

# FROM THE FOUNDER OF THE #VIKISEWS BRAND

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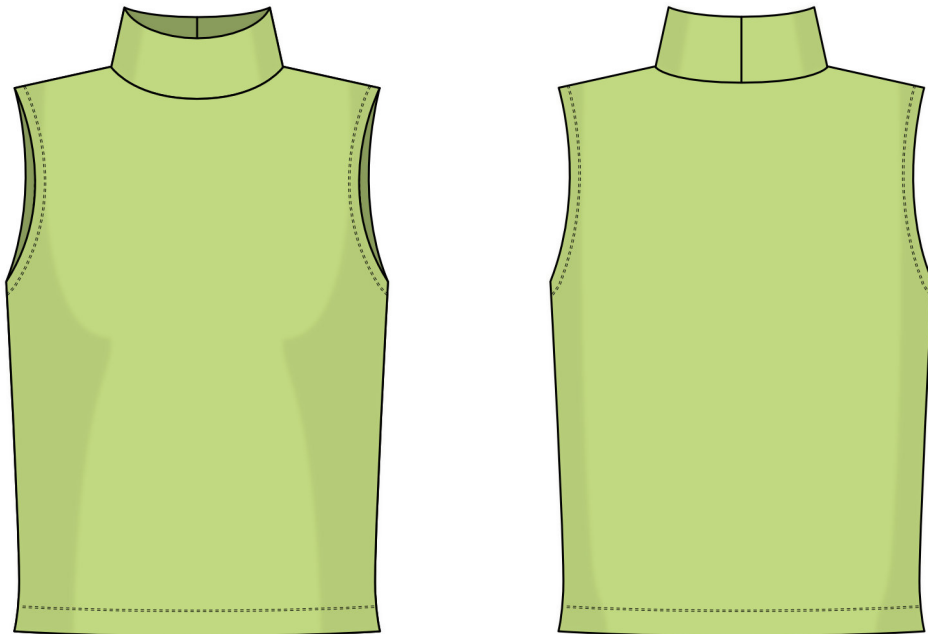


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at [info@vikisews.com](mailto:info@vikisews.com) — we are always there to help.



## NALA PATTERN DESCRIPTION

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Nala is a close-fitting top with a round neckline and a high stand collar. It features a shortened shoulder line and is below-waist length.



## IMPORTANT!

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The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

# TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease
cm	-10	2–3
inches	-3 7/8	3/4–1 1/8

# GARMENT LENGTH

Height, cm	Back length, cm	Height, ft	Back length, in
1 (154–160)	41.6–46.5	1 (5'1"–5'3")	16 3/8–18 1/4
2 (162–168)	43.7–48.5	2 (5'4"–5'6")	17 1/4–19 1/8
3 (170–176)	45.7–50.5	3 (5'7"–5'9")	18–19 7/8
4 (178–184)	47.7–52.5	4 (5'10"–6'1")	18 3/4–20 5/8

# SUGGESTED FABRIC

To sew this top, choose soft, medium-weight, stretchy knit fabrics made of natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: sweater knits, modal fabric, ribbed knits, knitted faux mink fabric. The stretch factor should be 1.5–1.8.

You can determine the stretch factor of the fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The top in the photos is made of knitted faux mink fabric. The fabric is medium weight, soft, and stretchy. The fiber content is 69% faux mink fur and 31% polyester. The fabric weight is 280 g/m<sup>2</sup>. The stretch factor is 1.8.

# FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 130/140 cm wide, with a directional print/nap, in meters:

Height, cm	Size					
	34-36	38	40	42	44-46	48-52
1 (154-160)	0.63	0.65	0.65	0.67	0.7	0.7
2 (162-168)	0.65	0.67	0.7	0.7	0.7	0.72
3 (170-176)	0.7	0.7	0.7	0.7	0.72	0.75
4 (178-184)	0.7	0.7	0.72	0.72	0.75	0.75

Main fabric, 51/55" wide, with a directional print/nap, in yards:

Height, ft	Size		
	34-42	44-46	48-52
1 (5'1"-5'3")	3/4	3/4	3/4
2 (5'4"-5'6")	3/4	3/4	3/4
3 (5'7"-5'9")	3/4	3/4	7/8
4 (5'10"-6'1")	3/4	7/8	7/8

**IMPORTANT!** When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker / 3 spools for the coverstitch machine)

## TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for construction and finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2-3 mm, stitch length 2.5 mm)
- coverstitch or coverlock machine for finishing the garment hem. If you don't have a coverstitch machine, it may be replaced with a twin needle on any regular sewing machine that can do a zigzag stitch

**IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). When sewing, a ball-shaped needle point pushes the knit loops apart without piercing the threads.

# PATTERN PIECES LIST

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From main fabric:

- front — cut 1 on fold
- back — cut 1 on fold
- stand collar — cut 1
- armscye facing — cut 2

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

## SEAM ALLOWANCES

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All pattern pieces include seam allowances as follows:

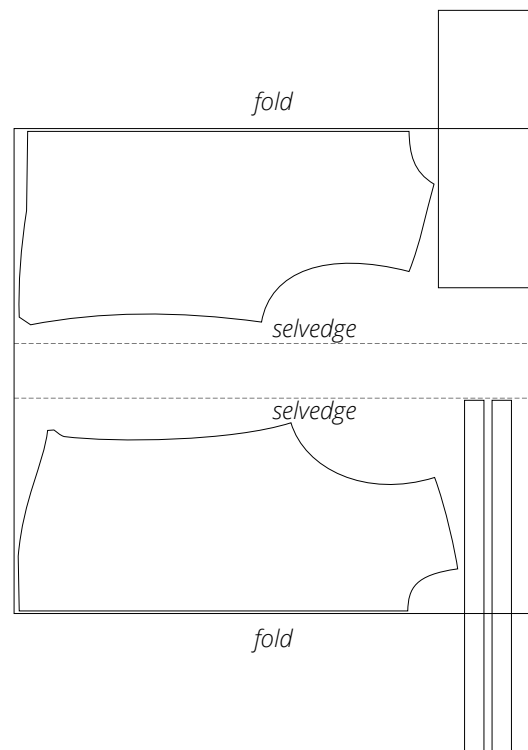
- garment hem allowance — 2.5 cm (1")
- all other edges — 1 cm (3/8")

Take this into account when laying out pattern pieces on the fabric.

## CUTTING LAYOUT

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Main fabric, 130/140 cm (51/55") wide, with a directional print/nap, cut with two folds, for all sizes in all heights



**Important!** Cut the stand collar and armscye facing pieces on a single layer out of leftover fabric.

## READY? LET'S GET SEWING!

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Place the folded collar into the garment neckline, right sides together. Align the edges and match the notches. Match the collar seam with the center of the back neckline. Pin.



Stitch the collar in place on the overlocker, with the collar facing up. Press the seam flat.

Tie the thread ends into a knot and hide them between the fabric layers using a latch hook or needle.



Press the seam allowances towards the garment. Shrink out the collar fold by pressing.