

Royal Academy of Music  
 Counselling & Mental Health Support 2009/10 to 2019/20  
 FOIA dataset reference: RAM1061  
 Date of disclosure: 17 April 2020  
 Data updated: 08/07/2020

Academic Year	Number of Undergraduate students using the counselling service	Number of Postgraduate students using the counselling service	Total number of students using the counselling service
2009/10	23	29	52
2010/11	20	29	49
2011/12	12	28	40
2012/13	17	30	47
2013/14	12	45	57
2014/15	43	37	80
2015/16	29	41	70
2016/17	34	59	93
2017/18	48	61	109
2018/19	See note below	See note below	See note below
2019/20	See note below	See note below	123

2018/19: we are unable to provide data for 2018-19 due to the fact that the counsellor who provided individual student appointments during this academic year was absent on a period of extended leave, and we had no access to the data that may have been recorded. The only way we could potentially provide this data would be by reviewing confidential student files which is not possible without the explicit consent of the students involved. This data is therefore exempt from disclosure under S40 Personal Information of the FOIA.

Academic Year	Number of male students using the counselling service	Number of female students using the counselling service	No gender data	Total number of students using the counselling service
2009/10	21	31		52
2010/11	22	27		49
2011/12	11	29		40
2012/13	19	28		47
2013/14	20	37		57
2014/15	30	50		80
2015/16	33	37		70
2016/17	42	51		93
2017/18	54	55		109
2018/19	See note above	See note above		See note above
2019/20	Year total not known; but 18 since May 2020	Year total not known; but 33 since May 2020	Year total not known	123

#### Student appointments by presenting difficulties (where data available)

Academic Year: 2019/20	
Academic Difficulties	3
Anxiety & Depression Disorders	21
Harassment	2
Mental Health Difficulties	3
Relationship Problems	5
Self-Harm	1
Substance Misuse	2
Suicide Ideations	2

Please note, students may be recorded as being in more than one category.

Average waiting time for a Counselling Appointment	
Academic year	Average wait time
2012/13	2-3 working days, usually less
2013/14	2-3 working days, usually less
2014/15	5 working days, sometimes less
2015/16	5 working days, sometimes less
2016/17	1-2 weeks, sometimes less
2017/18	1-2 weeks, sometimes longer
2018/19	5 working days, sometimes less
2019/20	2-4 weeks (September- April) 3-10 days (May-June)

Counselling & Mental Health Provision Budget			
Academic Year	Counsellor sub-total (£)	Disability & medical sub-total (£)	Paddington Green Health Centre
2012/13	24,885	22,139	
2013/14	24,625	23,106	
2014/15	24,930	23,367	
2015/16	25,639	25,101	
2016/17	26,604	28,135	4,572
2017/18	31,142	40,172	4,572
2018/19	41,047	47,556	4,572
2019/20	43,180	47,984	5,480

## Staffing

Academic Year	Number of Staff	
2012/13 to 2016/17	Counsellor	0.6 (FTE)
	Disability Advisor	0.4 (FTE) - term time only
	Additional Support Tutor	0.2 (FTE) - term time only
	Tutors/Heads of Programmes	10 posts- see note below
	Chaplain	Part-time

Academic Year	Number of Staff	
2017/18	Counsellor	0.6 (FTE)
	Disability Advisor	0.4 (FTE) - term time only
	Additional Support Tutor	0.6 (FTE) - term time only
	Tutors/Heads of Programmes	10 posts- see note below

Academic Year	Number of Staff	
2018/19	Counsellor	2 posts; 0.6 (FTE) & 0.4 (FTE)
	Disability Advisor	0.4 (FTE) - term time only
	Additional Support Tutor	0.6 (FTE) - term time only
	Tutors/Heads of Programmes	10 posts- see note below

Academic Year	Number of Staff	
2019/20	Counsellor	0.4 (FTE) September-December 2019 and 0.2 (FTE) January 2020-March 2020
	Senior Psychiatrist	0.4 (FTE) seconded from UCL September-December 2019
	Senior Psychological Therapist	0.8 (FTE) from April 2020
	Disability Advisor	0.4 (FTE) - term time only
	Additional Support Tutor	0.6 (FTE) - term time only
	Tutors/Heads of Year	10 posts- see note below

The Royal Academy of Music supports all students with mental health issues through a broad ranging support system. Some of the post holders within our system are devoted solely to this aspect of student support. Some of the support is provided by other key post holders who have a broader remit within the Academy's delivery of its programmes of study. For example, the 10 programme tutors deliver academic components of the programmes as well as their role within student support.

In addition to the on-site support detailed above, students also have access to the Paddington Green Health Centre. This is a free NHS service which provides a comprehensive range of student focussed medical services with particular expertise in performance-related issues. Academy students can use this service at any time during their studies. For an appointment students are advised to call at 8.00am in order to be seen within 48 hours.