

FROM THE FOUNDER OF THE #VIKISEWS BRAND

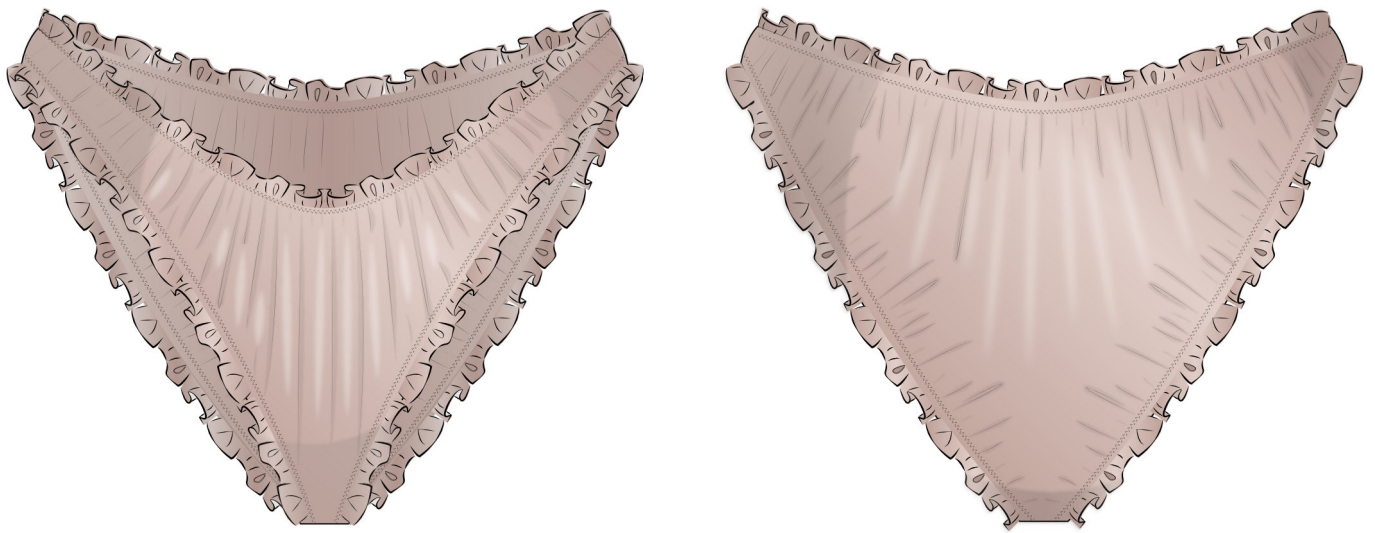


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



NIAMH PATTERN DESCRIPTION

Niamh is a pair of V-shaped, mid-waisted briefs. All edges of the briefs are finished with a rolled hem seam and trimmed with elastic attached 1.5 cm (5/8") away from the edge.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

SUGGESTED FABRIC

To sew these briefs, choose medium-weight, non-stretch or low-stretch fabrics made of natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: satin, natural or artificial silk.

Attention! We do not recommend stretchy knit fabrics.

As an additional material for the gusset, choose medium-weight and medium-stretch knits. We recommend using fabrics made of 100% natural fibers, such as jersey.

The briefs in the photo are made of artificial silk. The fabric is medium weight and has very little stretch. The fiber content is 97% polyester and 3% spandex. The fabric weight is 144 g/m².

The additional material is 100% cotton. The fabric weight is 120 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size			
	XS-S	M	L	XL
1 (154-160)	0.45	0.5	0.55	0.7
2 (162-168)				
3 (170-176)	0.45	0.5	0.6	0.75
4 (178-184)				

2. Additional fabric (jersey), 110-140 cm (43-55") wide, for all heights:

Size	XS	S-L	XL
meters	0.15	0.2	0.25
yards	1/8	1/4	1/4

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size		
	XS-M	L	XL
1 (5'1"-5'3")	1/2	5/8	3/4
2 (5'4"-5'6")			
3 (5'7"-5'9")	1/2	5/8	7/8
4 (5'10"-6'1")			

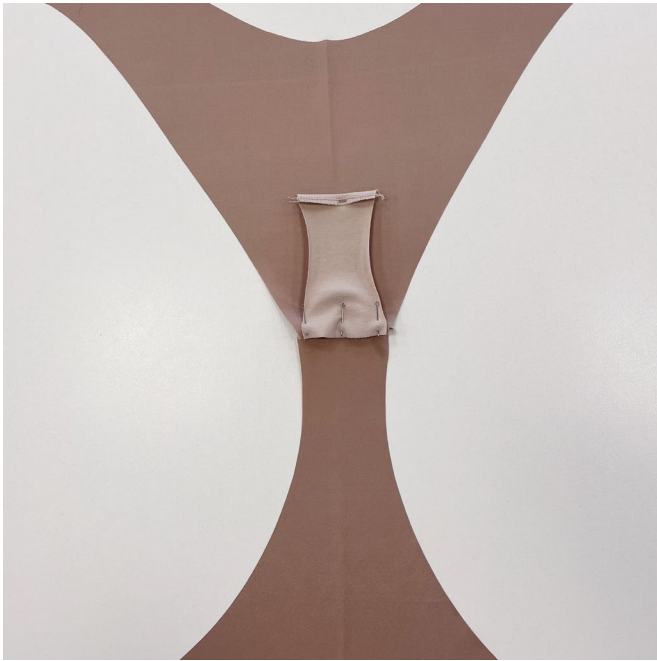
3. Elastic, 0.7-1 cm (1/4-3/8") wide, for all heights:

Size	XS	S	M	L	XL
meters	1.9	2	2.2	2.3	2.4
yards	2 1/8	2 1/8	2 3/8	2 1/2	2 5/8

The exact elastic length is specified in the pattern and the leg opening elastic template.

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)



Place the gusset piece right side down to the wrong side of the back piece, align the back edge of the gusset with the bottom edge of the back piece.

Place the front and back pieces right sides together and align the bottom edges. Match the notches and pin.



Machine-stitch, backstitching at the beginning and end of the seam.

Press the seam flat.



Trim the seam allowances down to 5 mm (just under 1/4").