

FROM THE FOUNDER OF THE #VIKISEWS BRAND

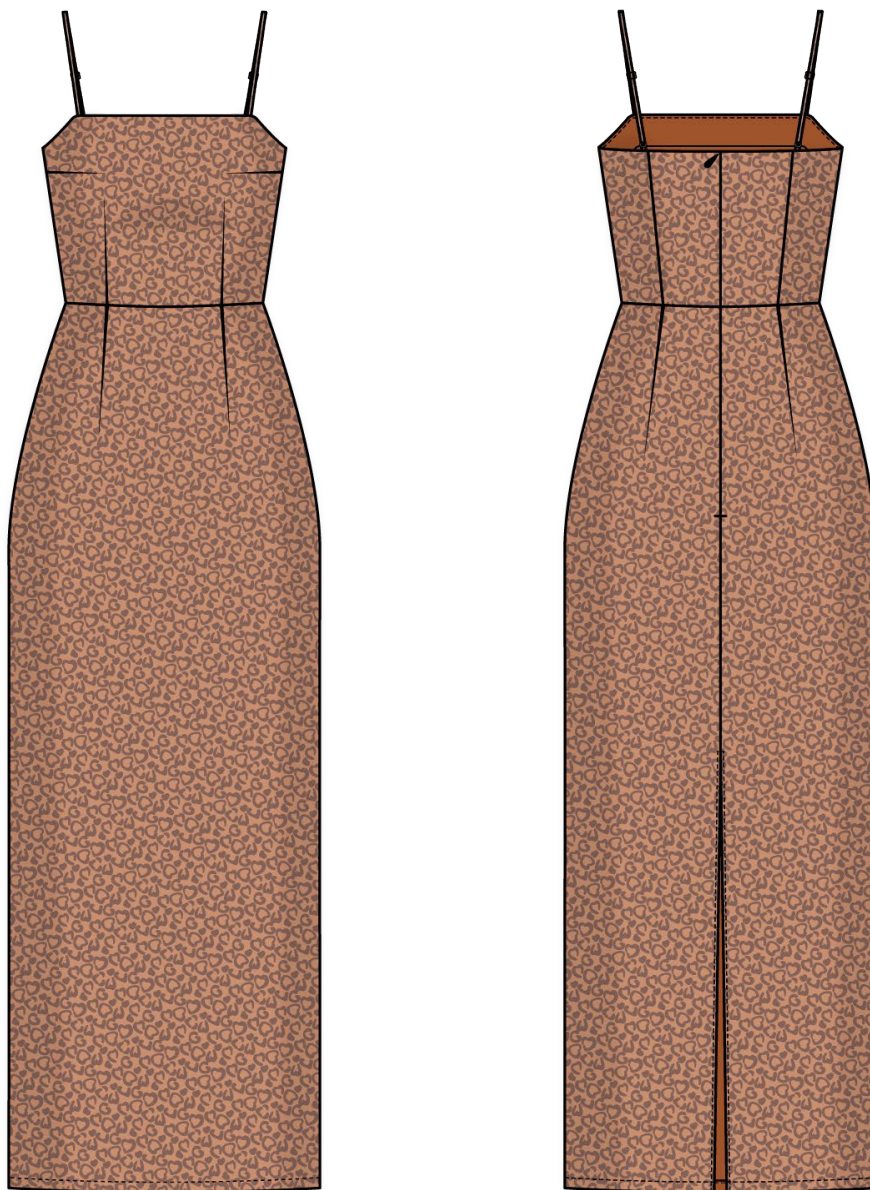


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



ASYA PATTERN DESCRIPTION

Asya is a close-fitting dress with an accentuated waist. The dress features a waist seam and adjustable straps. The bodice and skirt are fitted with bust and waist darts. There is an invisible zipper and a slit in the center back seam. Asya is midi length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease
cm	5.8–6.1	8.2–9.2	5–6
inches	2 1/4–2 3/8	3 1/4–3 5/8	2–2 3/8

GARMENT LENGTH

Height, cm	Back length from waist down, cm	Height, ft	Back length from waist down, in
1 (154–160)	91	1 (5'1"–5'3")	35 7/8
2 (162–168)	95	2 (5'4"–5'6")	37 3/8
3 (170–176)	99	3 (5'7"–5'9")	39
4 (178–184)	103	4 (5'10"–6'1")	40 1/2

SUGGESTED FABRIC

To sew this dress, choose fabrics with the following properties: medium weight, soft, non-stretch or low-stretch. The fiber content can include natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: silk, viscose, challis, sateen, poplin, dress-weight denim.

Attention! We do not recommend stretchy knit fabrics.

The dress in the photo is made of artificial silk. The fabric is soft, thin, non-structured, a bit sheer, and has no stretch.

The fiber content is 100% polyester. The fabric weight is 150 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size			
	34–36	38–40	42–48	50–52
1 (154–160)	1.3	1.35	1.35	1.6
2 (162–168)	1.35	1.4	1.4	1.65
3 (170–176)	1.4	1.45	1.45	1.65
4 (178–184)	1.45	1.45	1.5	1.7

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size		
	34–36	38–48	50–52
1 (5'1"–5'3")	1 3/8	1 1/2	1 3/4
2 (5'4"–5'6")	1 1/2	1 1/2	1 3/4
3 (5'7"–5'9")	1 1/2	1 5/8	1 3/4
4 (5'10"–6'1")	1 5/8	1 5/8	1 7/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Lightweight interfacing, knit or woven, 140 cm (55") wide, for all sizes in all heights — 0.65 m (3/4 yd)
3. Stitched straight-grain fusible stay tape, 1 cm (3/8") wide — 1.2 m (1 1/4 yd)
4. One invisible zipper, 50 cm (19 5/8") long, for all sizes in all heights
5. One set of accessories for straps: 2 sliders and 2 rings
6. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- invisible zipper foot for the sewing machine
- one-sided foot for the sewing machine
- loop turner

PATTERN PIECES LIST

1. From main fabric:

- front bodice — cut 1 on fold
- center back bodice — cut 2
- side back bodice — cut 2
- front facing — cut 1 on fold
- back facing — cut 2
- strap — cut 2
- front skirt — cut 1 on fold
- back skirt — cut 2

Additionally, cut the following pieces from the main fabric:

- a square piece with 4 cm (1 5/8") sides to reinforce the top of the slit
- a rectangular piece, 5×3 cm (2"×1 1/8"), to cover the invisible zipper end

2. From interfacing:

- front facing — cut 1 on fold
- back facing — cut 2

Additionally, cut the following pieces from interfacing:

- two strips, 1.5 cm (5/8") wide (length according to the pattern), to interface the slit section of the center back seam allowances
- four strips, 1.5 cm (5/8") wide (length according to the pattern), to interface the zipper section of the center back seam allowances

The interfacing strips should be cut on the straight grain (parallel to the selvedge).

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 2 cm (3/4")
- center back seam allowances — 1.5 cm (5/8")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric



Press the seam allowances towards the center back bodice piece.



Place the front and back bodice pieces right sides together. Align the side edges, match the notches and pin. Stitch on the sewing machine, backstitching at the beginning and end of the seam.



Press the seams flat.