Many of these centres have opted to focus on research and are leading global providers of innovative treatments in such areas as oral health, the neurosciences and cancer. Significant levels of investment ensure that the centres provide first-class clinical services.

Destination Lisbon

The bustling, dazzling city of Lisbon, with its famously welcoming ways and year-round amenable climate, lies at the mouth of the Tejo River. Here, centuries-old history lives side by side with the contemporary, while the Lisbon region as a whole forms one large “exotic” Green-flanked mountains and golden sandy beaches play host to myriad leisure activities, including water sports, golf and horse-riding, and innumerable possibilities for engaging with nature.

Why Lisbon

Already a truly exceptional tourist destination, as proven by the many awards it has won in recent years, Lisbon is rapidly acquiring a well-deserved reputation as a destination for Medical Tourism.

- Amenable climate, all year round
- First class accommodation in the city and the surrounding region means that patients and their travelling companions can be sure of a comfortable stay

According to the European Safety Observatory, this is one of the safest capital cities in Europe. It also has a rich culinary tradition and offers a wide range of cultural events. Moreover, it was recently voted one of the best places in Europe to go shopping.

The fully up-to-date hospital and research facilities that conform to the most rigorous international standards, the cutting edge technology and highly qualified medical staff plus the competitive prices all combine to make Lisbon a top choice for those seeking any kind of medical treatment.

So, when it comes to making a destination decision, Lisbon should be at the top of anyone’s list. Here, you can benefit from medical services of the highest quality, while enjoying a unique location that has much to offer.

There are many internationally renowned centres of medicine and science in Lisbon. Some work in specific treatment areas whilst others offer a broad range of medical services. Units that are internationally oriented, with teams of specialist staff ready to look after patients from all over the world.

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Lisbon
The best medical care in a very special place
Did you know?

- That the airport serving the Portuguese capital is just 7 km from the city centre, and that from here, there are daily flights to all the world’s major cities?
- That sitting on the most westermost point of continental Europe, Lisbon is the closest European capital to both the American and African continents?
- That the average flying time to Brasilia, New York, Luanda or Moscow is about 7 hours, and European capitals are just 2 or 3 hours away?
- That Lisbon has one of the mildest climates of any European city, with about 260 days of sunshine a year? The winter is mild and the summer warm, but moderate, thanks to the influence of the sea. Average temperatures along the year vary between 17 and 26°C, with sea water temperatures rising to 20°C in the summer.
- That Portugal has been a member of the European Union for almost three decades and adopted the euro right from the start?

Acknowledgments: Fundação Champalimaud, Malo Clinic, Hospital Lusíadas Lisboa and Hospital da Luz

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- Gynaecology
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