

FROM THE FOUNDER OF THE #VIKISEWS BRAND

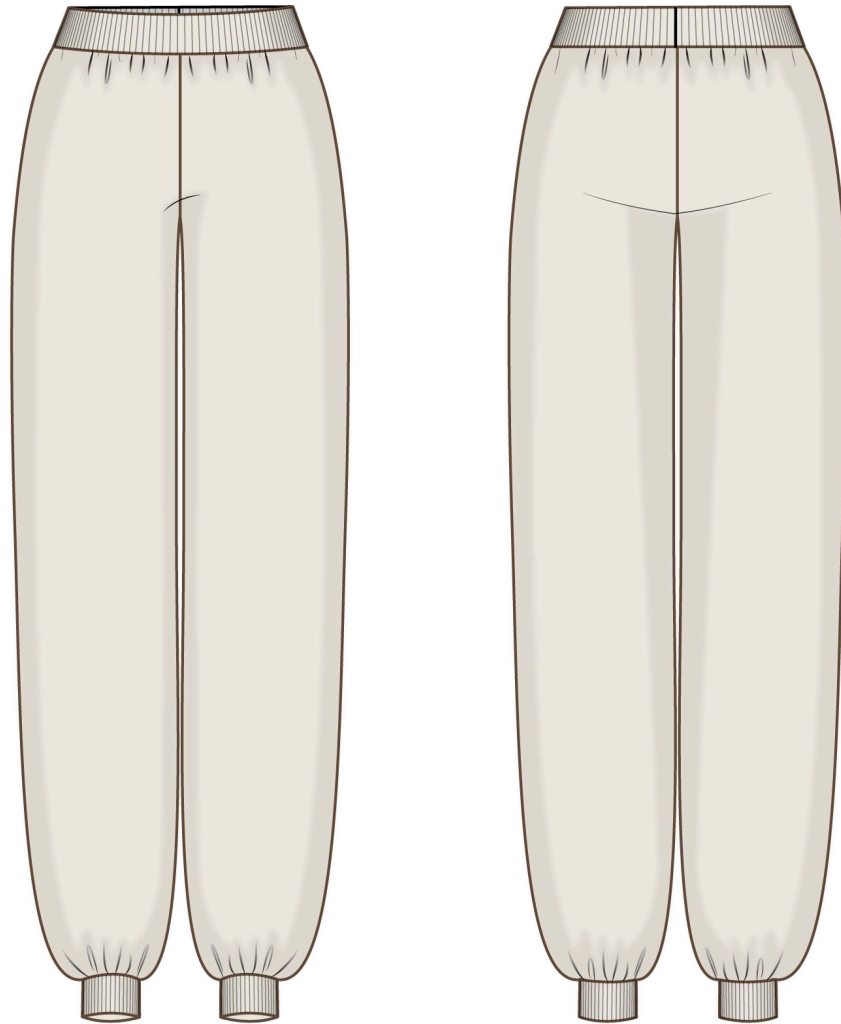


Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



SELYSE PATTERN DESCRIPTION

Selyse is a pair of semi-fitted pants with a straight silhouette and an applied elasticated waistband. The pants have cuffs at the bottom and are ankle-length.



IMPORTANT

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

You may use Vikisews patterns for commercial use, to sew custom-made garments and/or create fashion collections, on the condition that the patterns are solely used in a manufacturing setting and are not further shared with individuals.

TOTAL EASE ALLOWANCE

	Waistline ease	Hipline ease
cm	-9 to -14.4	-1.2 to -1.4
inches	-3 ½ to -5 ⅝	-1/2

GARMENT LENGTH

Height, cm	Garment length including waistband width and cuff, cm
1 (154–160)	102.1–103.3
2 (162–168)	106.1–107.3
3 (170–176)	110.1–111.3
4 (178–184)	114.1–115.3

Height, ft	Garment length including waistband width and cuff, in
1 (5'1"–5'3")	40 ¼–40 ⅝
2 (5'4"–5'6")	41 ¾–42 ¼
3 (5'7"–5'9")	43 ⅜–43 ⅞
4 (5'10"–6'1")	44 ⅞–45 ⅜

SUGGESTED FABRICS

To sew these pants, choose medium-weight, pliable, soft, and stretchy knit fabrics (with a stretch factor of 1.2–1.5) made of natural, artificial, blended, or synthetic fibers.

The following fabrics are recommended: thick French terry, French terry, jersey fabrics, and sweater knits.

For the waistband and cuffs, we recommend using stretch rib knit fabrics.

You can determine the stretch factor of your fabric yourself. Mark 10 cm (4") along the crosswise grain of the fabric, lay a ruler next to the marked section, and stretch the fabric. Divide the measurement you get by 10.

The pants in the photo are made of soft, pliable sweater knit. The fabric is medium weight, soft, and stretchy. The fiber content is 50% merino wool + 50% acrylic.

The waistband and cuffs are made of ribbed sweater knit. The fiber content is 50% merino wool + 50% acrylic. The fabric weight is 280 g/m². The stretch factor is 1.5.

FABRIC AND NOTIONS REQUIREMENTS

1. Main fabric, 140 cm wide, with a directional print/nap, in meters:

Height, cm	Size			
	34-40	42	44	46-52
1 (154-160)	0.95	1	1.3	1.65
2 (162-168)	1	1.05	1.4	1.7
3 (170-176)	1.05	1.1	1.5	1.8
4 (178-184)	1.1	1.15	1.6	1.85

2. Main fabric, 180 cm wide, with a directional print/nap, in meters:

Height, cm	Size 34-52
1 (154-160)	0.95
2 (162-168)	1
3 (170-176)	1.05
4 (178-184)	1.1

3. Additional fabric, 120 cm wide, with a directional print/nap, in meters:

Height, cm	Size	
	34-40	42-52
1 (154-160)	0.2	0.3
2 (162-168)	0.2	0.3
3 (170-176)	0.2	0.3
4 (178-184)	0.2	0.3

Main fabric, 55" wide, with a directional print/nap, in yards:

Height, ft	Size			
	34-40	42	44	46-52
1 (5'1"-5'3")	1	1 1/8	1 3/8	1 3/4
2 (5'4"-5'6")	1 1/8	1 1/8	1 1/2	1 7/8
3 (5'7"-5'9")	1 1/8	1 1/4	1 5/8	2
4 (5'10"-6'1")	1 1/4	1 1/4	1 3/4	2

Main fabric, 71" wide, with a directional print/nap, in yards:

Height, ft	Size 34-52
1 (5'1"-5'3")	1
2 (5'4"-5'6")	1 1/8
3 (5'7"-5'9")	1 1/8
4 (5'10"-6'1")	1 1/4

Additional fabric, 47" wide, with a directional print/nap, in yards:

Height, cm	Size	
	34-40	42-52
1 (154-160)	1/4	1/4
2 (162-168)	1/4	1/4
3 (170-176)	1/4	1/4
4 (178-184)	1/4	1/4

IMPORTANT! When purchasing fabric, please account for shrinkage and buy 5% more than required.

4. Elastic, 4.5 cm (1 3/4") wide — 60-94 cm (23 5/8-37") long, depending on size. The exact elastic length is specified in the pattern

5. Matching thread — 5 spools (1 spool for the sewing machine + 4 spools for the overlocker)

TOOLS AND EQUIPMENT

- sewing machine for construction
- overlocker for finishing raw edges. This may be replaced with a stretch overlock stitch or a zigzag stitch on the sewing machine (overlock or zigzag stitch width 2–3 mm, stitch length 2.5 mm)
- elastic threader (may be replaced with a safety pin)

***IMPORTANT!** We recommend using specialty needles when working with knit fabrics (for example, STRETCH, SUPER STRETCH, JERSEY, etc.). These are ballpoint needles, so they part the threads of the fabric you are stitching without piercing them.*

PATTERN PIECES LIST

1. From main fabric:

- front leg — cut 2
- back leg — cut 2

2. From additional fabric:

- cuff — cut 2
- waistband — cut 1 on fold

***IMPORTANT!** Don't forget to transfer all pattern markings and notches onto the fabric.*

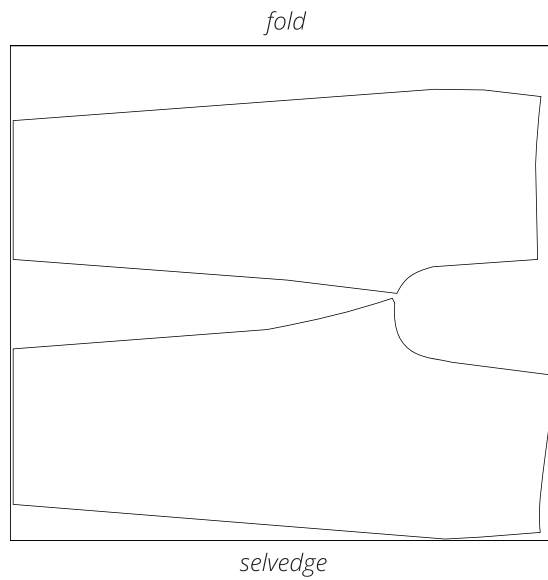
SEAM ALLOWANCES

All pattern pieces include 1 cm (3/8") seam allowances.

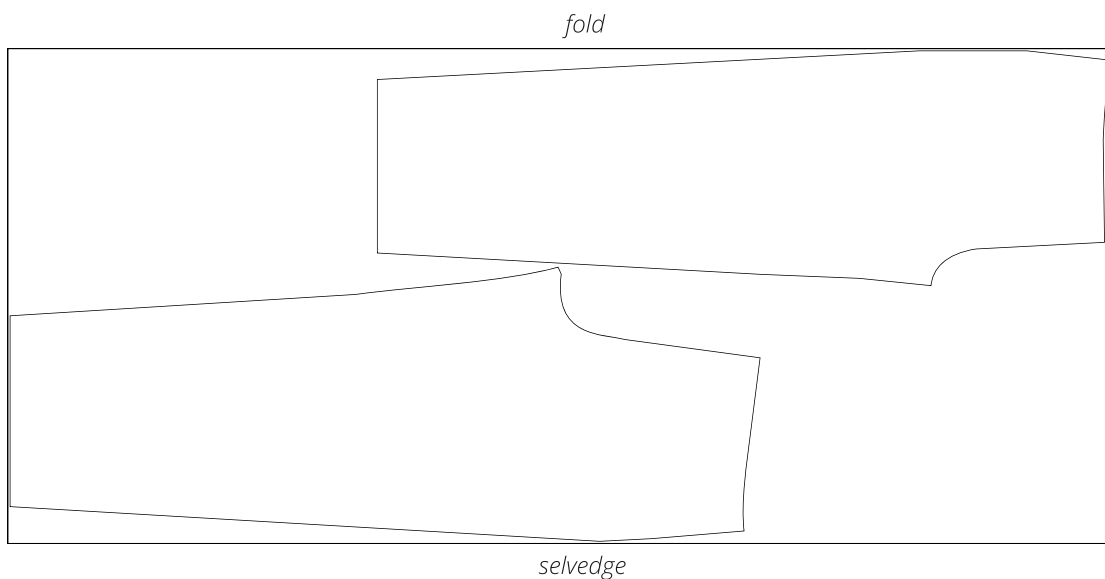
Take this into account when laying out the pattern pieces on the fabric.

CUTTING LAYOUT

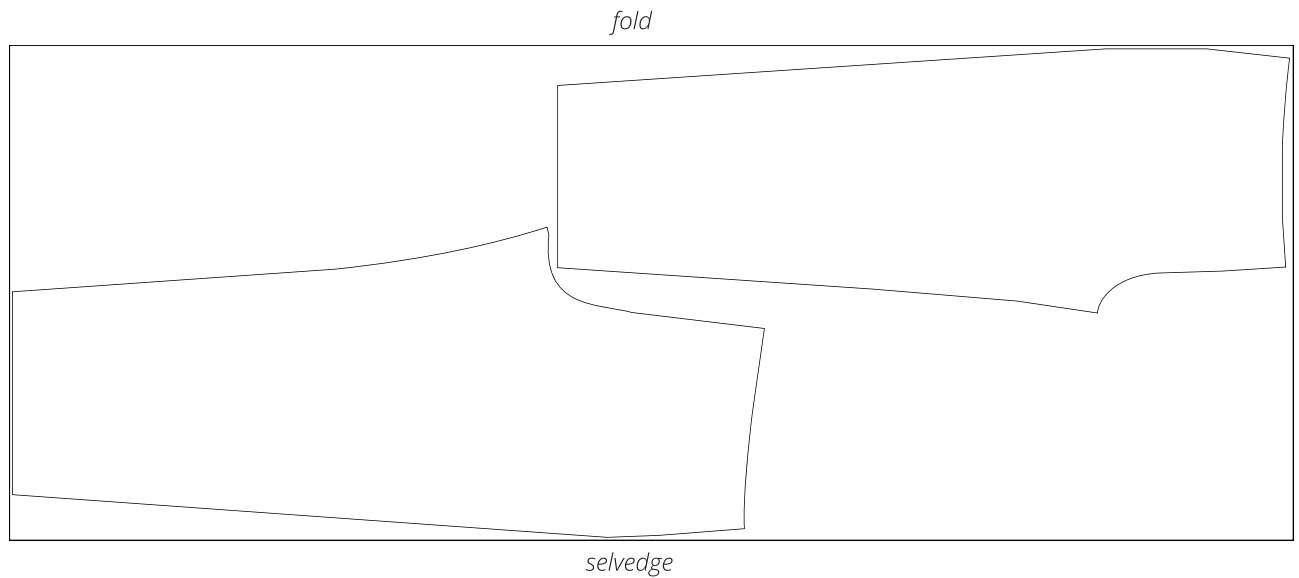
Main fabric, 140 cm (55") wide,
with a directional print/nap, cut on fold,
for sizes 34–40 in all heights



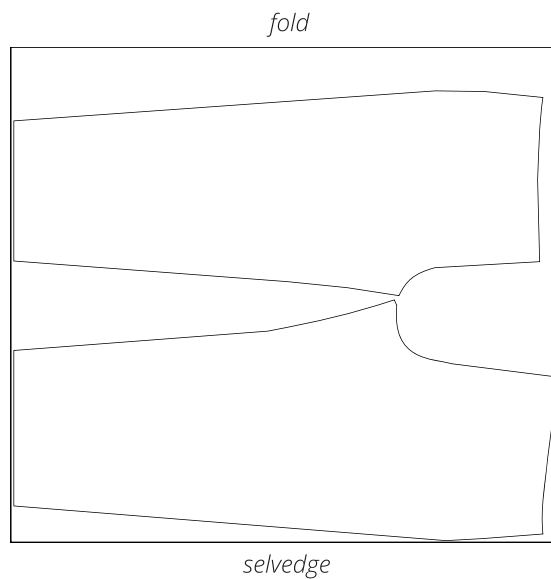
Main fabric, 140 cm (55") wide, with a directional print/nap,
cut on fold, for sizes 42–44 in all heights



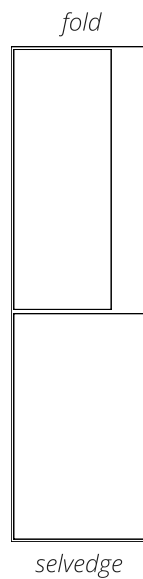
Main fabric, 140 cm (55") wide, with a directional print/nap, cut on fold,
for sizes 46–52 in all heights



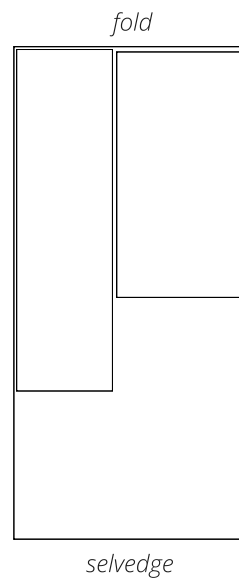
Main fabric, 180 cm (71") wide,
with a directional print/nap, cut on fold,
for all sizes in all heights



Additional fabric, 120 cm (47") wide,
with a directional print/nap, cut on fold,
for sizes 34–40 in all heights



Additional fabric, 120 cm (47") wide,
with a directional print/nap, cut on fold,
for sizes 42–52 in all heights



READY? LET'S GET SEWING!



Turn one leg piece right side out and the other wrong side out. Insert one leg into the other, right sides together. Align the crotch edges, match the notches and seams, and pin.



Stitch on the overlocker, with the left leg facing up.

Press the seam flat.



Press the crotch seam allowances towards the right leg.



Fold the waistband piece in half lengthwise, wrong sides together. Align the edges and press the fold.