

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



YLFA PATTERN DESCRIPTION

Ylfa is a semi-fitted trapeze skirt with a wrap-style design. The back features waist darts. The skirt has a long applied waistband. Ylfa is above-ankle length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	0	7
inches	0	2 3/4

GARMENT LENGTH

Height, cm	Back length (estimated), cm	Height, ft	Back length (estimated), in
1 (154–160)	87	1 (5'1"–5'3")	34 1/4
2 (162–168)	90	2 (5'4"–5'6")	35 3/8
3 (170–176)	93	3 (5'7"–5'9")	36 5/8
4 (178–184)	96	4 (5'10"–6'1")	37 3/4

SUGGESTED FABRIC

To sew this skirt, choose lightweight or medium-weight, pliable, soft, non-stretch or low-stretch dress-weight fabrics made of natural fibers, artificial fibers, blends, or synthetics.

The following fabrics are recommended: dress-weight viscose, modal, cotton, challis, natural silk, artificial silk.

Attention! We do not recommend stretchy knit fabrics.

The skirt in the photo is made of modal. The fabric is medium weight, pliable, soft, and low-stretch. The fiber content is 83% modal and 17% polyester. The fabric weight is 90 g/m².

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size									
	34	36	38	40	42	44	46	48	50	52
1 (154–160)	1.65	1.7	1.75	1.85	1.9	1.95	2	2.05	2.1	2.15
2 (162–168)	1.75	1.8	1.85	1.9	2	2.05	2.1	2.15	2.2	2.25
3 (170–176)	1.85	1.85	1.95	2	2.1	2.15	2.2	2.25	2.3	2.35
4 (178–184)	1.9	2	2.05	2.1	2.15	2.2	2.25	2.3	2.35	2.4

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size									
	34	36	38	40	42	44	46	48	50	52
1 (5'1"–5'3")	1 3/4	1 7/8	1 7/8	2 1/8	2 1/8	2 1/8	2 1/8	2 1/4	2 1/4	2 3/8
2 (5'4"–5'6")	1 7/8	2	2	2 1/8	2 1/8	2 1/4	2 1/4	2 3/8	2 3/8	2 1/2
3 (5'7"–5'9")	2	2	2 1/8	2 1/8	2 1/4	2 3/8	2 3/8	2 1/2	2 1/2	2 5/8
4 (5'10"–6'1")	2 1/8	2 1/8	2 1/4	2 1/4	2 3/8	2 3/8	2 1/2	2 1/2	2 5/8	2 5/8

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

2. Stitched bias-cut fusible stay tape with stitch reinforcement, 1 cm (3/8") wide — 2.5 m (2 3/4 yd)

3. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- loop turner

PATTERN PIECES LIST

From main fabric:

- front — cut 2
- back — cut 1
- right waistband — cut 1
- left waistband — cut 1
- back waistband — cut 1

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

***IMPORTANT!** The pattern pieces that have the "face" inscription on them should be placed with the blank side onto the right side of fabric when cutting.*

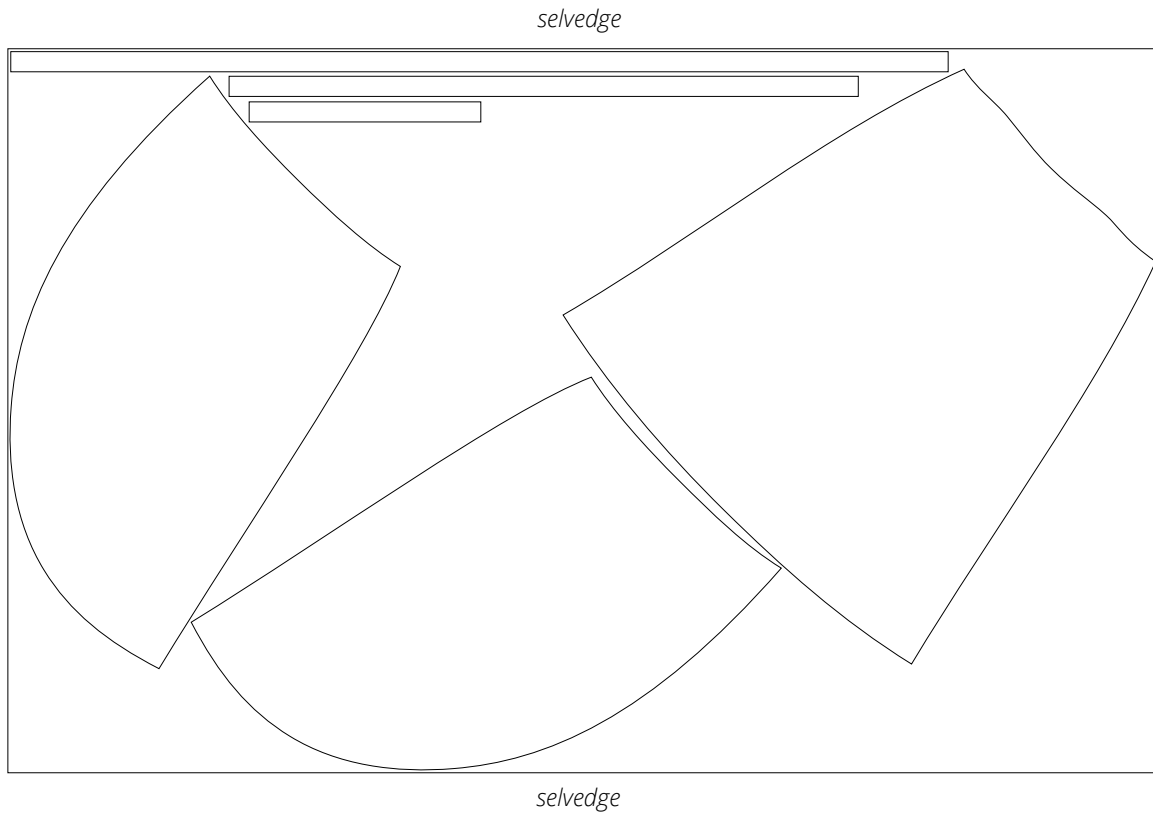
SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.

Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on a single layer, for all sizes in all heights



READY? LET'S GET SEWING!



Place the front and back pieces right sides together. Align the side edges, match the notches, and pin.



Machine-stitch, backstitching at the beginning and end of the seam.

Overlock the seam allowances, with the front piece facing up.

Press the seams flat.



Press the side seam allowances towards the back piece.