# Cheat Sheet: Using Video in Internal Comms



### Have a video strategy

- Objectives for your overarching video strategy, and every video you shoot
- For each video, think about the key messages you want to convey and focus on these first
- Think about the audience you're making videos for leaders, managers, employees and tailor the type of video your produce accordingly

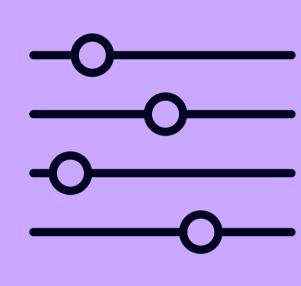




### Ensure a balance of content

- Include personal, fun, and authentic content, such as a *Day in the Life*
- Also have more 'corporate content'
  for example, strategy updates and financial results





#### Switch up the settings

- Shoot content indoors, outdoors, on site, off site this will showcase the range of your operations
- It will also help to feature all types of your workers – deskless and desk-based

## Prepare and rehearse

- Make sure whoever is in front of the screen has prepared properly that they've thought about what they want to say, and how to say it
- Rehearse, rehearse, rehearse this is the key to being confident, and staying on message
- Relax those being filmed need to be in the right headspace (calm, focused), because their energy will be felt through the screen





#### Add captions

- For accessibility best practice
- They help with ease of comprehensionso people can understand your message
- Many people now watch videos on silent (especially on social media) – so they rely on captions to know what's being said

