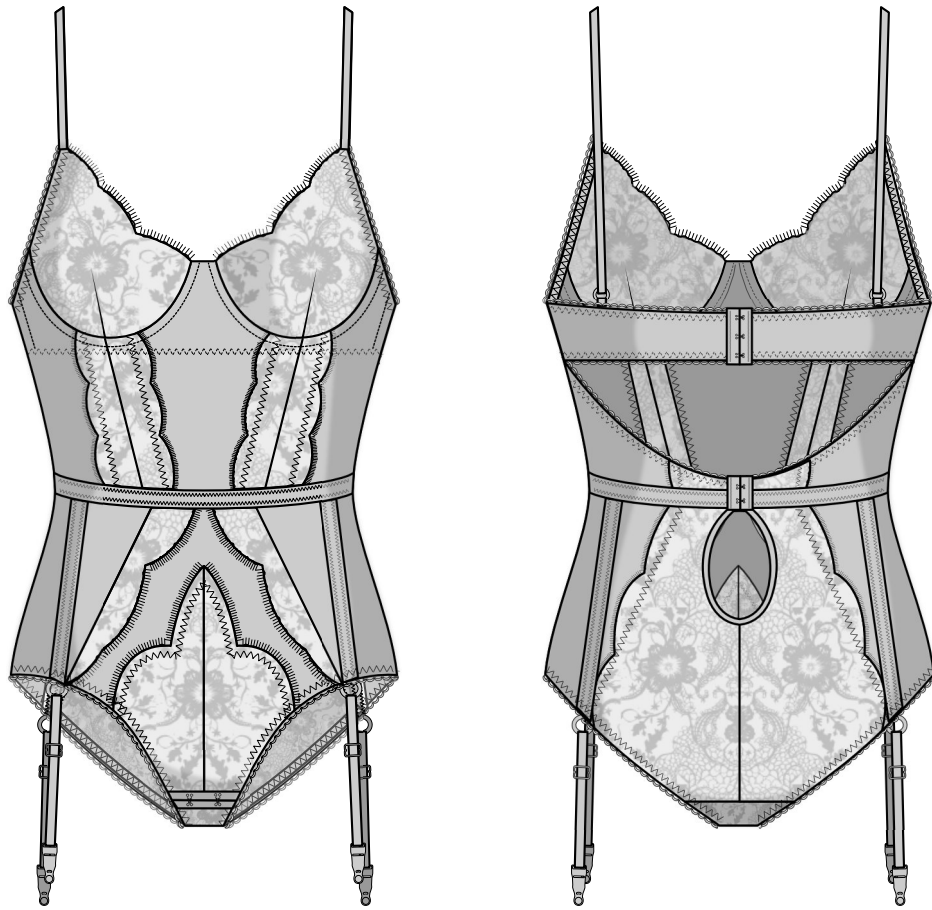


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



OTTAVIA PATTERN DESCRIPTION

Ottavia is a close-fitting bodysuit with a waist seam and short plunge (type 18) underwires. The bust cups are scalloped along the top edge and feature vertical seams. The band features side seams and side boning. The front of the band is lined with corset mesh. The edges of the bodysuit are finished with fold-over elastic and picot-edge band elastic. The adjustable straps are made of bra strap elastic. The leg opening edges feature adjustable garter straps with clips. The gusset is lined with cotton jersey. The bodysuit has a hook and eye closure at the back of the band, waist, and gusset.



IMPORTANT!

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SUGGESTED FABRIC

To sew this bodysuit, choose knit and lace fabrics with the following properties:

- soft, stretchy (1.2–1.5 stretch factor), medium weight
- the following fabrics are recommended: stretch mesh, microfiber jersey
- the following fabrics are recommended (the fabric should have a scalloped edge): lace, allover lace fabrics, embroidered mesh, guipure lace

For the band lining, we recommend using corset mesh.

For the gusset lining, we recommend using cotton jersey.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section and stretch the fabric. Divide the measurement you get by 10.

The bodysuit in the photo is made of soft stretch mesh and stretch lace. The fiber content of the stretch mesh is 93% polyamide and 7% elastane. The fabric weight is 80 g/m². The fiber content of the stretch lace is 95% nylon and 5% spandex. The fabric weight is 90 g/m².

The band lining is made of non-stretch corset mesh. The fiber content is 100% polyamide. The fabric weight is 45 g/m².

The gusset lining is made of cotton jersey. The fabric is soft, medium weight, and stretchy. The fiber content is 100% cotton. The fabric weight is 180 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1.1. Main fabric (stretch mesh), 160 cm wide, with a directional print/nap, in meters:

EU band size/ Height, cm	Cup size			
	A	B	C	D
65/1-2 (154-168)	0.3	0.3	0.3	0.3
65/3-4 (170-184)	0.3	0.3	0.3	0.3
70/1-2 (154-168)	0.3	0.3	0.3	0.35
70/3-4 (170-184)	0.3	0.3	0.3	0.35
75/1-2 (154-168)	0.3	0.3	0.3	0.35
75/3-4 (170-184)	0.3	0.3	0.35	0.35
80/1-2 (154-168)	0.3	0.3	0.35	0.35
80/3-4 (170-184)	0.35	0.35	0.35	0.35
85/1-2 (154-168)		0.35	0.35	0.35
85/3-4 (170-184)		0.35	0.35	0.35
90/1-2 (154-168)		0.35	0.35	0.35
90/3-4 (170-184)		0.4	0.4	0.4
95/1-2 (154-168)		0.35	0.35	0.35
95/3-4 (170-184)		0.4	0.4	0.4
100/1-2 (154-168)		0.4	0.4	0.4
100/3-4 (170-184)		0.4	0.4	0.4

Main fabric (stretch mesh), 63" wide, with a directional print/nap, in yards:

UK/US band size/ Height, ft	Cup size			
	A	B	C	D
30/1-2 (5'1"-5'6")	3/8	3/8	3/8	3/8
30/3-4 (5'7"-6'1")	3/8	3/8	3/8	3/8
32/1-2 (5'1"-5'6")	3/8	3/8	3/8	3/8
32/3-4 (5'7"-6'1")	3/8	3/8	3/8	3/8
34/1-2 (5'1"-5'6")	3/8	3/8	3/8	3/8
34/3-4 (5'7"-6'1")	3/8	3/8	3/8	3/8
36/1-2 (5'1"-5'6")	3/8	3/8	3/8	3/8
36/3-4 (5'7"-6'1")	3/8	3/8	3/8	3/8
38/1-2 (5'1"-5'6")		3/8	3/8	3/8
38/3-4 (5'7"-6'1")		3/8	3/8	3/8
40/1-2 (5'1"-5'6")		3/8	3/8	3/8
40/3-4 (5'7"-6'1")		3/8	3/8	3/8
42/1-2 (5'1"-5'6")		3/8	3/8	3/8
42/3-4 (5'7"-6'1")		3/8	3/8	3/8
44/1-2 (5'1"-5'6")		3/8	3/8	3/8
44/3-4 (5'7"-6'1")		3/8	3/8	3/8

1.2. Main fabric (lace), 30 cm wide, not accounting for pattern repeat, in meters:

EU band size/ Height, cm	Cup size			
	A	B	C	D
65/1-2 (154-168)	1.15	1.2	1.2	1.2
65/3-4 (170-184)	1.25	1.3	1.3	1.3
70/1-2 (154-168)	1.2	1.2	1.2	1.2
70/3-4 (170-184)	1.3	1.3	1.3	1.3
75/1-2 (154-168)	1.2	1.2	1.25	1.25
75/3-4 (170-184)	1.3	1.3	1.3	1.35
80/1-2 (154-168)	1.25	1.25	1.25	1.25
80/3-4 (170-184)	1.3	1.3	1.35	1.35
85/1-2 (154-168)		1.25	1.25	1.25
85/3-4 (170-184)		1.35	1.35	1.35
90/1-2 (154-168)		1.25	1.25	1.25
90/3-4 (170-184)		1.35	1.35	1.35
95/1-2 (154-168)		1.3	1.3	1.3
95/3-4 (170-184)		1.35	1.35	1.4
100/1-2 (154-168)		1.3	1.3	1.35
100/3-4 (170-184)		1.4	1.4	1.4

Main fabric (lace), 12" wide, not accounting for pattern repeat, in yards:

UK/US band size/ Height, ft	Cup size			
	A	B	C	D
30/1-2 (5'1"-5'6")	1 1/4	1 1/4	1 1/4	1 1/4
30/3-4 (5'7"-6'1")	1 3/8	1 3/8	1 3/8	1 3/8
32/1-2 (5'1"-5'6")	1 1/4	1 1/4	1 1/4	1 1/4
32/3-4 (5'7"-6'1")	1 3/8	1 3/8	1 3/8	1 3/8
34/1-2 (5'1"-5'6")	1 1/4	1 1/4	1 3/8	1 3/8
34/3-4 (5'7"-6'1")	1 3/8	1 3/8	1 3/8	1 1/2
36/1-2 (5'1"-5'6")	1 3/8	1 3/8	1 3/8	1 3/8
36/3-4 (5'7"-6'1")	1 3/8	1 3/8	1 1/2	1 1/2
38/1-2 (5'1"-5'6")		1 3/8	1 3/8	1 3/8
38/3-4 (5'7"-6'1")		1 1/2	1 1/2	1 1/2
40/1-2 (5'1"-5'6")		1 3/8	1 3/8	1 3/8
40/3-4 (5'7"-6'1")		1 1/2	1 1/2	1 1/2
42/1-2 (5'1"-5'6")		1 3/8	1 3/8	1 3/8
42/3-4 (5'7"-6'1")		1 1/2	1 1/2	1 1/2
44/1-2 (5'1"-5'6")		1 3/8	1 3/8	1 1/2
44/3-4 (5'7"-6'1")		1 1/2	1 1/2	1 1/2

2. Corset mesh, 150 cm wide, cut in one direction, in meters:

EU band size	Cup size			
	A	B	C	D
65	0.1	0.1	0.1	0.15
70	0.1	0.1	0.15	0.15
75	0.1	0.15	0.15	0.15
80	0.15	0.15	0.15	0.15
85		0.15	0.15	0.15
90		0.15	0.15	0.15
95		0.15	0.15	0.15
100		0.15	0.15	0.15

Corset mesh, 59" wide, cut in one direction, in yards:

UK/US band size	Cup size			
	A	B	C	D
30	1/8	1/8	1/8	1/8
32	1/8	1/8	1/8	1/8
34	1/8	1/8	1/8	1/8
36	1/8	1/8	1/8	1/8
38		1/8	1/8	1/8
40		1/8	1/8	1/8
42		1/8	1/8	1/8
44		1/8	1/8	1/8

3. Additional fabric (cotton jersey),
180 cm wide, for all heights, in meters:

EU size	
65-80 A-D	85-100 B-D
0.15	0.15

Additional fabric (cotton jersey), 71" wide,
for all heights, in yards:

UK/US size	
30-36 A-D	38-44 B-D
1/8	1/8

4. Picot-edge band elastic, 1 cm wide, in meters*:

EU band size/ Height, cm	Cup size			
	A	B	C	D
65/1-2 (154-168)	2.1	2.1	2.1	2.1
65/3-4 (170-184)	2.1	2.15	2.15	2.15
70/1-2 (154-168)	2.25	2.25	2.25	2.3
70/3-4 (170-184)	2.3	2.3	2.3	2.3
75/1-2 (154-168)	2.4	2.4	2.4	2.45
75/3-4 (170-184)	2.45	2.45	2.45	2.45
80/1-2 (154-168)	2.55	2.55	2.55	2.6
80/3-4 (170-184)	2.6	2.6	2.6	2.6
85/1-2 (154-168)		2.7	2.75	2.75
85/3-4 (170-184)		2.75	2.75	2.8
90/1-2 (154-168)		2.85	2.9	2.9
90/3-4 (170-184)		2.9	2.95	2.95
95/1-2 (154-168)		3	3.5	3.5
95/3-4 (170-184)		3.1	3.1	3.1
100/1-2 (154-168)		3.2	3.2	3.2
100/3-4 (170-184)		3.2	3.2	3.25

Picot-edge band elastic, 3/8" wide, in yards*:

UK/US band size/ Height, ft	Cup size			
	A	B	C	D
30/1-2 (5'1"-5'6")	2 1/4	2 1/4	2 1/4	2 1/4
30/3-4 (5'7"-6'1")	2 1/4	2 3/8	2 3/8	2 3/8
32/1-2 (5'1"-5'6")	2 1/2	2 1/2	2 1/2	2 1/2
32/3-4 (5'7"-6'1")	2 1/2	2 1/2	2 1/2	2 1/2
34/1-2 (5'1"-5'6")	2 5/8	2 5/8	2 5/8	2 5/8
34/3-4 (5'7"-6'1")	2 5/8	2 5/8	2 5/8	2 5/8
36/1-2 (5'1"-5'6")	2 3/4	2 3/4	2 3/4	2 7/8
36/3-4 (5'7"-6'1")	2 7/8	2 7/8	2 7/8	2 7/8
38/1-2 (5'1"-5'6")		3	3	3
38/3-4 (5'7"-6'1")		3	3	3
40/1-2 (5'1"-5'6")		3 1/8	3 1/8	3 1/8
40/3-4 (5'7"-6'1")		3 1/8	3 1/4	3 1/4
42/1-2 (5'1"-5'6")		3 1/4	3 7/8	3 7/8
42/3-4 (5'7"-6'1")		3 3/8	3 3/8	3 3/8
44/1-2 (5'1"-5'6")		3 1/2	3 1/2	3 1/2
44/3-4 (5'7"-6'1")		3 1/2	3 1/2	3 1/2

*The exact length is indicated on the pattern.

5. Fold-over elastic, 1.5 cm wide, in meters*:

EU band size/ Height, cm	Cup size			
	A	B	C	D
65/1-2 (154-168)	1.25	1.25	1.3	1.3
65/3-4 (170-184)	1.3	1.3	1.35	1.35
70/1-2 (154-168)	1.3	1.35	1.35	1.35
70/3-4 (170-184)	1.35	1.4	1.45	1.4
75/1-2 (154-168)	1.35	1.4	1.4	1.45
75/3-4 (170-184)	1.4	1.45	1.55	1.5
80/1-2 (154-168)	1.4	1.45	1.45	1.5
80/3-4 (170-184)	1.5	1.5	1.55	1.55
85/1-2 (154-168)		1.5	1.55	1.55
85/3-4 (170-184)		1.6	1.6	1.6
90/1-2 (154-168)		1.6	1.6	1.6
90/3-4 (170-184)		1.65	1.65	1.7
95/1-2 (154-168)		1.65	1.65	1.7
95/3-4 (170-184)		1.7	1.75	1.75
100/1-2 (154-168)		1.7	1.75	1.75
100/3-4 (170-184)		1.75	1.8	1.8

*The exact length is indicated on the pattern.

Fold-over elastic, 5/8" wide, in yards*:

UK/US band size/ Height, ft	Cup size			
	A	B	C	D
30/1-2 (5'1"-5'6")	1 3/8	1 3/8	1 3/8	1 3/8
30/3-4 (5'7"-6'1")	1 3/8	1 3/8	1 1/2	1 1/2
32/1-2 (5'1"-5'6")	1 3/8	1 1/2	1 1/2	1 1/2
32/3-4 (5'7"-6'1")	1 1/2	1 1/2	1 5/8	1 1/2
34/1-2 (5'1"-5'6")	1 1/2	1 1/2	1 1/2	1 5/8
34/3-4 (5'7"-6'1")	1 1/2	1 5/8	1 5/8	1 5/8
36/1-2 (5'1"-5'6")	1 1/2	1 5/8	1 5/8	1 5/8
36/3-4 (5'7"-6'1")	1 5/8	1 5/8	1 3/4	1 3/4
38/1-2 (5'1"-5'6")		1 5/8	1 3/4	1 3/4
38/3-4 (5'7"-6'1")		1 3/4	1 3/4	1 3/4
40/1-2 (5'1"-5'6")		1 3/4	1 3/4	1 3/4
40/3-4 (5'7"-6'1")		1 3/4	1 3/4	1 7/8
42/1-2 (5'1"-5'6")		1 3/4	1 3/4	1 7/8
42/3-4 (5'7"-6'1")		1 7/8	1 7/8	1 7/8
44/1-2 (5'1"-5'6")		1 7/8	1 7/8	1 7/8
44/3-4 (5'7"-6'1")		1 7/8	2	2

6. Underwire channeling tape, 1 cm wide, for all heights, in centimeters*:

EU band size	Cup size			
	A	B	C	D
65	55	55	60	65
70	55	60	65	70
75	60	65	65	70
80	60	65	70	75
85		70	70	75
90		70	75	80
95		75	80	80
100		80	80	85

*The exact length is indicated on the pattern.

Underwire channeling tape, 3/8" wide, for all heights, in inches*:

UK/US band size	Cup size			
	A	B	C	D
30	21 5/8	21 5/8	23 5/8	25 5/8
32	21 5/8	23 5/8	25 5/8	27 1/2
34	23 5/8	25 5/8	25 5/8	27 1/2
36	23 5/8	25 5/8	27 1/2	29 1/2
38		27 1/2	27 1/2	29 1/2
40		27 1/2	29 1/2	31 1/2
42		29 1/2	31 1/2	31 1/2
44		31 1/2	31 1/2	33 1/2

IMPORTANT! When purchasing fabric and elastic, please account for shrinkage and buy 5% more than required.

7. Synthetic whalebone, 4 mm wide, for all heights, in centimeters*:

EU band size	Cup size			
	A	B	C	D
65	12	13	14	15
70	12	13	14	16
75	13	13	15	16
80	13	14	15	16
85		14	16	16
90		15	16	16
95		15	17	17
100		16	17	17

Synthetic whalebone, 1/8" wide, for all heights, in inches*:

UK/US band size	Cup size			
	A	B	C	D
30	4 3/4	5 1/8	5 1/2	5 7/8
32	4 3/4	5 1/8	5 1/2	6 1/4
34	5 1/8	5 1/8	5 7/8	6 1/4
36	5 1/8	5 1/2	5 7/8	6 1/4
38		5 1/2	6 1/4	6 1/4
40		5 7/8	6 1/4	6 1/4
42		5 7/8	6 3/4	6 3/4
44		6 1/4	6 3/4	6 3/4

*The exact length is indicated on the pattern.

- Six strap slide adjusters, 1 cm (3/8") wide
- Six strap rings, 1 cm (3/8") in diameter
- Four garter clips, 1 cm (3/8") wide
- Strap elastic, 1 cm (3/8") wide — 2.2 m (2 3/8 yd)
- One pair of bra underwires (in the size indicated on the pattern)
- One bra hook-and-eye closure, 2.8 cm (1 1/8") wide
- Two bra hook-and-eye closures, 4.8 cm (1 7/8") wide
- Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- one-sided foot for the sewing machine
- large-eye needle or latch hook
- tailor's corset ham or bust ham

IMPORTANT! We recommend using specialty needles when working with knit fabrics and elastic (for example, *STRETCH*, *SUPER STRETCH*, *JERSEY*, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

PATTERN PIECES LIST

1. From main fabric (stretch mesh):

- 1 top front — cut 1
- 4 top front — cut 2
- 6 bottom front — cut 1
- 8 bottom front — cut 2
- 5 back band — cut 2
- 2 top back — cut 2
- 4 bottom back — cut 2
- 6 gusset — cut 1

2. From main fabric (lace):

- cup — cut 2
- 2 top front — cut 2
- 3 top front — cut 2
- 7 bottom front — cut 2
- 5 bottom front — cut 2
- 1 top back — cut 2
- 3 bottom back — cut 2

3. From corset mesh:

- front band lining — cut 1

4. From cotton jersey:

- gusset lining — cut 1

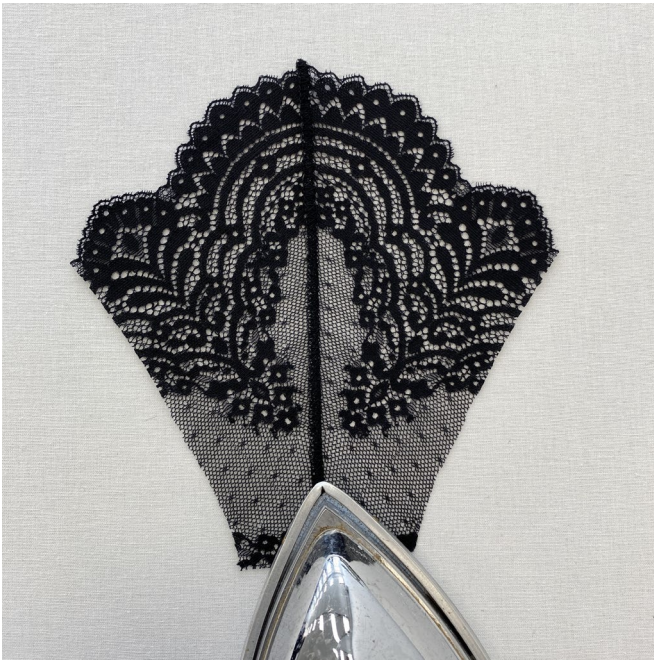
IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- closure seam allowance — 0.5 cm (just under 1/4")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.



Press the seam allowances to either side.



Working on the right side, chalk-mark the seam line along the bottom edge on the 6 bottom front piece. Clip into the seam allowance of the 6 bottom front piece at the center corner, stopping 1 mm away from the marked line.



Place the 6 bottom front piece wrong sides together with the assembled 5 bottom front piece as shown in the photo. Align the edges and pin.

The marked seam line on the 6 bottom front piece should be 1 mm below the dips on the scalloped edge of the 5 bottom front piece.