

FROM THE FOUNDER OF THE #VIKISEWS BRAND

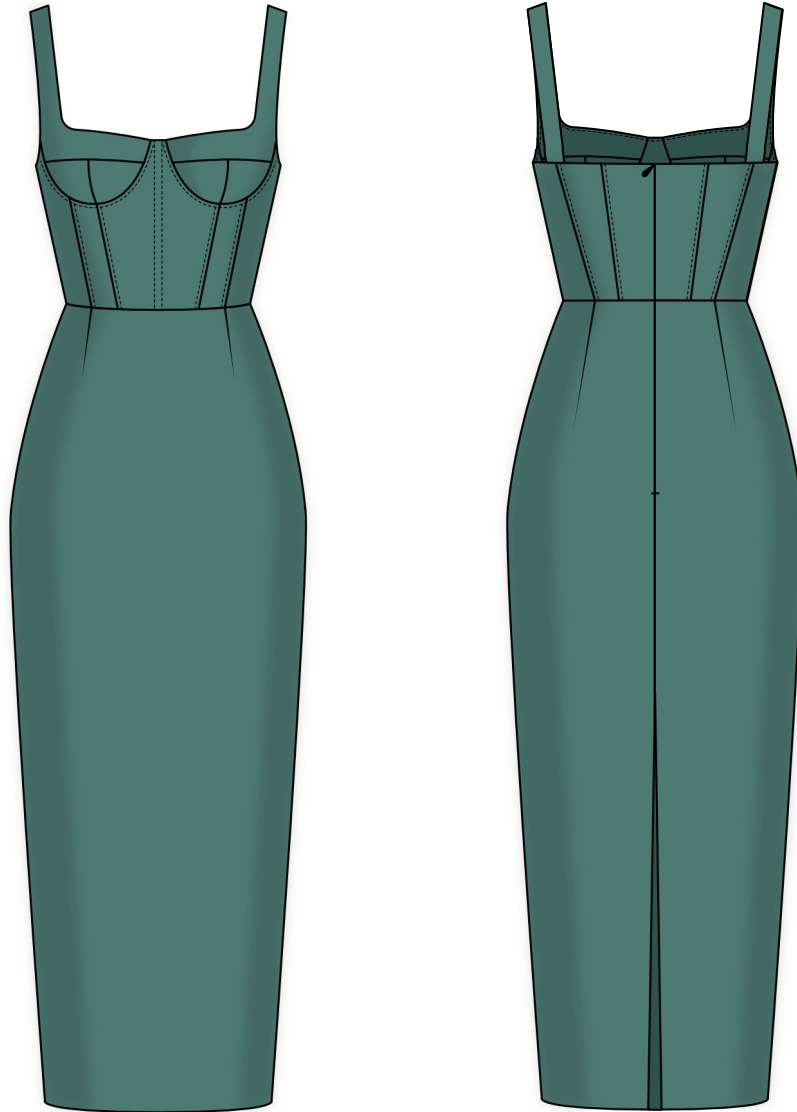


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



GALATEA PATTERN DESCRIPTION

Galatea is a close-fitting corset-style dress with a waist seam and separate bust cups made of bra foam. The silhouette is shaped with front and back princess seams reinforced with rigilene boning. The back features a slit and an invisible zipper in the center seam. Galatea has a free-hanging lining and is above-ankle length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Bust ease (estimated)	Waistline ease	Hipline ease
cm	2.7–3.1	1.4–2.1	1.4–2
inches	1 1/8–1 1/4	1/2–7/8	1/2–3/4

GARMENT LENGTH

Height, cm	Garment length from waist down, cm	Height, ft	Garment length from waist down, in
1 (154–160)	87	1 (5'1"–5'3")	34 1/4
2 (162–168)	90	2 (5'4"–5'6")	35 3/8
3 (170–176)	93	3 (5'7"–5'9")	36 5/8
4 (178–184)	96	4 (5'10"–6'1")	37 3/4

SUGGESTED FABRIC

To sew this dress, choose medium-weight, soft, non-stretch or low-stretch dress-weight or suiting fabrics made of natural, artificial, synthetic fibers, or blends.

The following fabrics are recommended: viscose suiting, dress-weight wool, gabardine, dress-weight denim.

Attention! We do not recommend stretchy knit fabrics and lightweight sheer fabrics (chiffon, organza, stretch lace).

The dress in the photo is made of viscose suiting. The fabric is medium weight, soft, and low-stretch. The fiber content is a blend of 75% polyester and 25% viscose. The fabric weight is 410 g/m².

The fiber content of the lining is a blend of 95% viscose and 5% elastane. The fabric weight is 130 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Sizes 34–40			Sizes 42–48			Sizes 50–52		
	Step 1	Step 2	Total	Step 1	Step 2	Total	Step 1	Step 2	Total
1 (154–160)	0.95	0.45	1.4	1	0.5	1.5	1.05	0.5	1.55
2 (162–168)	1	0.45	1.45	1.05	0.5	1.55	1.05	0.5	1.55
3 (170–176)	1	0.5	1.5	1.1	0.5	1.6	1.1	0.55	1.65
4 (178–184)	1.05	0.5	1.55	1.1	0.5	1.6	1.15	0.55	1.7

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Sizes 34–40			Sizes 42–48			Sizes 50–52		
	Step 1	Step 2	Total	Step 1	Step 2	Total	Step 1	Step 2	Total
1 (5'1"–5'3")	1	1/2	1 1/2	1 1/8	1/2	1 5/8	1 1/8	5/8	1 3/4
2 (5'4"–5'6")	1 1/8	1/2	1 5/8	1 1/8	5/8	1 3/4	1 1/8	5/8	1 3/4
3 (5'7"–5'9")	1 1/8	1/2	1 5/8	1 1/4	1/2	1 3/4	1 1/4	5/8	1 7/8
4 (5'10"–6'1")	1 1/8	5/8	1 3/4	1 1/4	1/2	1 3/4	1 1/4	5/8	1 7/8

2. Lining fabric, 140 cm wide, with a directional print, in meters:

Height, cm	Size					
	34	36–38	40–42	44	46	48–52
1 (154–160)	1	1.2	1.15	1.3	1.35	1.45
2 (162–168)	1	1.2	1.2	1.35	1.4	1.5
3 (170–176)	1	1.25	1.3	1.4	1.4	1.55
4 (178–184)	1.1	1.25	1.3	1.4	1.45	1.55

Lining fabric, 55" wide, with a directional print, in yards:

Height, ft	Size					
	34	36–38	40–42	44	46	48–52
1 (5'1"–5'3")	1 1/8	1 1/4	1 1/4	1 3/8	1 1/2	1 5/8
2 (5'4"–5'6")	1 1/8	1 1/4	1 1/4	1 1/2	1 1/2	1 5/8
3 (5'7"–5'9")	1 1/8	1 3/8	1 3/8	1 1/2	1 1/2	1 3/4
4 (5'10"–6'1")	1 1/4	1 3/8	1 3/8	1 1/2	1 5/8	1 3/4

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

3. Lightweight knit or woven interfacing, 140 cm (55") wide, for all sizes in all heights — 2 m (2 1/8 yd)
4. Rigilene boning, 5 mm (just under 1/4") wide, for all sizes in all heights — 3 m (3 1/4 yd)
5. Bra foam, 3 mm (1/8") thick, 140 cm (55") wide, for all sizes in all heights — 0.2 m (1/4 yd)
6. One pair of bra underwires (in the necessary size)
7. Stitched bias-cut fusible stay tape with stitch reinforcement, 1.5 cm (5/8") wide — 3.8 m (4 1/8 yd)
8. Stitched straight-grain fusible stay tape, 1.5 cm (5/8") wide — 1.55 m (1 3/4 yd)
9. One invisible zipper, 50 cm (19 5/8") long, for all sizes in all heights
10. Matching thread — 4 spools (1 spool for the sewing machine + 3 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- one-sided foot for the sewing machine to attach the zipper

PATTERN PIECES LIST

1. From fully-interfaced main fabric:

- center front bodice — cut 1 (cut 2 interfacing)
- center front bodice casing — cut 1* (cut 1 interfacing)
- mid front bodice — cut 2 (cut 4 interfacing)
- side front bodice — cut 2 (cut 4 interfacing)
- center back bodice — cut 2 (cut 4 interfacing)
- mid back bodice — cut 2 (cut 4 interfacing)
- side back bodice — cut 2 (cut 4 interfacing)
- top cup — cut 2 (cut 4 interfacing)
- side cup — cut 2 (cut 4 interfacing)
- center cup — cut 2 (cut 4 interfacing)

IMPORTANT! Prior to cutting, interface the main fabric piece in two steps: first the grainline of the interfacing material should follow the grainline of the main fabric, then interface the main fabric following the cross grain.

Interface the pieces marked with an asterisk (*) with one interfacing layer.

From non-interfaced main fabric:

- front skirt — cut 1 on fold
- back skirt — cut 2

2. From additional fabric (bra foam):

- top cup — cut 2
- side cup — cut 2
- center cup — cut 2

3. From lining fabric:

- front bodice lining — cut 1 on fold
- back bodice lining — cut 2
- top cup lining — cut 2
- side cup lining — cut 2
- center cup lining — cut 2
- front skirt lining — cut 1 on fold
- back skirt lining — cut 2

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

SEAM ALLOWANCES

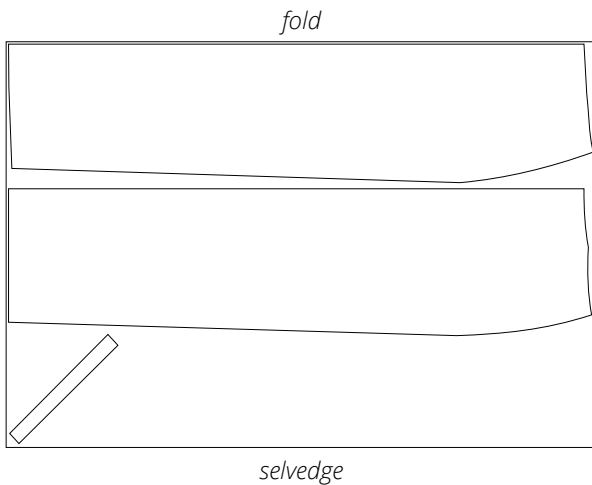
All pattern pieces include seam allowances as follows:

- garment hem allowance — 3 cm (1 1/8")
- lining hem allowance — 3 cm (1 1/8")
- center back seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8").

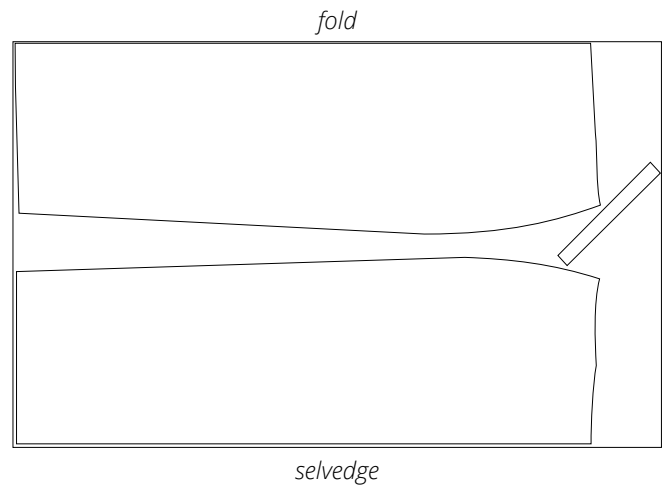
Take this into account when laying out pattern pieces on the fabric.

CUTTING LAYOUT

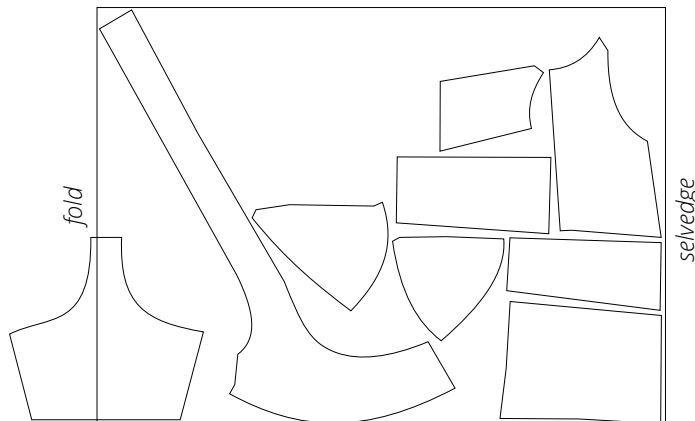
Step 1: Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 34–36 in all heights



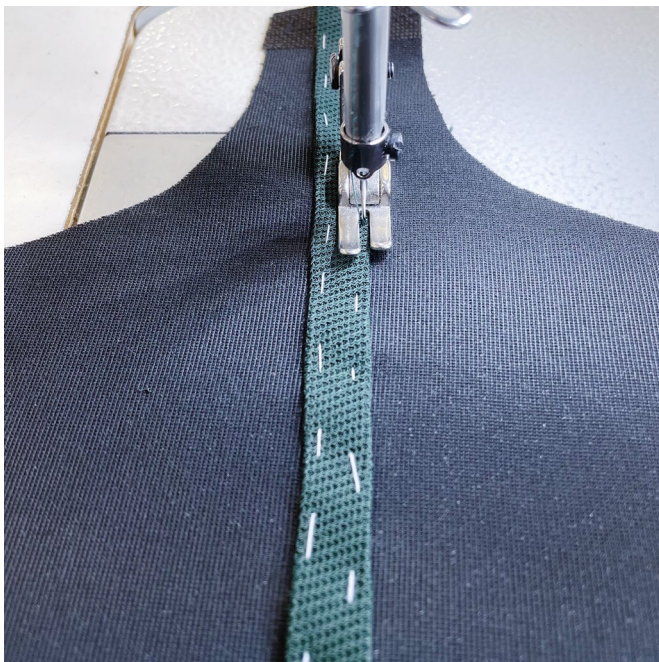
Step 1: Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold, for sizes 38–52 in all heights



Step 2: Main fabric (fully-interfaced), 140 cm (55") wide, with a directional print/nap, cut on fold, for all sizes in all heights



Attention! Cut the center front bodice as a single piece on a single layer out of leftover fabric.



Machine-stitch the casing at 1-2 mm from each pressed fold, backstitching at the beginning and end.



Press the seams.
Remove the basting stitches.



Place the following pieces right sides together in the order specified, align the edges, match the notches, and pin:

- center front bodice and mid front bodice
- mid front bodice and side front bodice.

Machine-stitch all the pieces together one by one, backstitching at the beginning and end of each seam.

Press the seams flat.