

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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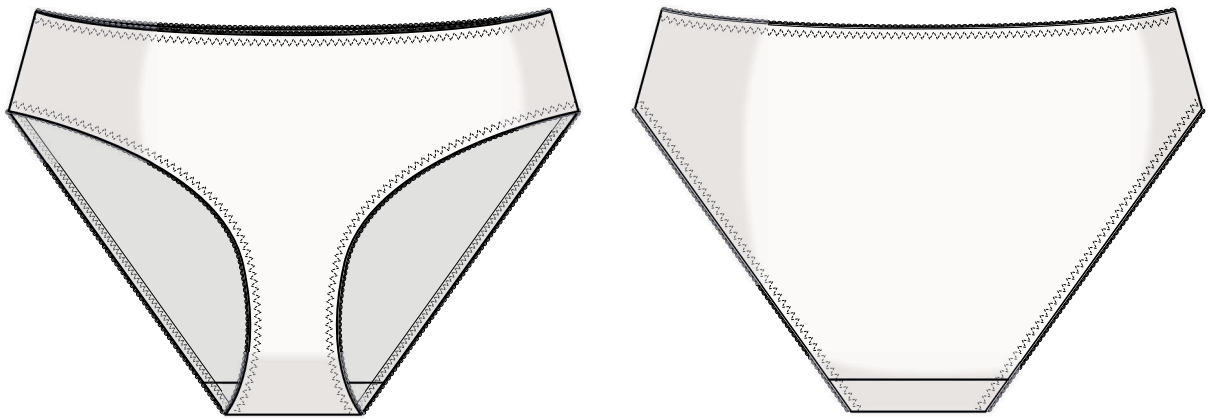


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## AVA PATTERN DESCRIPTION

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Ava is a pair of low-rise briefs with side seams. The gusset is lined with cotton jersey. All edges of the briefs are finished with picot-edge lingerie elastic.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# SUGGESTED FABRIC

To sew these briefs, choose knit fabrics with the following properties:

- soft, stretchy (1.2–1.5 stretch factor), medium-weight.

The following fabrics are recommended: microfiber, jersey knits, stretch mesh.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The briefs in the photo are made of jersey. The fabric is medium weight, soft, and stretchy. The fiber content is 92% cotton and 8% spandex. The fabric weight is 180 g/m<sup>2</sup>.  
The additional material is 100% cotton. The fabric weight is 120 g/m<sup>2</sup>.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size				
	34	36	38–44	46–48	50–52
1 (154–160) – 2 (162–168)	0.3	0.3	0.35	0.35	0.4
3 (170–176)– 4 (178–184)	0.3	0.35	0.35	0.4	0.4

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size		
	34–44	46–48	50–52
1 (5'1"–5'3") – 2 (5'4"–5'6")	3/8	3/8	1/2
3 (5'7"–5'9") – 4 (5'10"–6'1")	3/8	1/2	1/2

2. Additional fabric, 140 cm wide, with a directional print/nap, for all heights, in meters:

Size	
34-42	44-52
0.15	0.2

Additional fabric, 55" wide, with a directional print/nap, for all heights, in yards:

Size	
34-42	44-52
1/8	1/4

3. Picot-edge lingerie elastic, 7 mm wide, in centimeters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154-160) – 2 (162-168)	160	167.5	174.5	182	189	196	203.5	211	218	225
3 (170-176) – 4 (178-184)	161.5	168.5	176	183	190	197.5	204.5	212	219	226.5

Picot-edge lingerie elastic, 1/4" wide, in inches:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"-5'3") – 2 (5'4"-5'6")	63	66	68 3/4	71 5/8	74 3/8	77 1/8	80 1/8	83 1/8	85 7/8	88 5/8
3 (5'7"-5'9") – 4 (5'10"-6'1")	63 5/8	66 3/8	69 1/4	72	74 3/4	77 3/4	80 1/2	83 1/2	86 1/4	89 1/8

**IMPORTANT!** When purchasing fabric and elastic, please account for shrinkage and buy 5% more than required.

4. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

# TOOLS AND EQUIPMENT

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- sewing machine for construction
- overlocker for construction and finishing raw edges. It can be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics and elastic (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.*

## PATTERN PIECES LIST

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### 1. From main fabric:

- front — cut 1 on fold
- back — cut 1 on fold

### 2. From additional fabric:

- gusset — cut 1

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

## SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

- all edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.





Place the gusset right side down onto the wrong side of the back piece, align the bottom edges.

Place the front and back pieces right sides together, align the bottom edges. Match the notches and pin.



Stitch on the overlocker, with the front piece facing up. Press the seam flat.

Use a 4-thread overlocker for this step. You can replace the overlocker with a stretch or zigzag stitch on your sewing machine.

**Important!** All pattern pieces include 1 cm (3/8") seam allowances. The overlocker stitch width is narrower than the seam allowance. You can either trim the seam allowances beforehand or let the overlocker cut off the extra fabric while stitching.



Fold the gusset towards the front piece and press it along the seam.