

FROM THE FOUNDER OF THE #VIKISEWS BRAND



Back in 2016, when I was working on my first set of sewing instructions, I was trying to write them in such a way that even a complete beginner could easily understand and use them to create their very first garment. These instructions laid the foundation for the Vikisews brand, its vision and its mission. I wanted to create modern patterns with the utmost detailed and clear instructions.

Now, with each new collection we are constantly improving our instructions, amending them and adding more relevant details. By the time the final product reaches you, our drafters, correctors, and editors would have spent weeks perfecting every word and every photograph. If you compile a few of our instructions together, you will get a sewing manual that will assist you in sewing all kinds of garments at any difficulty level.

And I would be very happy if these instructions helped you to turn your hobby into a lifelong passion... Enjoy the process! Create your ultimate dream wardrobe! Wear your garments proudly for years to come!

If you have any questions, please contact us at info@vikisews.com — we are always there to help.



MARIZA PATTERN DESCRIPTION

Mariza is a close-fitting dress with separate, lined bust cups. The dress is fitted with front and back waist darts and features a center back seam with an exposed zipper. The dress has a deep, round neckline. The long, set-in, close-fitting sleeves feature gathers at the sleeve cap and zippered hem slits. The neckline and the sleeve hems are trimmed with faux leather. There is decorative topstitching along the waist darts, bust cup seams, neckline, and zippers. Mariza is above-knee length.



IMPORTANT!

The contents of this pattern are copyright protected and belong exclusively to Vikisews. You may use Vikisews patterns for personal use. It is prohibited to share Vikisews patterns and instructions with third parties, as well as to publish patterns and instructions online for public access. **Non-compliance with the mentioned rules is a violation of the US copyright law and may result in civil liability and criminal prosecution.**

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TOTAL EASE ALLOWANCE

	Bust ease	Waistline ease	Hipline ease	Upper arm ease
cm	2.1–3.4	3.5–4	2.9	2.8–5.6
inches	7/8–1 3/8	1 3/8–1 5/8	1 1/8	1 1/8–2 1/4

GARMENT LENGTH, SLEEVE LENGTH

Height, cm	Center back length from waist down (estimated), cm	Sleeve length including hem trim, cm
1 (154–160)	40.2–40.4	62.6–67.7
2 (162–168)	43.2–43.4	64.2–69.4
3 (170–176)	46.2–46.4	66–71.5
4 (178–184)	49.2–49.4	67.6–73.1

Height, ft	Center back length from waist down (estimated), in	Sleeve length including hem trim, in
1 (5'1"–5'3")	15 7/8	24 5/8–26 5/8
2 (5'4"–5'6")	17–17 1/8	25 1/4–27 3/8
3 (5'7"–5'9")	18 1/4	26–28 1/8
4 (5'10"–6'1")	19 3/8–19 1/2	26 5/8–28 3/4

SUGGESTED FABRIC

To sew this dress, choose dress-weight fabrics with the following properties:

- medium-weight, pliable, soft, non-stretch
- the fiber content can include natural fibers (cotton), blends (cotton + polyester), and synthetics (polyester)
- the following fabrics are recommended: gabardine, denim, faux suede.

For the bust cup lining, choose fabrics made of natural fibers (cotton) or blends (cotton + viscose).

The dress in the photo is made of denim. The fabric is medium-weight, pliable, soft, and non-stretch. The fiber content is a blend of cotton and polyester. The fabric weight is 270 g/m².

The bust cup lining is made of 100% cotton poplin. The fabric weight is 110 g/m².

The trim for the neckline and sleeve hems is made of faux leather (250 g/m²).

PATTERN PIECES LIST

1. From main fabric:

- front — cut 1 on fold
- back — cut 2
- sleeve — cut 2
- bust top cup + strap — cut 2
- bust bottom cup — cut 2
- front facing — cut 1 on fold
- back facing — cut 2
- sleeve hem facing — cut 2.

2. From lining fabric:

- bust top cup + strap — cut 2
- bust bottom cup — cut 2.

IMPORTANT! Don't forget to transfer all pattern markings and notches onto the fabric.

3. From interfacing:

- front facing — cut 1 on fold
- back facing — cut 2
- sleeve hem facing — cut 2.

Additionally, cut the following from interfacing:

- two 3×3 cm (1 1/8"×1 1/8") squares to interface the slit apex on the sleeve pieces
- two 2.5×2.5 cm (1"×1") squares to interface the center back seam allowances at the bottom end of the zipper.

4. From additional fabric (faux leather):

- neckline trim — cut 2
- sleeve hem trim — cut 2.

SEAM ALLOWANCES

All pattern pieces include seam allowances as follows:

- garment hem allowance — 3 cm (1 1/8")
- center back seam allowance — 1.5 cm (5/8")
- all other edges — 1 cm (3/8").

Take this into account when laying out pattern pieces on the fabric.



Press the darts toward the center front.

Press and steam the darts, shrinking out the fullness at the dart points on a tailor's ham.



Using a 3.5 mm stitch length and topstitching thread, topstitch the darts from the right side at 1–2 mm from the seam to secure the dart seam allowances.

Important! Do not sew backstitches when topstitching. Instead, pull the thread tails to the wrong side, tie them into knots, and then hide them inside the fabric layers using a large-eye needle.

Press and steam the darts.



Place the bust top cup + strap and bust bottom cup pieces right sides together, two by two, align the edges, match the notches, and pin. Stitch on the sewing machine, backstitching at the beginning and end of each seam.